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An ecosystem-based approach to assess the status of Mediterranean algae-dominated shallow rocky reefs

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A B S T R A C T

A conceptual model was constructed for the functioning of the algae-dominated rocky reef ecosystem of the Mediterranean Sea. The Ecosystem-Based Quality Index (reef-EBQI) is based upon this model. This index meets the objectives of the EU Marine Strategy Framework Directive. It is based upon (i) the weighting of each compartment, according to its importance in the functioning of the ecosystem; (ii) biological parameters assessing the state of each compartment; (iii) the aggregation of these parameters, assessing the quality of the ecosystem functioning, for each site; (iv) and a Confidence Index measuring the reliability of the index, for each site. The reef-EBQI was used at 40 sites in the northwestern Mediterranean. It constitutes an efficient tool, because it is based upon a wide set of functional compartments, rather than upon just a few species; it is easy and inexpensive to implement, robust and not redundant with regard to already existing indices.

Keywords:

Photophilic algae

Marine Strategy Framework Directive (MSFD)

Biological indicator

Mediterranean Sea

1. Introduction

Coastal regions are subject to multiple and massive anthropogenic and natural pressures that may result in major ecosystem-wide changes (e.g. Worm and Lotze, 2006; Halpern et al., 2008; Derrien-Courtel et al., 2013; Giakoumi et al., 2015). These changes can include the loss of biodiversity, and alterations of ecosystem functioning and related services of benefit to society. Managing the quality of coastal waters and their ecosystems has become a challenge for many countries and governments (Bianchi et al., 2012; Parravicini et al., 2012; Vacchi et al., 2014; Giakoumi et al., 2015). Since the early 1990s, the European Union (EU) has adopted framework legislation for regulating human activities in the marine environment in order to guide them towards greater sustainability, by protecting and, wherever necessary, restoring good environmental quality. In the EU, the Habitats Directive (Habitats Directive,

1992) established a list of habitats and species deserving protection, which provided a basis for designating areas in which these habitats and species had to be protected ('Natura 2000 sites'). The coverage of the marine realm by the Habitats Directive is insufficient, but more recently the EU Marine Strategy Framework Directive (MSFD, 2008) established a more comprehensive framework for the management and conservation of the marine environment. The MSFD is considered to be the environmental pillar of the Integrated Maritime Policy adopted in 2008 by the European Commission. The MSFD, with an Annex listing 11 descriptors, constitutes the basis for the assessment of 'Good Environmental Status' (GES) according to: (1) biodiversity; (2) non-indigenous species; (3) exploited fish and shellfish; (4) food webs; (5) human-induced eutrophication; (6) sea-floor integrity; (7) hydrographical conditions; (8) contaminants in water and sediment; (9) contaminants in fish and shellfish; (10) marine litter; and (11) introduction of energy/noise. The GES rating means that the marine environment is at the sustainable level, thus allowing uses and activities by current and future generations, i.e. the structure, functions and

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processes of the marine ecosystems, together with the associated physio-geographical, geographical, geological and climatic factors, allow those ecosystems to function efficiently and to maintain their resilience in the face of human induced environmental changes. The EU MSFD established a framework within which Member States agreed to take the appropriate measures to achieve or maintain GES in the marine realm by the year 2020, at the latest.

Large canopy-forming species of kelp (Laminariales, Phaeophyceae, Stramenopiles) and fucoids (Fucales, Phaeophyceae, Stramenopiles) are dominant worldwide, in temperate areas, in most healthy shallow rocky reefs (Dayton, 1985; Steneck et al., 2002; Schiel and Foster, 2006; Derrien-Courtel, 2008; Harley et al., 2012; Derrien-Courtel et al., 2013). Kelps and fucoids are autogenic ecosystem engineers (Jones et al., 1994; Steneck et al., 2002). Their abundance and distribution are controlled by both top-down and bottom-up processes (Estes and Palmisano, 1974; Witman, 1987; Witman and Dayton, 2001; Steneck et al., 2002; Guidetti, 2006; Hereu et al., 2008; Vergés et al., 2009, 2014). A variety of human activities and global warming are responsible, directly or indirectly, for the worldwide decline of kelp and fucoid beds (e.g. Helmuth et al., 2006; Airoidi and Beck, 2007; Airoidi et al., 2008; Hawkins et al., 2008; Schiel, 2011; Lamela-Silvarrey et al., 2012; Thibaut et al., 2015; Vergés et al., 2016). Some taxa have even been driven to regional extinction (Thibaut et al., 2005; Coleman et al., 2008; Phillips and Blackshaw, 2011; Bianchi et al., 2014; Thibaut et al., 2015). A major consequence of these changes is a phase shift from a state with canopy forming species to alternative states, including barren grounds (e.g. Micheli et al., 2005; Sala et al., 2011, 2012; Boudouresque and Verlaque, 2013; Filbee-Dexter and Scheibling, 2014; Vergés et al., 2014). The shift from canopy forming states to barren ground states can present a hysteresis effect; this is the case for the extirpation of these forests by sea urchin overgrazing: the threshold in sea urchin density that induces the shift from canopy forests toward barren grounds is approximately one order of magnitude higher than the threshold density that allows the reverse shift from barren ground toward canopy forest (Ling et al., 2015).

Species of the genus *Cystoseira* (Fucales) are the main canopy-forming macroalgae on the Mediterranean Sea shallow rocky reefs (e.g. Boudouresque, 1971a, 1971b; Verlaque, 1987; Ballesteros, 1988, 1990a, 1990b; Giaccone et al., 1994; Sales et al., 2012). The loss of *Cystoseira* beds has been reported throughout the Mediterranean Sea due to habitat destruction, eutrophication, damage by fishing nets and overgrazing by herbivores, leading to a shift to less structurally complex benthic assemblages, such as turf-forming, filamentous or other ephemeral seaweed assemblages or barren grounds where the regular sea urchin compartment (*Paracentrotus lividus* and *Arbacia lixula*) is one of the major drivers of habitat homogenization (e.g. Guidetti, 2006; Guidetti and Dulčić, 2007; Frascchetti et al., 2011; Giakoumi et al., 2012; Bianchi et al., 2014). This alteration of the structural complexity may in turn impair the functions associated with forested rocky reefs (e.g. spawning or nursery grounds) (Cheminée et al., 2013; Thiriet, 2014; Cuadros, 2015).

Where the decline of these canopy-forming species has been observed, the Mediterranean photophilic rocky reef assemblages are currently generally characterised by low stands of shrubby macrophytes (e.g. *Cladostephus hirsutus*, *Corallina caespitosa*, *Dasycladus vermicularis*, Dictyotales, *Halopteris scoparia*, *Laurencia* spp., *Padina* spp.) or by barren grounds with encrusting macrophytes (e.g. *Aglaozonia* stages of *Cutleria* spp., *Lithophyllum incrustans*, *Neogoniolithon brassica-florida*, *Peyssonnelia rosa-marina*, *Pseudolithoderma adriaticum*), sea urchins (*P. lividus* and *A. lixula*) and *Patella caerulea* (e.g. Boudouresque, 1971a; Ballesteros, 1993; Bonaviri et al., 2011; Bianchi et al., 2012).

Environmental parameters, species composition and the ecosystem functioning can be profoundly altered by anthropogenic activities. Biological indicators are species or groups of species of which the distribution, function and abundance reflect possible alterations of the environment. A number of biological indicators are also adopted for

monitoring biochemical, physiological or behavioural changes. The use of biological indicators concerns terrestrial, freshwater and marine habitats (e.g. White and Irvine, 2003; Diaz et al., 2004; Blanco et al., 2007; Martínez-Crego et al., 2010; Hoare et al., 2013).

In algae-dominated rocky reefs, macroalgae are commonly used as biological indicators to assess the ecological status of benthic assemblages. These indicators are multiple, using a panel of techniques ranging from quadrat sampling to *in situ* visual estimation of the assemblages (e.g. Díez et al., 2003; Ballesteros et al., 2007; Juanes et al., 2008; Orfanidis et al., 2011; Díez et al., 2012; Le Gal and Derrien-Courtel, 2015; Ar Gall et al., 2016; Blanfuné et al., 2016, and references therein). A further aim of seascape indicators using macroalgae is to provide information on the ecological status of the littoral zone (Cariou et al., 2013; Gobert et al., 2014). These indirect indicators are satisfactory for achieving specific goals (see above); however, their aim is not to reflect the structure and functioning of an ecosystem in pristine conditions or under anthropogenic stressors. Ecosystem-based indicators, taking into account the whole structure and functioning of the ecosystems, were recently developed for the meadows of the Mediterranean seagrass *Posidonia oceanica* (Personnic et al., 2014; Boudouresque et al., 2015a), underwater caves (Rastorgueff et al., 2015) and coralligenous habitats (Ruitton et al., 2014). This new category of indicators has been named 'Ecosystem Based Quality Indices' (EBQI).

The goal of the present study was not to develop a new method, nor to assess the relevance of the EBQI methodology, but to adopt it in the framework of a new category of ecosystem, the Mediterranean shallow, algae-dominated rocky reefs. Our aims here were to (i) establish a model of rocky reef composition, structure and functioning, (ii) identify the 'Good Environmental Status' for this ecosystem, (iii) define parameters and criteria needed for an ecosystem-based assessment of the quality of algae-dominated rocky reefs, (iv) propose an ecosystem-based index, and then (v) apply this method to multiple sites across the NW Mediterranean Sea.

2. Materials and methods

2.1. Conceptual model

The habitat considered here includes the so-called photophilic infralittoral rocky environments, as defined by Pérès (1982). The limits of our study zone range between 1 and 10 m depth. The uppermost part of the infralittoral zone (<1 m depth) is excluded here, because it harbours particular assemblages with species adapted to particular and extremely variable conditions in relation to water movement, humectation, irradiance, salinity and temperature (Cefali et al., 2016). Here we also exclude the deepest part of the infralittoral zone subjected to <10% of the surface irradiance, because it is usually a transient zone to the circalittoral habitats and also because the key species of macro-herbivores are usually rare, resulting in low herbivore pressure (Boudouresque and Verlaque, 2013).

On the basis of information gathered from previous, generally quantitative, studies performed by the authors of this paper and others (e.g. Pérès, 1982; Verlaque and Nédelec, 1983; Sala and Boudouresque, 1997; Ruitton et al., 2000; Guidetti, 2004; Hereu et al., 2008; Bonaviri et al., 2009; Vergés et al., 2009; Agnetta et al., 2015; and references therein) and our own expert knowledge of algae-dominated rocky reefs, we constructed a conceptual model of the structure and functioning of north-western Mediterranean algae-dominated rocky reefs (Fig. 1), which encompasses the following compartments:

- Multicellular Photosynthetic Organisms (MPOs) (box 1).
- Imported primary production from adjacent ecosystems (mostly *Posidonia oceanica* leaves and other marine MPOs).
- Benthic-pelagic Particulate and Dissolved Organic Matter (POM and DOM).

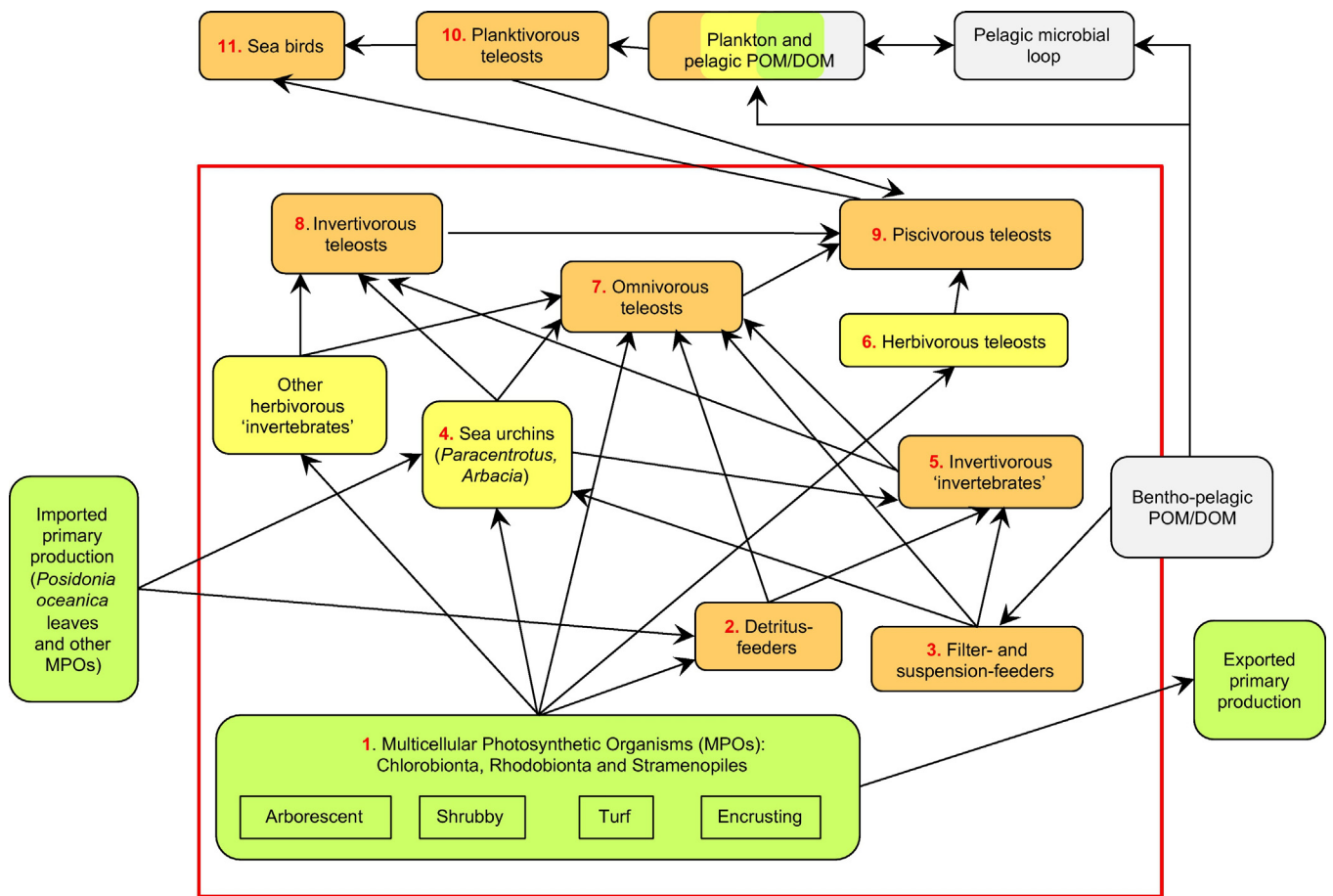


Fig. 1. Conceptual model of the functioning of north-western Mediterranean photophilic algae-dominated rocky reefs. For functional compartments and box numbers, see text. MPO: Multicellular Photosynthetic Organisms. POM: Particulate Organic Matter. DOM: Dissolved Organic Matter. Green: primary production. Yellow: herbivores. Orange: other consumers. Grey: POM, DOM, microbial loop. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

- Detritus-feeders (e.g. annelids, crustaceans, holothurians, brittle stars and the green spoonworm *Bonellia viridis*) (box 2).
- Filter- and suspension-feeders (e.g. bryozoans, sponges) (box 3).
- Sea urchins (*Paracentrotus lividus* and *Arbacia lixula*) (box 4).
- Other herbivorous ‘invertebrates’¹ (e.g. *Patella caerulea*).
- Invertivorous invertebrates (e.g. sea stars, gastropods, cephalopods, crustaceans) (box 5).
- Herbivorous teleosts (e.g. *Sarpa salpa*) (box 6).
- Omnivorous teleosts (e.g. *Diplodus* spp.) (box 7).
- Invertivorous teleosts, i.e. predators of invertebrates (e.g. most Labridae, *Pagrus pagrus*, *Sparus aurata*) (box 8).
- Piscivorous teleosts (e.g. *Conger conger*, *Dentex dentex*, *Dicentrarchus labrax*, *Scorpaena* spp., *Serranus* spp.) (box 9).
- Planktivorous teleosts (e.g. *Chromis chromis*, *Spicara* spp.) (box 10).
- Plankton (photosynthetic plankton and zooplankton) and non-living pelagic POM and DOM.
- Pelagic microbial loop.
- Sea birds (e.g. the shags *Phalacrocorax aristotelis desmarestii* and *P. carbo* and the osprey, *Pandion haliaetus*) (box 11).

2.2. Functional compartments considered (boxes)

Only a subset of the functional compartments listed above (boxes 1 through 11) was considered for the assessment of the ecosystem status. For each compartment, one or two non-destructive methods were

¹ ‘Invertebrates’, though a commonly used term, constitute a paraphyletic set of meta-zoan taxa, not a taxon.

selected. Because most species display a marked seasonality, we selected late spring-early summer as the best period to perform the assessment. Trends of biotic parameters along an environmental quality gradient can present (i) a decreasing or increasing slope, from a very good to a low quality state, or (ii) a humpback shape, when intermediate values represent the very good state (Table 1). (See Table 2.)

2.2.1. Multicellular Photosynthetic Organisms (MPOs) (box 1, Fig. 1)

This compartment was estimated by the percentage cover of the different strata of MPOs: highest stratum, shrub-like stratum, turf stratum and encrusting stratum. MPOs correspond here to the customary notion of ‘macroalgae’, a highly polyphyletic complex of taxa, which encompasses the Phaeophyceae (brown algae) (kingdom Stramenopiles), the Rhodobionta (red algae) (kingdom Archaeplastida) and some Chlorobionta (green algae) (Boudouresque, 2015). The highest stratum encompasses perennial tree-like species in healthy environment such as *Cystoseira* spp., *Sargassum* spp., *Digenea simplex* and *Halopithys incurva*. Here we considered perennial species for which the main axes persist for more than one year, excluding the species surviving only by means of a basal part and those with upright parts living less than one year, although the individual can survive longer than one year through continuous renewal (e.g. *Caulerpa* spp.) (Meinesz, 1979). Thus, some tolerant perennial and non-perennial tree-like species that can thrive in disturbed conditions, e.g. *Codium vermilara*, *Sphaerococcus coronopifolius*, and invasive species, the proliferation of which can be independent of disturbance and stress, e.g. *Asparagopsis* spp., *Caulerpa* spp., *Codium fragile*, are excluded from this category. The shrub-like stratum encompasses species not considered before and those with a shrubby appearance, such as *Cladostephus hirsutus* (see Table S1 for further

Table 1
Relative weighting (from 1 to 15) of each functional compartment (boxes; see Fig. 1 for box number) and ranges of each parameter defined for each grade of ecosystem status. MPOs: Multicellular Photosynthetic Organisms. POM: Particulate Organic Matter. DOM: Dissolved Organic Matter. WM: wet mass. Status: 4 (very good) through 0 (very low).

Functional compartment	Weighting (W)	Parameter	4	3	2	1	0
1- MPOs	15	Cover type	Arborescent perennial $\geq 50\%$	Arborescent perennial 5 to $<50\%$	Shrubby $\geq 50\%$	Shrubby to $<50\%$	Turf Encrusting
2- Detritus-feeders	3	Density (individuals 10 m^{-2})	<0.5	0.5 to 1.0	1.1 to 2.0	2.1 to 5.0	>5.0
3- Filter- and suspension-feeders	2	Density (individuals 10 m^{-2})	<2.5	2.5 to 5.0	5.1 to 10.0	10.1 to 20.0	>20.0
4- Sea urchins	10	Density (individuals m^{-2})	0.05 to 1.0	<0.05	1.1 to 5.0	5.1 to 10.0	>10.0
5- Invertivorous invertebrates	3	Density (individuals 200 m^{-2})	>1.0	0.6 to 1.0	0.3 to 0.5	0.1 to 0.2	<0.1
- <i>Octopus vulgaris</i> , <i>Marthasterias glacialis</i>		Density (individuals 10 m^{-2})	<0.5	0.6 to 1.0	1.1 to 2.0	2.1 to 4.0	>4.0
- <i>Hexaplex trunculus</i>		Biomass kg teleosts WM 100 m^{-2}	1.1 to 3.0	3.1 to 4.0	>4.0	0.25 to 1.0	<0.25
6- Herbivorous teleosts	4	Biomass kg teleosts WM 100 m^{-2}	>3.5	2.6 to 3.5	1.6 to 2.5	0.8 to 1.5	<0.8
7-8- Omnivorous and Invertivorous teleosts	4	Biomass kg teleosts WM 100 m^{-2}	>5.0	1.0 to 5.0	0.5 to 0.9	0.4 to 0.1	<0.1
9- Piscivorous teleosts	7	Biomass kg teleosts WM 100 m^{-2}	>2.0	2.0 to 1.5	1.5 to 0.9	0.9 to 0.3	<0.3
10- Planktivorous teleosts	1	Biomass kg teleosts WM 100 m^{-2}	<4.0	4.0 to 7.9	8.0 to 12.9	13.0 to 17.0	>17.0
11- Sea birds	1	Distance to the nearest nesting site (km)	<4.0	4.0 to 7.9	8.0 to 12.9	13.0 to 17.0	>17.0
- <i>Phalacrocorax</i> spp.		Distance to the nearest nesting site (km)	<4.0	4.0 to 7.9	8.0 to 12.9	13.0 to 17.0	>17.0
- <i>Pandion haliaetus</i>		Distance to the nearest nesting site (km)	<4.0	4.0 to 7.9	8.0 to 12.9	13.0 to 17.0	>17.0

taxa). The turf stratum (see Littler and Littler, 1980 and Connell et al., 2014 for definitions) is constituted by filamentous ephemeral species such as Ectocarpaceae (see Table S1 for further taxa). The encrusting stratum is constituted by encrusting Phaeophyceae and encrusting red algae (see Table S1 for taxa).

When assessing the status of the MPO box, the score is determined by the highest stratum present since the others are developing beneath (Table 1).

2.2.2. Detritus-feeders (box 2, Fig. 1)

Detritus-feeders constitute a diverse set of organisms. Here, holothurians feeding on macro-detritus and sediments (*Holothuria forskali*, *H. poli*, *H. tubulosa*) were used as a proxy, as they are easy to count. Other detritus-feeders such as Ophiuroidea and *Bonellia viridis* were not used since their abundance is often difficult to assess. The abundance of *Holothuria* spp. on algae-dominated rocky reefs is correlated with the presence of sediment and detritus. Their frequency will be high in areas exposed to high sedimentation (rocky reefs close to soft substrates and seagrass beds, continental inputs and coastal constructions). Thus, the descriptor used for this box is the density of *Holothuria* spp.

The density of detritus-feeders can be measured within the same quadrats as the sea urchins (see below, box 4) (Table 1).

2.2.3. Filter- and suspension-feeders (box 3, Fig. 1)

A number of benthic filter- and suspension-feeders dwell on algae-dominated rocky reefs, either directly attached to the substrate or as epibionts. They belong to different taxonomic groups (e.g. annelids, ascidians, bryozoans, bivalves, cnidarians, barnacles, gastropods, sponges). To make an assessment of this box, we used the density of large ($>5\text{ cm}$) (see Table S1 for taxa).

Table 2
Criteria to assess the Confidence Index (CI) of the status of a compartment (box).

CI	Criteria
4	Field data available, recent and suitable with the recommended methods
3	Field data recent, partially completed with expert judgment
2	No quantitative field data but recent expert judgment
1	No quantitative field data, but earlier expert judgment
0	No quantitative field data and no suitable expert judgment

The density of filter- and suspension-feeders can be measured within the same quadrats as the sea urchins (see below, box 4) (Table 1).

2.2.4. Sea urchins (box 4, Fig. 1)

The regular sea urchins *Paracentrotus lividus* and *Arbacia lixula*, and to a much lesser extent *Sphaerechinus granularis*, are the main invertebrate grazers in Mediterranean algae-dominated rocky reefs. Sea urchins are capable of assimilating organic matter through their porous spines, enabling them to thrive in polluted waters and within habitats that are poor in primary producers (De Burgh, 1975; West et al., 1977; Régis, 1978, 1986). The abundance of these species is controlled by some fish, crustaceans, molluscs and other echinoderms (Dance and Savy, 1987; Sala, 1997; Guidetti, 2004; Hereu Fina, 2004; Hereu et al., 2005). Overfishing of sea urchin predators, and possibly organic matter pollution, can result in sea urchin outbreaks, which wipe out most erect algae, inducing barren grounds (Sala et al., 1998; Gianguzza et al., 2011, Boudouresque and Verlaque, 2013). Once established, barren grounds can be maintained by quite low sea urchin densities (Bulleri et al., 1999; Ruitton et al., 2000; Bonaviri et al., 2011).

The density of sea urchins was assessed within 1-m^2 quadrats, with 30 replicates placed randomly (Table 1). The census considered only the individuals $>3\text{ cm}$ (test diameter without spines), because small individuals can be hidden within crevices, under pebbles, and in the understorey, generating a possible bias in the census. The parameter ranges, within the status scale, are assessed on the basis of the literature (Verlaque and Nédélec, 1983; Verlaque, 1987; Palacin et al., 1998; Sala et al., 1998; Ruitton et al., 2000; Hereu et al., 2012; Boudouresque and Verlaque, 2013) and unpublished data of the authors of the present article.

2.2.5. Invertivorous invertebrates (box 5, Fig. 1)

Invertivorous invertebrates (= invertebrate carnivores preying on invertebrates) are abundant and diverse in the rocky infralittoral zone. The cephalopod *Octopus vulgaris* is a predator of molluscs, crustaceans and, to a lesser extent, other invertebrates and fish (Ambrose and Nelson, 1983). The gastropod *Hexaplex trunculus* is a predator of molluscs and sea urchins (Morton et al., 2007). The sea star *Marthasterias glacialis* preys on sea urchins and molluscs (Dance and Savy, 1987; Savy, 1987; Guidetti, 2004; Bonaviri et al., 2009) (see Table S1 for other invertivorous invertebrates). Three species (*Octopus vulgaris*, *Hexaplex trunculus*, and *Marthasterias glacialis*) were used as a proxy of the box, as they are easy to count. *Hexaplex trunculus* is favoured by disturbances as well as the abundance of its preferred prey *Mytilus*

Table 3

Sites used to test the proposed ecosystem-based approach to assess the status of the Mediterranean rocky algal reefs ecosystem. MPA: Marine Protected Area (neither NTZ nor MUM). MPA-MUM: Multi-Use Management area (within a MPA). Natura 2000: zone of environmental interest in the framework of the EU Habitat Directive 1992. MPA-NTZ: No Take Zone (within a MPA).

Number	Country-region	Site	Latitude	Longitude	Year of sampling	Protection level
1	Spain - Balearic Islands	Ses Bledes Islets, Ibiza	38°58'40.16"N	1°9'36.42"E	2010	Natura 2000
2	Spain - Balearic Islands	Espardell Islet, Formentera	38°47'44.54"N	1°28'48.11"E	2005	MPA-NTZ
3	Spain - Balearic Islands	Punta Prima, Formentera	38°43'41.60"N	1°28'15.32"E	2005	MPA ^a
4	Spain - Balearic Islands	Cap de Llebeig, Dragonera Islet, Mallorca	39°34'20.34"N	2°18'5.76"E	2003	Natura 2000
5	Spain - Balearic Islands	Formentor, Mallorca	39°57'36.84"N	3°12'57.73"E	2004	Natura 2000
6	Spain - Balearic Islands	Ses Rates, Cabrera Island	39°7'57.17"N	2°55'25.07"E	2004	MPA-NTZ
7	Spain - Balearic Islands	Cap Gros, Menorca	40°3'52.42"N	3°56'4.65"E	2004	MPA-NTZ
8	Spain - Balearic Islands	Cavalleria, Menorca	40°3'59.62"N	4°3'35.35"E	2004	MPA ^a
9	Spain - Balearic Islands	Favàritx, Menorca	39°59'52.65"N	4°16'5.23"E	2003	Natura 2000
10	Spain - Balearic Islands	Illa de l'Aire, Menorca	39°48'10.93"N	4°17'37.54"E	2004	Natura 2000
11	Spain - Catalonia	Tossa de Mar	41°43'13.96"N	2°56'24.56"E	2005	Natura 2000
12	Spain - Catalonia	Medes Islands, Estartit	42°2'41.52"N	3°13'28.06"E	2009	MPA-NTZ
13	France - French Catalonia	Cap Rederis, Banyuls-sur-Mer	42°27'52.43"N	3°9'46.64"E	2015	MPA-NTZ
14	France - French Catalonia	Cap l'Abeille, Banyuls-sur-Mer	42°28'31.41"N	3°9'20.11"E	2015	MPA-MUM
15	France - French Catalonia	Cap Béar South, Port-Vendres	42°30'54.46"N	3°8'26.84"E	2015	Natura 2000 ^b
16	France - Western Provence	Méjean, Ensauès-la Redonne	43°19'45.38"N	5°13'2.26"E	1999	Natura 2000
17	France - Western Provence	Corbière harbour, Marseille	43°21'29.97"N	5°17'57.44"E	1999	
18	France - Western Provence	Digue des Catalans, Marseille	43°17'24.37"N	5°20'55.57"E	1999	
19	France - Western Provence	Pointe Rouge harbour pier, Marseille	43°14'40.29"N	5°21'44.60"E	1999	
20	France - Western Provence	Goudes harbour pier, Marseille	43°13'0.07"N	5°20'39.95"E	1999	Natura 2000
21	France - Western Provence	Callelongue, Marseille	43°12'29.87"N	5°21'7.77"E	1999	MPA ^c
22	France - Eastern Provence	Pointe Montrémian, Bagaud island	43°1'5.93"N	6°21'48.99"E	2015	MPA-MUM
23	France - Eastern Provence	Bagaud east, Bagaud Island	43°0'31.03"N	6°21'53.21"E	2015	MPA-MUM
24	France - Eastern Provence	Pointe du Tuff, Port-Cros Island	43°0'13.83"N	6°24'49.70"E	2015	MPA-MUM
25	France - Eastern Provence	Pointe du Vaisseau, Port-Cros Island	42°59'35.65"N	6°24'10.70"E	2015	MPA-MUM
26	France - Eastern Provence	Gabinière Islet, Port-Cros Island	42°59'16.38"N	6°23'36.29"E	2014	MPA-MUM
27	France - French Riviera	Pointe Galère, Théoule-sur-Mer	43°29'47.28"N	6°57'16.82"E	1999	
28	France - French Riviera	Vieux Port pier, Cannes	43°32'45.21"N	7°0'50.65"E	1999	
29	France - French Riviera	Canto harbour pier, Cannes	43°32'20.23"N	7°1'48.94"E	1999	
30	France - French Riviera	Batéguier, Sainte-Marguerite Island	43°31'25.49"N	7°1'55.17"E	1999	Natura 2000
31	France - French Riviera	Le Lido, Saint-Jean-Cap-Ferrat	43°41'30.75"N	7°19'16.07"E	2011	Natura 2000
32	Italy - Liguria	Bergeggi, Savona	44°14'13.92"N	8°26'36.82"E	2008–2014	MPA
33	Italy - Liguria	Portofino, Genoa	44°17'55.27"N	9°12'57.96"E	1990–1993	
34	Italy - Liguria	Portofino, Genoa	44°17'55.27"N	9°12'57.96"E	2008–2014	MPA
35	France - Corsica	Garganellu Islet, Scandola, Osani	42°21'52.92"N	8°32'24.46"E	2015	MPA-NTZ
36	France - Corsica	Patrimonio	42°42'53.12"N	9°19'17.97"E	2015	Natura 2000
37	France - Corsica	U Grecu, Lavezzi Island	41°20'42.44"N	9°15'30.12"E	2010	MPA-MUM
38	France - Corsica	North Bruzi Islands, Pianottoli-Caldarello	41°27'51.04"N	8°54'57.70"E	2010	MPA-NTZ
39	France - Corsica	East Bruzi Islands, Pianottoli-Caldarello	41°27'47.18"N	8°54'53.40"E	2010	MPA-NTZ
40	Italy - Sardinia	Punta Marginetto, La Maddalena	41°15'28.75"N	9°24'19.88"E	2010	MPA

^a Only recreational fishing, purse seine and trawling are forbidden.

^b This area is close to the Natural Marine Reserve of Cerbère-Banyuls. Since October 2011, this area has been included within a natural marine park (Parc Naturel Marin du Golfe du Lion).

^c Since May 2012, this area has been included within a National Park (Parc National des Calanques). However, it is unlikely that this new status would have already resulted in a perceptible effect.

galloprovincialis (Peharda and Morton, 2006). In contrast, *Octopus vulgaris* and *Marthasterias glacialis* are common in healthy environments.

The density of *Hexaplex trunculus* was measured within the same quadrats as the sea urchins (see above, box 4); only individuals >3 cm in height were considered. The abundance of *Octopus vulgaris* and *Marthasterias glacialis* was assessed within the same transects as teleosts (see below, box 6–10) (Table 1).

Table 4

Contingency table of the study sites as a function of the level of protection and the ecological status (reef-EBQI). MPA: Marine Protected Area (neither NTZ nor MUM). MPA-MUM: Multi-Use Management area (within a MPA). Natura 2000: zone of environmental interest in the framework of the EU Habitat Directive 1992. MPA-NTZ: No Take Zone (within a MPA).

Ecological Status	No protection	Natura 2000	MPA	MPA-MUM	MPA-NTZ
Bad and poor	2	4	1	0	1
Moderate	5	7	4	1	0
Good and high	0	1	1	6	7

2.2.6. Teleosts (comprising herbivores, omnivores, invertivores, piscivores and planktivores) (boxes 6 to 10, Fig. 1)

The spatial and temporal distribution of teleosts on algae-dominated rocky reefs varies depending on day and night time, season and depth (Francour et al., 1995; Ruitton et al., 2000). Teleosts were grouped into five functional groups according to the trophic habits of adults. Herbivores (box 6, Fig. 1) include species with a diet dominated by MPOs (macroalgae and seagrasses). *Salpa salpa* is the only species of this group to be common in the NW Mediterranean (see Table S1 for further comments). Omnivores (box 7, Fig. 1) show a relatively diverse diet and include *Diplodus* spp. and Mugilidae. Invertivores (teleost predators of invertebrates; box 8, Fig. 1.) include species whose diet is constituted by invertebrates such as annelids, crustaceans and molluscs (see Table S1 for taxa). Boxes 7 and 8 are estimated together to define the status of the group omnivorous and invertivorous teleosts. Piscivores (box 9, Fig. 1) preferably prey on fish, even if they also consume invertebrates (e.g. Cephalopods, Crustaceans) (see Table S1 for taxa). Planktivores (box 10, Fig. 1) include two categories: the exclusive zooplankton feeders and omnivorous feeders, which consume both zooplankton and POM (see Table S1 for taxa).

Harmelin-Vivien and Francour (1992) emphasized the sensitivity of the assessment of the composition and trophic structure of teleost fish

Table 5

Comparison between the reef EBQI and the CARLIT index, and the corresponding ecological status, for the study sites of France (French Catalonia, Provence, French Riviera and Corsica). CARLIT index data from Thibaut et al. (2008, 2010, 2011), Thibaut and Markovic (2009), Thibaut and Blanfuné (2014).

Site	Water body	Reef EBQI		CARLIT index	
		EBQI	Ecological status	EQR	Ecological status
13	FRDC01	7.40	Good	0.58	Moderate
14	FRDC01	6.85	Good	0.58	Moderate
15	FRDC01	3.10	Bad	0.58	Moderate
16	FRDC05	3.95	Poor	0.61	Good
17	FRDC05	4.55	Moderate	0.61	Good
18	FRDC06a	3.58	Poor	0.43	Moderate
19	FRDC06b	5.65	Moderate	0.64	Good
20	FRDC06b	2.18	Bad	0.64	Good
21	FRDC07a	3.70	Poor	0.80	High
22	FRDC07h	6.10	Good	1.00	High
23	FRDC07h	6.35	Good	1.00	High
24	FRDC07h	6.95	Good	1.00	High
25	FRDC07h	5.65	Moderate	1.00	High
26	FRDC07h	7.50	High	1.00	High
27	FRDC08d	3.90	Poor	0.93	High
28	FRDC08e	5.95	Moderate	0.82	High
29	FRDC08e	5.50	Moderate	0.82	High
30	FRDC08e	4.15	Poor	0.82	High
31	FRDC09d	5.83	Moderate	0.43	Moderate
35	FREC04ac	7.50	High	0.96	High
36	FREC01c	7.65	High	0.69	Good
37	FREC03ad	6.53	Good	0.80	High
38	FREC03eg	4.38	Poor	0.94	High
39	FREC03eg	6.63	Good	0.94	High

assemblages to the methodology used. Teleosts were estimated *via* visual censuses (see Harmelin-Vivien et al., 1985 for methodological details) during day-time (10:00 to 16:00 UT) in the warm season (end of spring and summer). All teleosts were counted within 25-m linear and 4-m wide transects, with 10 replicates per site. Total length of individuals (to the nearest 2 cm) and the number of individuals per species were recorded.

2.2.7. Sea birds (box 11, Fig. 1)

Shags (*Phalacrocorax* spp.) and ospreys (*Pandion haliaetus*) directly interact with the algae-dominated rocky reefs. Shags feed on pelagic planktivorous teleosts; they can also dive and feed on benthic teleosts (Guyot, 1990; Morat, 2007; Morat et al., 2011). Ospreys are opportunistic fish-eating birds that mainly consume Mugilidae, *Diplodus* spp. and *Sarpa salpa* (Francour and Thibault, 1995, 1996; Thibault et al., 2001). In contrast, other sea birds, such as *Larus* spp. and *Puffinus* spp., feed on offshore pelagic species and are therefore not considered here.

The sea bird compartment is estimated via the distance of the nearest nesting site of *Phalacrocorax* spp. and *Pandion haliaetus* from the study site (Table 1).

2.3. Compartments not considered

2.3.1. Imported primary production from adjacent ecosystems (*Posidonia oceanica* leaves and other MPOs)

The *Posidonia oceanica* ecosystem exports huge amounts of organic matter, mainly in the form of *P. oceanica* dead leaves, but also leaf epibionta and seaweeds living on rhizomes, towards adjacent ecosystems, in particular algae-dominated rocky reefs (Personnic et al., 2014; Boudouresque et al., 2015b). There, dead *P. oceanica* leaves can represent a conspicuous part, up to 40%, of the diet of the sea urchin *Paracentrotus lividus* (Nédelec, 1982; Verlaque and Nédelec, 1983; Boudouresque and Verlaque, 2013).

2.3.2. Other herbivorous invertebrates

Other herbivorous invertebrates are involved in MPO consumption (Ledoyer, 1966; Bellan-Santini, 1969; Pitacco et al., 2014). Among

Mollusca, the limpet *Patella caerulea* can be common in clearings within the macroalgal cover, and also on barren grounds. However, limpets are unable to open up such clearings and depend upon sea urchins for this task (Verlaque, 1987). *Haliotis tuberculata lamellosa*, *Bolma rugosa* and *Cerithium vulgatum* are grazers commonly found under the pebbles and in the understory of erect macroalgae. *Aplysia punctata* swims over and browses MPOs (Carefoot, 1987). In contrast, the crustacean decapod *Acanthonyx lunulatus* browses in the upper branches of erect Phaeophyceae (Chaix, 1979) (see Table S1 for further taxa). Both because their abundance is closely related to the abundance of erect MPOs and because their abundance is difficult to measure, herbivorous invertebrates other than sea urchins have not been considered in this protocol.

2.3.3. Plankton (photosynthetic plankton and zooplankton), non-living pelagic Particulate Organic Matter (POM) and the pelagic microbial loop

The planktonic food web (from phytoplankton to zooplankton) and the non-living POM are the basis for the feeding of planktivorous fish, such as *Chromis chromis*, *Spicara maena* and *S. smaragdina* and of omnivorous fish consuming plankton and POM, such as *Boops boops* (Khouri, 1987; Cresson et al., 2014). Some planktonic organisms are larval forms of benthic taxa (meroplankton). This compartment is highly seasonal and estimates would be time-consuming. It is better assessed through its consumers (box 10). For the same reasons, the pelagic microbial loop, which partly depends upon the benthic-pelagic POM-DOM (Velimirov, 1984), has not been specifically assessed.

2.4. The Ecosystem-Based Quality Index (reef-EBQI)

The rationale governing our ecosystem-based approach is the same as that described for *Posidonia* meadows (Personnic et al., 2014), coralligenous reefs (Ruitton et al., 2014), and submarine caves (Rastorgueff et al., 2015): (i) quantifying and assessing a set of compartments (boxes) of the conceptual model by means of a set of parameters, (ii) balancing their relative weighting and (iii) using a simple algorithm to calculate a rank for the ecosystem status within a given area from Bad to High, in compliance with the five Ecological Statuses of the Water Framework Directive (WFD). As the methodological corpus for the calculation of the reef-EBQI is similar to that of the *Posidonia*-EBQI and the cave-EBQI, details are to be found in Supplementary material S1, including the necessary adjustments related to the specificity of the algae-dominated rocky reef conceptual model.

In order to test the efficiency of the proposed method, it has been applied to 40 sites (Fig. 2, Table 3) using a variety of data sources (published, unpublished, expert judgment). For each site, data were collected during a short time period (late spring-early summer) of a given year (in some rare cases, a few successive years). These data were collected over two decades (1999 to 2015), with the aim testing the method and assessing changes over time when applicable.

A site is defined as an algae-dominated rocky reef between 1 and 10 m depth, covering about two hectares. The sites are localized in the north-western Mediterranean Sea, from Spain to Italy, including the Balearic Islands, Corsica and Sardinia (Fig. 2). This area is considered as relatively biogeographically homogeneous. The sites also cover a wide range of human pressure and protection statuses, ranging from artificial substrates (e.g. harbour pier) to Natura 2000 sites, Marine Protected Areas (MPAs), Multi-Use Management areas (MPA-MUM), and No-Take zones (MPA-NTZ) (Table 3). For Natura 2000 sites, there is no planned regulation of fishing and no specific regulation regarding the protection of species of algae-dominated rocky reefs (Meinesz and Blanfuné, 2015). Mediterranean MPAs are often weakly enforced if not mere 'paper parks', where the protection measures are not properly enforced (Guidetti et al., 2008; Montefalcone et al., 2009; Sala et al., 2012); it is worth emphasizing that most MPAs taken into account in the present study are well enforced, either No-Take zones (MPA-NTZ), where all fishing activities are prohibited (sites number 2, 6, 7, 12, 13,

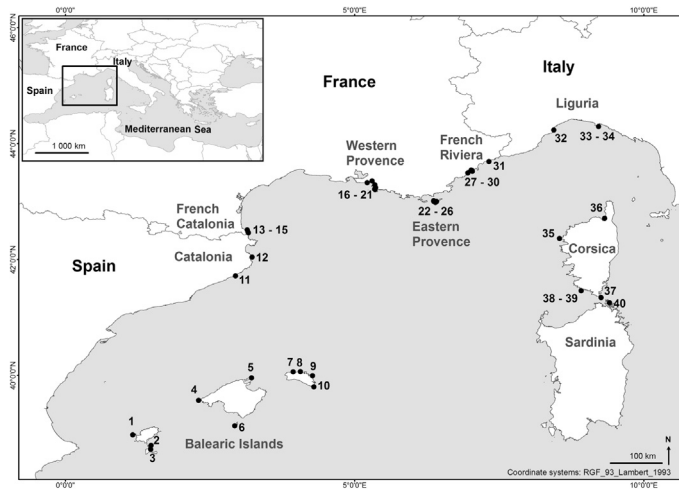


Fig. 2. Localization of the study sites.

35, 38, 39; Table 3), or Multi-Use Managed (MPA-MUM) areas (sites number 14, 22 to 26, 37), where most recreational fishing is prohibited and artisanal fishing is allowed but strictly limited (Boudouresque et al., 2004; Cadiou et al., 2009).

The correlation between reef-EBQI and CI-EBQI was tested using the Spearman test. A Correspondence Analysis (CA) was performed to study the relationship between the level of protection and the ecological status. In order to follow the assumptions of the CA (e.g. to avoid getting classes with frequency equal to zero), the following classes of ecological status were combined: High + Good and Bad + Poor. Analyses were performed using Statistica V.10 software.

3. Results

On the basis of the reef-EBQI, the 40 sites are distributed in the 5 following ecological quality classes: 2 sites are classed as Bad (reef-EBQI < 3.5), 6 sites are classed as Poor ($3.5 \geq \text{reef-EBQI} < 4.5$), 17 sites are classed as Moderate ($4.5 \geq \text{reef-EBQI} < 6$), 10 sites are classed as Good ($6.0 \geq \text{reef-EBQI} < 7.5$) and 5 sites are classed as High (reef-EBQI ≥ 7.5) (Table 3, Fig. 3).

These reef-EBQI values are accompanied by a value of Confidence Index (CI: Fig. 3) makes them more user-friendly. No significant correlation ($p > 0.05$, Spearman correlation test) was detected between the reef-EBQI and its CI.

The Correspondence Analysis of the relationship between ecological status and protection status (Table 4, Fig. 4) shows that the sites with a high protection status (MPA-MUM and MPA-NTZ) have the highest ecological status (Good and High), whereas the sites with no protection, Natura 2000 sites and not properly managed/enforced MPAs, have a Moderate, Poor or Bad ecological status.

We could imagine that arbitrary choices such as the selection of the considered functional compartments (boxes) and the associated weightings may influence the reef-EBQI. Since boxes encompass the functioning of the whole ecosystem, covering the main trophic functional groups (Fig. 1), it may be considered that the choice of boxes is not arbitrary. We therefore focused on the choice of weightings. In order to check the effect of our choice, we modified the weightings by random changes (e.g. ± 1 , ± 2 , with 1000 iterations) for the weighting of each box. These changes did not strongly alter the ecological status of sites: almost all the sites kept the same status; when a change in ecological status was observed, it was not greater than one rank (e.g. Good to High) (Fig. S1 and S2).

4. Discussion

We adapted and applied here a method to assess the ecological status of the northwestern Mediterranean algae-dominated rocky reefs, using an ecosystem-based approach, following Personnic et al. (2014) and Rastorgueff et al. (2015). Firstly, we built a conceptual model of the algae-dominated rocky reef ecosystem, based upon the literature with regard to its structure and functioning, taking into account the relevant compartments of this ecosystem. Secondly, we developed a suite of relevant parameters to assess the ecological quality of each compartment and aggregated them into an index, the reef Ecosystem-Based Quality Index (reef-EBQI). This approach has the advantage of combining extensive knowledge of natural history with rigorous analytical metrics - a crucial need for modern ecology (Guidetti et al., 2014).

4.1. Does the reef-EBQI robustly discriminate between the sites?

Overall, the sites that obtain a Bad or Poor score are located in areas where the likely stressors can be identified: pollution in the vicinity of a sewage outfall (sites No. 16, 20, 21), proximity to a harbour (15, 18, 20), coastal development (18, 20, 27), overfishing (15, 18, 20, 27, 30), overgrazing (27, 30, 38). In contrast, the best-scored sites are localized within MPAs with strong and well enforced regulations (NTZ and MUM) (2, 12, 26, 35).

4.2. Is the reef-EBQI redundant with regard to already existing indices?

Within the framework of the EU Directives (Habitat Directive, WFD, MSFD), a number of indices based on one or several species have been developed to assess the ecological quality of water bodies and the health status of emblematic species and habitats. As far as algae-dominated rocky reefs are concerned, these indices are mainly and exclusively based on macroalgae, e.g. EEI (Ecological Evaluation Index; Orfanidis et al., 2001, 2003, 2011), CARLIT (CARTografia LIToral; Ballesteros et al., 2007), RSL (Reduced Species List; Wells et al., 2007; Bermejo et al., 2012), CFR (Calidad de Fondos Rocosos; Guinda et al., 2008; Juanes et al., 2008), E-MaQI (Expert-Macrophytes Quality Index; Sfriso et al., 2009), MarMAT (Marine Macroalgae Assessment Tool; Neto et al., 2012), RICQI (Rocky Intertidal Community Quality Index; Díez et al., 2012), ICS (Index of Community Structure; Ar Gall and Le Duff, 2014), QISubMac (Quality Index of Subtidal Macroalgae; Le Gal and Derrien-Courtel, 2015), CCO (Cover, Characteristic species, Opportunistic species; Ar Gall et al., 2016). These indices provide a valuable body of

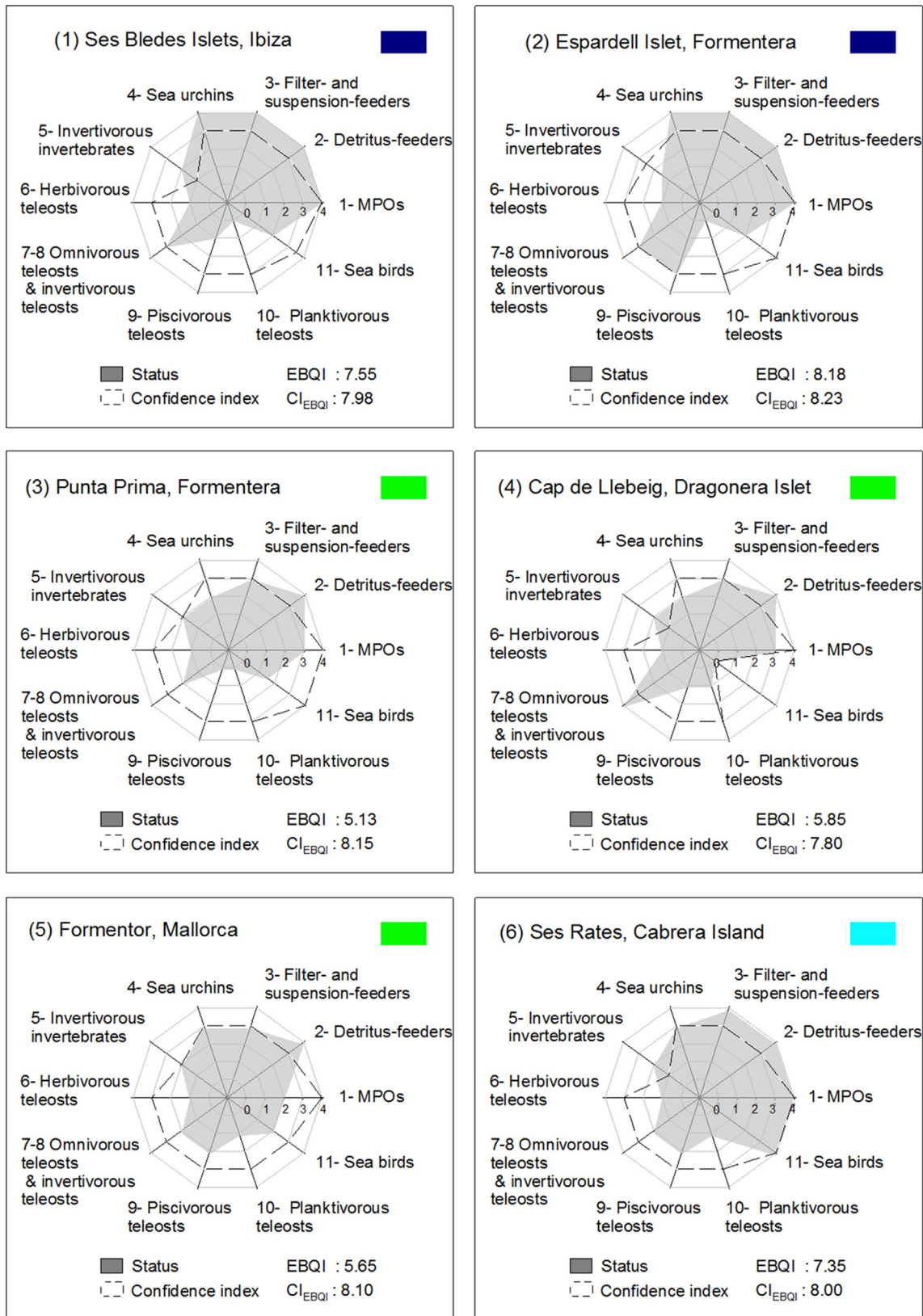


Fig. 3. Ecosystem-based ecological assessment of 40 rocky reefs (1 through 40; see Table 3) of the northern Mediterranean Sea. The spider-web graphic represents the ecological status (semi-quantitative scale from 0, Bad to 4, High) of each compartment of the ecosystem and their corresponding confidence index (semi-quantitative scale from 0, lowest to 4, highest). Above right, the coloured box corresponds to ecological status derived from the EBQI: red = Bad, orange = Poor, green = Moderate, light blue = Good and dark blue = High. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

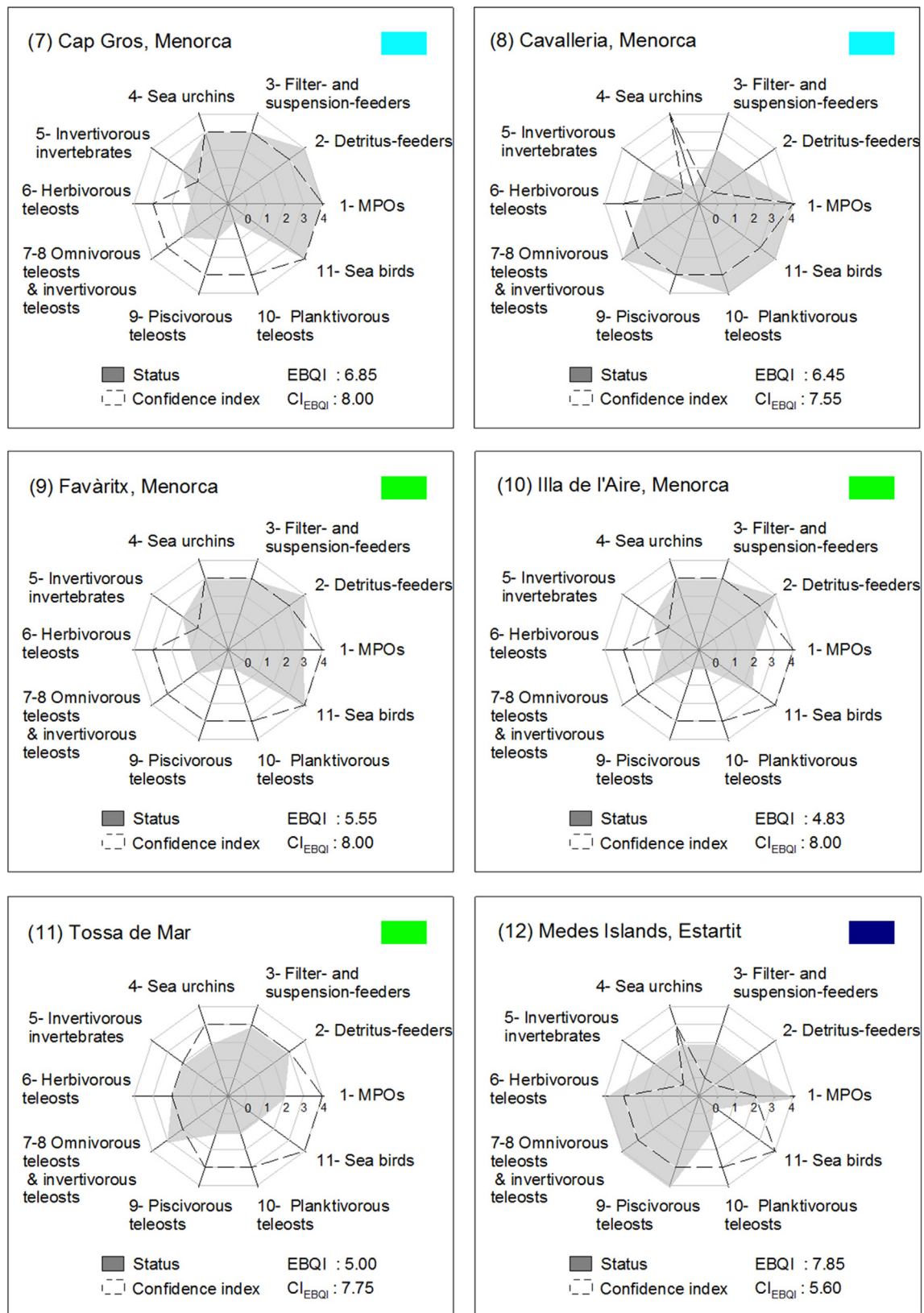


Fig. 3 (continued).

tools to assess the ecological status of a water body. However the good quality of a water body, and the apparent health of some species, including habitat-forming species, is not always indicative of the functioning of the whole ecosystem (Boudouresque et al.,

2015a). For example, a site with vast forests of *Cystoseira* but devoid of fish would be given a high score by the above-mentioned indices, although the lack of fish (especially large predatory fish) reflects the bad functioning of the ecosystem (Sala et al., 2012). In the

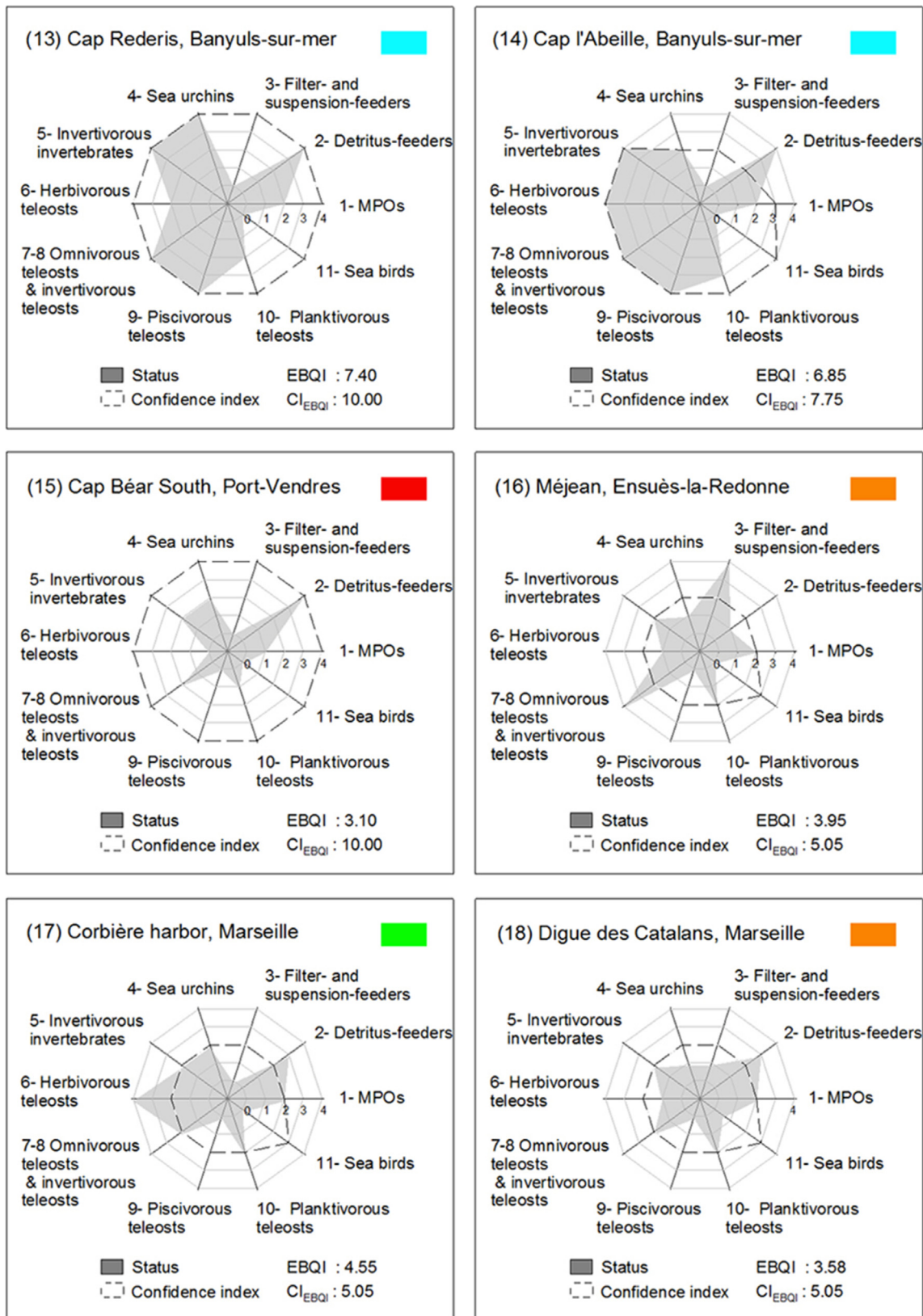


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same way, a site with a high density of fish (omnivorous, piscivorous, invertivorous), but exhibiting barren grounds and very poor macroalgal cover (e.g. site No. 38), would be valued by fish

specialists, as is usually the case when the effects of protection are assessed (Guidetti et al., 2014), but would get a poor score with the reef-EBQI.

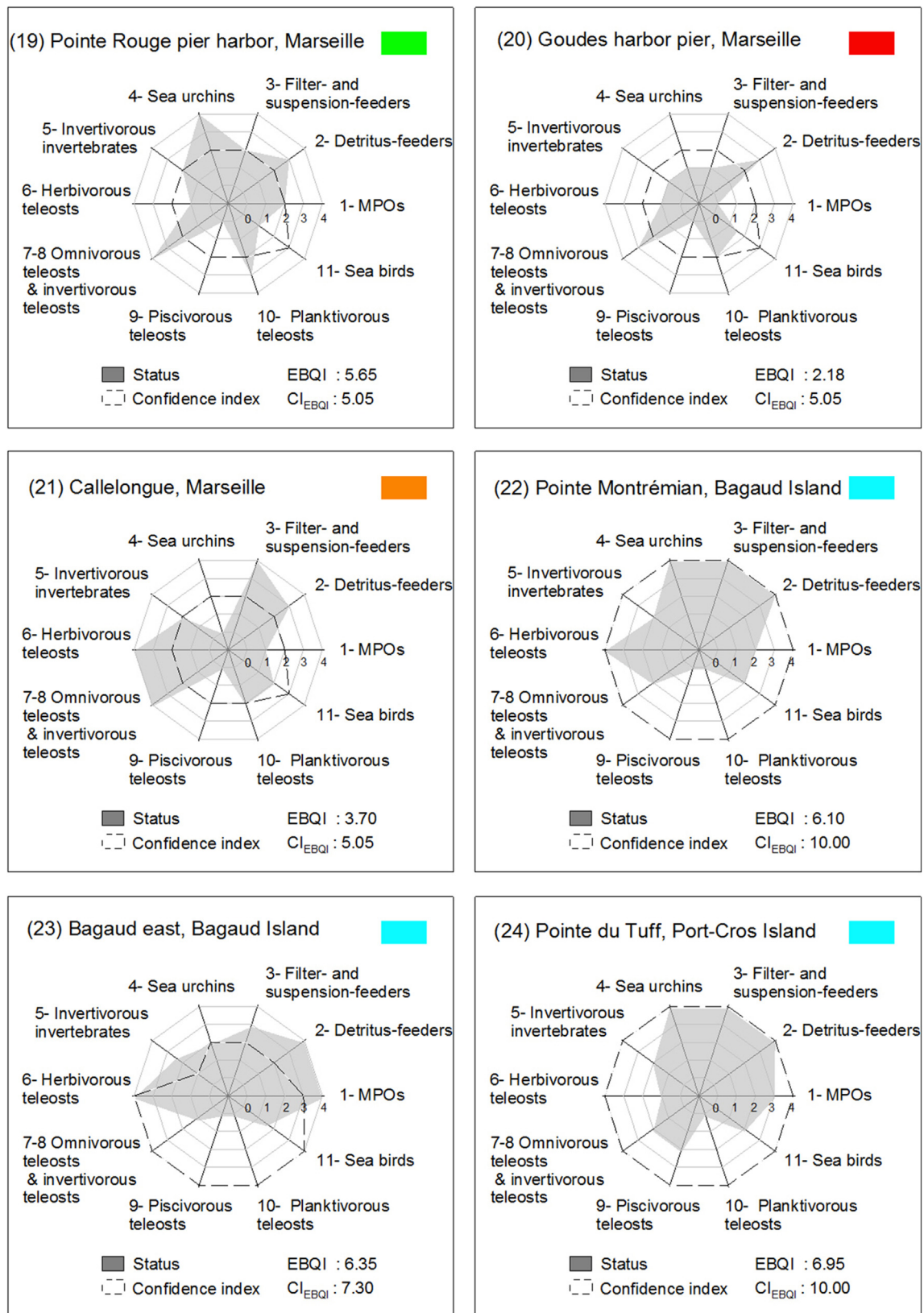


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The reef-EBQI is an integrative index that takes into accounts both fish and habitat-forming species, together with several other compartments (e.g. sea urchins, detritus-feeders). This is a highly desirable achievement for the assessment of the whole ecosystem status but

may incur the risk of ambiguity. A given value of the index may be due either to abundant fish over a barren ground or to a luxuriant algal forest with almost no fish. The case of Portofino well illustrates the point. Portofino is the only site for which information was available

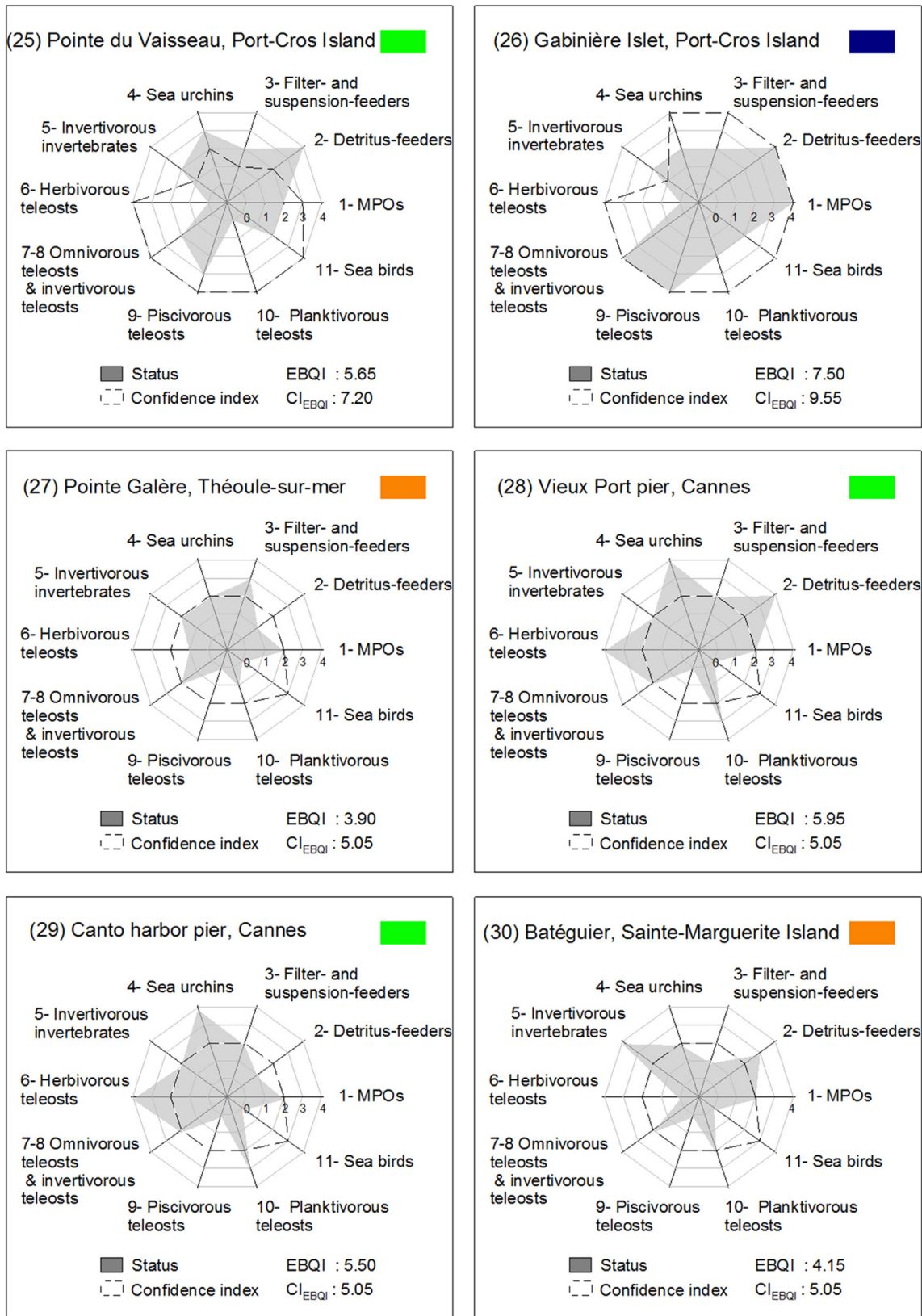


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for the periods both before (No. 33; 1990–1993) and after the establishment of the MPA (No. 34; 2008–2014). The ecological status resulted in a rating of Moderate for both periods, with little change in the index value (4.98 in 1990–1993 vs. 5.43 in 2008–2014); in addition, the

Confidence Index was similar (8.30 in 1990–1993 vs. 9.10 in 2008–2014). However, a dramatic decrease of MPOs has occurred, counterbalanced by an increase in fish abundance (Fig. 3). MPA enforcement was therefore effective for the fishes, but did not hamper habitat

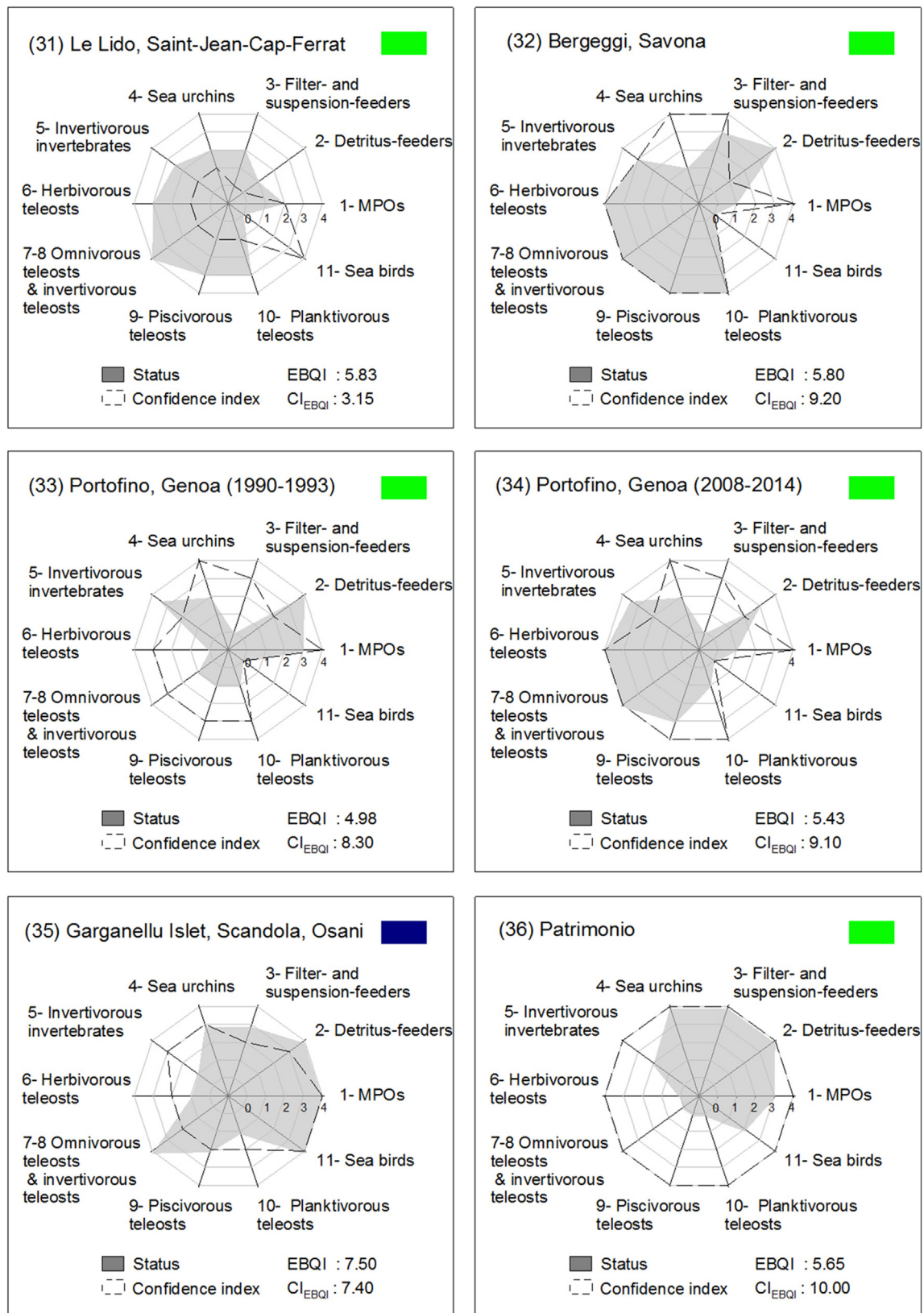


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structure degradation (Parravicini et al., 2013). This result is not surprising, as in MPAs, especially within well enforced no-take zones (see Guidetti et al., 2008), fishes respond more clearly and directly to protection measures entailing the reduction of fishing mortality. This

highlights the necessity for managers not to take into account just the final score: the scores of the individual components of the index must always be checked in order to see clearly which management actions are required (Gatti et al., 2012, 2015).

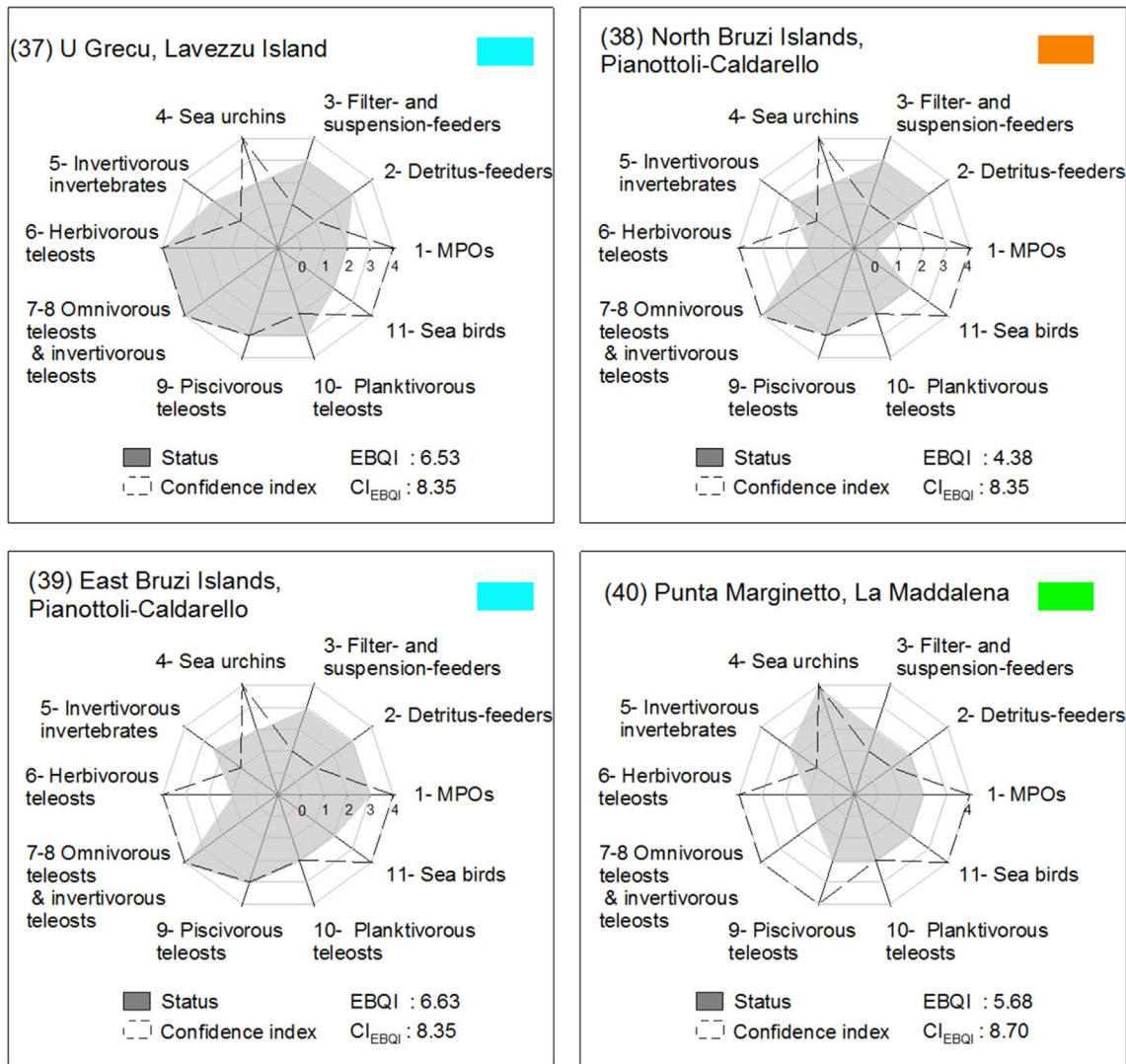


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As far as the Mediterranean Sea is concerned, the only indices used are EEI, E-MaQI, RSL and CARLIT. The latter is based upon lower mediolittoral and very shallow (<1 m depth) infralittoral bottom-up controlled habitats, where eutrophication and sea surface disturbances are the main drivers. In contrast, the former indices are based upon fully infralittoral habitats where top-down drivers such as overgrazing and predation also occur. CARLIT data are available for the French coast sites (Table 5); a comparison of CARLIT and reef EBQI from the same sites confirms the absence of any correlation between the two sets of data ($r = 0.3$, $p > 0.05$).

4.3. Does the protection status of the area matter?

Our results clearly show that sites without any protection are never associated with Good and High ecological status (Table 4). Among the MPAs, most of the MPA-Natura 2000 sites and those MPAs devoid of NTZ and MUM (i.e. without proper management/enforcement) are mostly associated with Moderate, Poor or Bad ecological status. Only well managed/enforced MPA-NTZ and MPA-MUM are mainly associated with Good and High ecological status (Table 4). The EU Natura 2000 zones, although generally considered as MPAs (Reker et al., 2015), are anything but effectively protected and managed areas (Meinesz and Blanfuné, 2015; Reker et al., 2015). The EU Natura 2000 zones were designated under the Birds Directive and the Habitat

Directive; they targeted a number of vulnerable marine species and habitats, affording them legal recognition and protection. However, they do not include binding management measures, so that, at least in the Mediterranean, the algae-dominated rocky reefs of Natura 2000 areas are often only protected 'on paper', as also evidenced by our findings. In the same way, a number of MPAs, lacking NTZ or MUM areas, are nothing but 'paper parks' (Guidetti et al., 2008; Montefalcone et al., 2009; Sala et al., 2012). It should be noted that the efficiency of MPAs, and especially where NTZ are concerned, also depends, among other factors, upon the date of the implementation of the protection (García-Charton et al., 2008; but see Sala et al., 2012)

Within a well-enforced MPA-NTZ (site No. 38, North Bruzi Islands, Corsica), a paradoxical status was observed. The reef-EBQI was relatively low (4.38; ecological status Poor). The reason lies in the absence of marine forests (*Cystoseira brachycarpa*), a relatively high density of sea urchins and a high density of fish, corresponding to a barren ground. The persistence of this barren ground, despite the high level of protection, could result from a past disturbance, prior to the establishment of the NTZ, resulting in a regime shift from the forest to the barren ground stage. MPAs can re-establish lost predatory interactions and cause community changes in rocky reefs (Guidetti, 2006). However, the recovery of marine forests can be hindered by the absence of nearby sources of propagules and the slow growth of these species (Sales et al., 2011; Thibaut et al., 2016), which could be the case for the Bruzi Islands

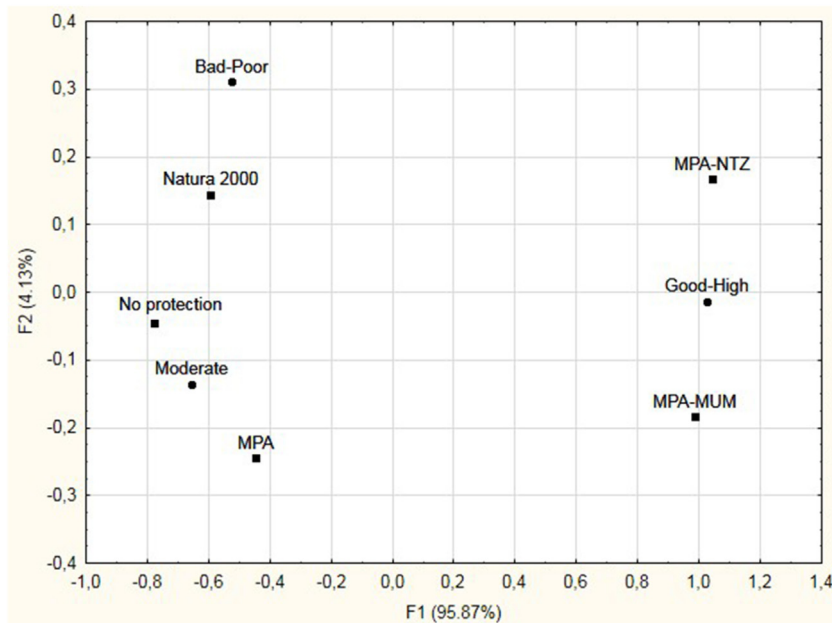


Fig. 4. Correspondence Analysis between the levels of protection (black squares) and the ecological status as assessed by the reef-EBQI (black dots). MPA-NTZ: No-Take Zone within a MPA. MPA-MUM: Multi-Use Management Zone within a MPA. MPA: neither NTZ nor MPA-MUM.

site. In the Torre Guaceto NTZ MPA (Southern Italy), recovery concerned mainly small bushy species (Guidetti, 2006).

4.4. Is there an eco-region bias?

In the NW Mediterranean, the study sites are spread within 2 eco-regions (Bianchi, 2007): Balearic Islands to Corsica and Sardinia (sites No. 1 to 10 and 35 to 40) and Gulf of Lions to Ligurian Sea (sites No. 11 to 34). Is the reef-EBQI influenced by regional conditions? As already pointed out by Personnic et al. (2014) for the *Posidonia*-EBQI, the present study was not designed to address this question, as the sites were chosen according to data availability. However, as far as the algae-dominated rocky reefs are concerned, the available literature does not evidence conspicuous differences between these 2 eco-regions (see references in Section 4.2).

4.5. Strong and weak points of the reef-EBQI

Some strong points of the reef-EBQI can be highlighted: (i) it does not require destructive sampling; (ii) its implementation is relatively simple and fast, and therefore inexpensive (2 days for 2 divers is enough for the assessment of one site); (iii) it is robust; (iv) it is associated with a Confidence Index, which may indicate the need for the acquisition of more accurate and/or more recent field data, when opportune.

An apparent weak point of the reef-EBQI is that it does not take into account the introduced species, either invasive or habitat transformers (Boudouresque and Verlaque, 2002, 2012). Several species such as *Asparagopsis* spp., *Caulerpa* spp., *Siganus* spp. and *Fistularia commersonii* can severely impact the algae-dominated rocky reefs in the study area. The major reasons why introduced species were not considered here are: (i) the three already existing EBQIs, namely, the *Posidonia oceanica* EBQI (Personnic et al., 2014; Boudouresque et al., 2015a), the coralligenous EBQI (Ruitton et al., 2014), and the cave EBQI (Rastorgueff et al., 2015), do not consider them; (ii) invasive species can be considered as a disturbance, in the same way as other disturbances, such as contamination, overfishing and coastal development, and hence they can change the compartments of algae-dominated rocky reefs. They can therefore contribute to explaining or predicting the EBQI values. There is no room in the ecosystem-based doctrine of

the EBQI for a mixing of functional parameters with explanatory ones (for the metric of descriptors of biological invasion disturbances, see Section 4.6).

4.6. Baseline for future prospects

Identifying the disturbances likely to account for the values of the reef-EBQI was beyond the scope of the present work. However, it is clear that the next step will be to deal with the possible correlation between the EBQI and the putative explanatory variables. Coastal disturbances are often cumulative and have to be linked to the measured parameters and assessed at a fine scale (e.g. Lopez y Royo et al., 2009; Holon et al., 2015; Bermejo et al., 2016; Guarnieri et al., 2016). Spatially explicit approaches able to model the complex relationships between multiple human pressures and coastal ecosystems status have already been successfully applied in the study area (Parravicini et al., 2012).

Coastal habitats are often a mosaic of different ecosystems such as *Posidonia oceanica* beds, algae-dominated rocky reefs, marine caves and sandy habitats at different depth ranges. No individual index can account for such a diversity of issues: quality of the water body as a whole, status of the ecosystem functioning, natural and human-induced pressures, etc. The future of Integrated Coastal Zone Management (ICZM) therefore does not lie in a unified integrative index, but rather in a combined set of indices, each one providing information regarding a given problem, parameter and/or ecosystem, at a given scale. For instance, the CARLIT index provides information on the ecological status of large water bodies and shallow habitats (Ballesteros et al., 2007), the EBQI *Posidonia oceanica* assesses the functioning of a pivotal ecosystem resulting from multiple pressures, including overfishing (Personnic et al., 2014; Giakoumi et al., 2015), the MEDOCC index (MEDiterranean OCCidental index) assesses the ecological status of macroinvertebrate assemblages inhabiting soft substrates, in relation to organic pollution (Pinedo et al., 2015, 2016), the ALEX index (ALien Biotic Index) assesses the pressure of biological invasions on hard substrate assemblages (Piazzi et al., 2015), the LIMA index conveys the environmental interest and quality of the seascape formed by the Mediterranean benthos (Govert et al., 2014), and the OCI (Overall Complexity Index) measures the ecological complexity of coastal marine ecosystems (Paoli et al., 2016). Both managers and scientists are now well aware that looking

for a single, unified index would be equivalent to hunting the snark (Bond, 2001).

This work is focused on the North-Western Mediterranean Sea. However, the reef-EBQI could easily be used, with minor adjustments, for other Mediterranean regions. For other seas, the same rationale as the one used here could be adopted to build an EBQI adapted to the local ecosystem, choosing different species as proxies for much the same compartments.

5. Conclusions

For the first time, a conceptual model of the functioning of algae-dominated rocky reefs is proposed. The reef-EBQI index, like previous EBQI indices, is easy and inexpensive to implement, robust, and not redundant with already existing indices. It is part of an ecological monitoring strategy, both for the ecosystem-based approach for monitoring the coastal zone and for ecosystem-based management, in the framework of the EU MSFD and of the ICZM. Such ecosystem-based approaches successfully complete the approaches based upon individual species and assemblage descriptions. This model provides a tool for assessing the quality of the function of an ecosystem currently under siege in the Mediterranean Sea, with the collapse of most marine forests. Monitoring the ecological state of algae-dominated reef ecosystems and the effects of disturbances over large geographical and temporal scales is made possible with the reef-EBQI. Combined with other EBQIs (e.g. *Posidonia*-EBQI and cave-EBQI), it provides an integrated view of a marine region, which is essential when addressing questions regarding protection, conservation and restoration.

Competing interests

The authors have declared that there are no competing interests.

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