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Rania Francis, Marion Le Bideau, Priscilla Jardot, Clio Grimaldier, Didier Raoult, et al.. High-speed large-scale automated isolation of SARS-CoV-2 from clinical samples using miniaturized co-culture coupled to high-content screening. Clinical Microbiology and Infection, 2021, 27 (1), pp.128.e1-128.e7. 10.1016/j.cmi.2020.09.018 . hal-03216089

HAL Id: hal-03216089 https://amu.hal.science/hal-03216089

Submitted on 2 Jan 2023 $\,$

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Version of Record: https://www.sciencedirect.com/science/article/pii/S1198743X2030570X Manuscript_0e5255324b3f328daee0f0d508a9ff32

Original article

High-speed large-scale automated isolation of SARS-CoV-2 from clinical samples using miniaturized co-culture coupled to high-content screening

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2	Rania Francis ^{1,2} , Marion Le Bideau ² , Priscilla Jardot ² , Clio Grimaldier ² , Didier Raoult ^{1,2} ,	
3	Jacques Yaacoub Bou Khalil ^{1*} and Bernard La Scola ^{1,2*}	
4	¹ Institut Hospitalo-Universitaire Méditerranée-Infection, 19-21 Boulevard Jean Moulin, 13005,	
5	Marseille, France.	
6	² Aix-Marseille Université, Institut de Recherche pour le Développement (IRD), UMR Microbes	
7	Evolution Phylogeny and Infections (MEPHI), AP-HM, 19-21 Boulevard Jean Moulin, 13005,	
8	Marseille, France.	
9		
10	Corresponding Authors: Bernard La Scola and Jacques Yaacoub Bou Khalil	
11	Mailing address:	Aix Marseille Univ, IRD, APHM, MEPHI, IHU-Méditerranée Infection
12		19-21 boulevard Jean Moulin, 13005 Marseille, France
13		Tel: +33-4-13-73-24-01
14		bernard.la-scola@univ-amu.fr, boukhaliljacques@gmail.com
15		

17 Abstract

Objectives: A novel coronavirus, SARS-CoV-2, is responsible for the current COVID-19 global pandemic. Only a few laboratories routinely isolate the virus, which is because the current co-culture strategy is highly time-consuming and requires working in a biosafety level 3 laboratory. This work aimed to develop a new high-throughput isolation strategy using novel technologies for rapid and automated isolation of SARS-CoV-2.

Methods: We used an automated microscope based on high-content screening (HCS), and we applied specific image analysis algorithms targeting cytopathic effects of SARS-CoV-2 on Vero E6 cells. A randomized panel of 104 samples, including 72 that tested positive by RT-PCR and 32 that tested negative, were processed with our HCS strategy and were compared to the classical isolation procedure.

28 **Results:** The isolation rate was 43% (31/72) with both strategies on RT-PCR-positive samples and

29 was correlated with the initial RNA viral load in the samples, in which we obtained a positivity

30 threshold of 27 Ct. Co-culture delays were shorter with the HCS strategy, where 80% (25/31) of the

31 positive samples were recovered by the third day of co-culture, compared to only 26% (8/30) with the

32 classic strategy. Moreover, only the HCS strategy allowed us to recover all the positive samples (31

33 with HCS versus 27 with classic strategy) after 1 week of co-culture.

34 Conclusions: This system allows the rapid and automated screening of clinical samples with

35 minimal operator workload, which reduces the risk of contamination, thus paving the way for future

36 applications in clinical microbiology, such as large-scale drug susceptibility testing.

37 Keywords: COVID-19, SARS-CoV-2, co-culture, isolation, high-content screening.

39 Introduction

40

41 Wuhan, China; it then spread worldwide and was declared a pandemic by the WHO on the 12th of 42 March 2020 [1],[2],[3]. Laboratory diagnosis is mainly based on molecular biology using specific 43 RT-PCR systems to detect the virus in clinical samples [4],[5],[6]. However, during such pandemics, 44 strain isolation is important, as having the particle represents the key to all in vitro research, such as 45 drug susceptibility testing and vaccine development [7]. Furthermore, culture allows access to all 46 viral genomes since whole-genome sequencing techniques performed directly on samples have their 47 limitations in terms of sensitivity 48 . A first application of this strategy was used by our group to evaluate the risk of contagiousness of 49 patients for discharge from the infectious diseases ward [8]. However, the current co-culture strategy 50 is tedious and time consuming, especially due to the large number of samples to be cultured. An ideal 51 solution would be an automated system allowing the rapid screening and monitoring of co-cultures at 52 large scale. 53 In previous works, we developed a screening strategy based on high-content screening microscopy 54 (HCS) for the isolation of environmental giant viruses in amoeba and the strict intracellular 55 bacterium *Coxiella burnetii* [9],[10]. In this work, we used the same automated high-throughput 56 method and adapted it for SARS-CoV-2 isolation from clinical samples with the objective to discard 57 the negative co-cultures after one week and omit blind subcultures. Specific algorithms were applied 58 to detect cytopathic effects in co-cultures at high throughput, which eliminates the subjectivity related to manual observations by the laboratory personnel. This strategy exhibited a similar isolation 59 60 rate but a lower co-culture delay when compared to the classic technique routinely used for isolation, 61 as we were able to detect all positive co-cultures in one week.

An outbreak caused by a novel coronavirus (SARS-CoV-2) occurred in late December 2019 in

62 Methods

63 **1. Co-culture process for the developmental stage**

64 For protocol development, we used Vero E6 cells (ATCC CRL-1586) as cellular support and the locally isolated SARS-CoV-2 strain IHUMI-3. This viral strain was previously isolated in our lab 65 66 from a nasopharyngeal swab, as previously described [11]. The viral titer was calculated by the TCID50 method. Briefly, we cultured Vero E6 cells in black 96-well microplates with optical 67 bottoms (Nunc, Thermo Fischer) at a concentration of 2×10^5 cells/ml and a volume of 200 µl per 68 69 well in transparent MEM supplemented with 4% fetal calf serum and 1% glutamine. Plates were 70 incubated for 24 hours at 37°C in a 5% CO₂ atmosphere to allow cell adhesion. Infection was then 71 carried out with 50 µl of the viral stock suspension diluted up to 10⁻¹⁰. The plates were centrifuged for 1 hour at 700xg, and the total volume per well was adjusted to 250 µl with culture medium. 72 73 Uninfected cells were considered negative controls.

74

2. Detection process optimization

DNA staining was performed with NucBlue[™] Live ReadyProbes[™] reagent (Molecular Probes, Life
Technologies, USA). A concentration of 4 ng/ml was used (equivalent to 10 µl per well directly from
stock solution), and a different well was stained each day to avoid photobleaching and possible
cytotoxicity, as previously described [10].

79 Image acquisition and analysis were performed using the automated CellInsightTM CX7 High-80 Content Analysis Platform coupled with an automation system including an Orbitor[™] RS Microplate 81 mover and an incubator CytomatTM 2C-LIN (Thermo Scientific). The HCS Studio 3.1 software was 82 used to set up acquisition parameters using a 20x objective (0.45 NA) and to define image analysis. 83 Autofocus was performed on the fluorescence channel of the fluorescent probe NucBlue (386 nm). 84 This channel served as a primary mask for cell detection and identification. The regions of interest 85 (ROIs) were then identified on brightfield images as a Voronoi diagram derived from nuclear masks. 86 Cell debris were removed using area cutoffs. The entire well (80 fields per well) was screened on a daily basis, and data were extracted and analyzed in a dedicated application that we recently 87

88 developed in R Studio® for the detection of the intracellular bacteria, *Coxiella burnetii* [10]. We 89 optimized this application for the detection of cytopathic effects caused by COVID-19. 90 Briefly, a database consisting of negative (uninfected cells) and positive (infected cells) controls was 91 generated. The data were used to define specific features allowing the discrimination between the two 92 groups. The following features were selected: the average, total and variation of the nuclear 93 fluorescence intensity per cell, the nuclear area, the skewness of the brightfield intensity distribution, 94 the kurtosis of the brightfield intensity distribution and the total intensity of the brightfield within the 95 regions of interest (ObjectAvgIntenCh1, ObjectTotalIntenCh1, ObjectVarIntenCh1, ObjectAreaCh1, 96 ROI_SkewIntenCh3, ROI_KurtIntenCh3 and ROI_TotalIntenCh3 respectively). These parameters 97 were used to generate two clusters using the K-means clustering algorithm, and the percentage of 98 injured cells per well was calculated as previously described [10]. We then compared the percentage 99 of injured cells obtained to the total cell count in each well to detect cell lysis.

100

ratio = $\frac{\% \text{ injured cells}}{\text{Total cell count}}$

101

3. Large-scale co-culture of clinical samples

102 We applied this strategy for the detection of SARS-CoV-2 in 104 randomly chosen, anonymized 103 nasopharyngeal swab samples. Initial RT-PCR ranged from 12 Ct to 34 Ct in 72 samples, and 32 104 samples with negative initial PCR were used as negative controls. All samples except five were from 105 hospitalized patients. Sample preparation and co-culture were performed as previously described 106 [11]. Briefly, 500 µl of the sample was processed into a 0.22-µm centrifugal filter (Merck millipore, 107 Darmstadt, Germany) and was centrifuged at 12000xg for 5 minutes. Fifty microliters was then 108 inoculated on a monolayer of Vero E6 cells cultured in 96-well microplates. A negative control 109 consisting of uninfected cells and a positive control consisting of cells infected with a 10⁻⁴ dilution of 110 the IHUMI-3 strain were considered. A centrifugation step (700xg for 1 h) was performed to enhance 111 the entrance of the virus into the cells. Plates were then incubated at 37°C and monitored for 7 days

to search for cytopathic effects. In parallel, the same samples were processed using the classical
isolation strategy based on the manual observation of cytopathic effects under an inverted microscope
to validate our strategy [11],[8],[12]. For this strategy, co-cultures showing no cytopathic effects after
one week were sub-cultured at days 7 and 14 onto a fresh monolayer of cells for a complete
observation of three weeks.

117

4. Results validation by scanning electron microscopy and RT-PCR

118 Positive co-cultures were processed with both scanning electron microscopy (SEM) and RT-PCR 119 directly from culture supernatant to validate the presence of COVID-19 viral particles. Briefly, SEM 120 was performed using the SU5000 microscope (Hitachi High-Tech Corporation, Tokyo, Japan) 121 allowing a rapid observation in approximately 10 minutes without time-consuming sample 122 preparations [12]. The RT-PCR protocol was performed as previously described by Amrane et al., 123 targeting the E gene [13]. This RT-PCR was applied to wells showing a cytopathic effect to confirm 124 that this effect was due to SARS-CoV-2 and to negative wells to confirm that the lack of cytopathic 125 effect was not due to microscopically undetectable minimal viral growth.

126 **5. Stati**

5. Statistical analysis

The R Studio® and XLSTAT software programs were used to perform all statistical tests included in this paper. P values were calculated to search for significant differences between the positivity rates obtained on a daily basis of co-culture using the HCS and the classic isolation strategies. ROC curves were also calculated to determine a positivity threshold for strain isolation related to the initial viral load in the samples (initial RT-PCR results on the samples) for the two strategies. These evaluations were performed on all 104 nasopharyngeal swab samples tested in this work.

133 **6. Ethical statement**

According to the procedures of the French Commission for Data Protection (Commission Nationale
de l'Informatique et des Libertés), collected data were anonymized. The study was approved by the

136 local ethics committee of IHU (Institut Hospitalo-Universitaire) - Méditerranée Infection (No. 2020-

137 01).

138 Results

139

1. Cytopathic effects and cell lysis detection

140 Figure 1 presents the fluorescence and brightfield images acquired with the CX7 microscope at days 141 1 and 6 post infection, showing the early stages of infection of SARS-CoV-2 (Supplementary Fig. 1 -142 a, b) compared to advanced stages of infection and cell lysis (Supplementary Fig. 1 - g, h, i, j, k). 143 Typical cytopathic effects consist of an increasing nuclear fluorescence intensity of the NucBlue 144 fluorescent probe, in addition to nuclear fragmentation. These observations resulted in increases in 145 the average, total and variation intensity of the nucleus and a decrease in the nuclear area on the 146 fluorescence images. Additionally, infected cells become round and form aggregates, resulting in 147 increases in total intensity, skewness and kurtosis on the brightfield images. Finally, advanced stages 148 of infection are represented by cell lysis.

149

2. Automated detection results

150 The data extracted from the images were analyzed in the dedicated application in R Studio. The 151 database of negative and positive controls served as training data for the clustering algorithm, and a 152 baseline of 2 to 3% injured cells was predicted in the negative training data compared to a value of 50 153 to 55% injured cells in the positive training data. The percentage of injured cells in each condition 154 was predicted and then divided by the total cell count per well. This ratio allowed us to distinguish 155 positive wells, showing cytopathic effects or cell lysis, from the negative control wells consisting of 156 uninfected cells (Figure 1- a). Cytopathic effects were detectable up until the dilution 10⁻⁴ after 6 157 days of culture for the strain IHUMI-3 used in this study, which corresponds to the viral titer 158 obtained by TCID50.

159 Furthermore, the automation system allowed us to monitor co-culture on a daily basis without any160 intervention from the operators. The Momentum software was used to monitor the automation system

linked to the HCS microscope. A screening process was predefined, thus allowing the proper
incubation of the plates followed by the automated handling of the screening process at each
specified time point.

164 3. Screening of clinical samples with the new HCS and the classic isolation strategies 165 Among the panel of 104 samples processed on the CX7 microscope, 32 samples had a negative initial 166 PCR and were considered controls for the system's sensitivity; therefore, the corresponding co-167 cultures were negative. Among the remaining 72 samples, we managed to isolate the virus from 31 168 samples using our automated detection system. The detection delay ranged from 24 hours to 3 days 169 for most samples and was prolonged to 6 days for samples with low viral load. Figure 1-b shows 170 examples of co-culture results obtained with the automated detection system compared to the 171 negative (uninfected cells) and positive (cells infected with the viral strain IHUMI-3) controls. 172 Regarding the classic isolation strategy, 30 viral strains were isolated from the tested panel of 173 samples, and the 32 samples with negative initial PCR had negative culture results as well. The 174 majority of strains were recovered after four days of co-culture, and only a few were isolated at 175 earlier stages. Three strains out of 30 were recovered after subcultures, two in the second week and 176 one in the third week of co-culture.

A significantly higher percentage of positive samples was observed on a daily basis with the HCS
strategy (Figure 2). Moreover, the majority of positive samples were isolated by the third day of coculture using the HCS strategy, where 80% (25/31) positivity was obtained compared to only 26%
(8/30) with the classic strategy (p value<0.001).

To validate our results, positive co-cultures were processed for scanning electron microscopy to confirm the presence of viral particles. We detected viral particles in the supernatants of all samples that were detected as positive by the HCS strategy. Figure 3 shows an example of particle detection in culture supernatant by SEM. RT-PCR performed on all wells correlated with the results of the microscopy-based detection.

186 Then, we correlated the isolation rates obtained with both strategies to the initial viral load (RT-PCR 187 results) in each sample, and the results are shown in Figure 4. We obtained similar isolation rates 188 with the HCS isolation strategy and with the classic strategy. Moreover, we observed that most of the 189 strains were recovered from samples with an initial viral load lower than 30 Ct with both strategies, 190 and in most cases, isolation failed from samples with higher Ct values. Therefore, we calculated the 191 positivity threshold of the isolation rate compared to the initial viral load in the samples using an 192 ROC curve, and we obtained a similar positivity threshold of 27 Ct for both isolation strategies 193 (Figure 5).

194 **Discussion**

195 In this work, we were able to co-culture a large amount of clinical samples and monitor them with a 196 fully automated system, which reduced the workload and time required from laboratory technicians. 197 Similar isolation rates were obtained with both isolation strategies, which validated the efficiency of 198 our new automated system. Moreover, this isolation rate was obtained in one week with the HCS 199 strategy without any further subcultures, contrary to the classic technique with weekly subcultures for 200 a total incubation time of three weeks. The main advantage of this technique relies in the automation, 201 as it limits the risks of exposure or contamination of the personnel, since plate monitoring and data 202 analysis can be carried out from a distance, thus avoiding direct contact and manual observations of 203 co-cultures. Furthermore, since the loss of virus cultivability in samples allows us to consider the 204 patients at low risk of contamination, it therefore helps in the decision making to discharge them 205 from the infectious diseases wards [8]. The use of the HCS isolation strategy allowed us to answer 206 this question in one week. This is especially critical at the beginning of an epidemic or when PCR 207 detection systems have to be modified. Moreover, several studies showed that assessing the duration 208 of SARS-CoV-2 infectivity is based on viral cell culture or secondary infection rates 209 [12],[14],[15],[16],[17],[18],[19]. Therefore, our automated isolation system allows answering this 210 question faster than any other tool, and viral infectivity can be assessed several times during the

211 outbreak to search for modifications, such as reduced transmissibility or effect of antiviral therapy. 212 Furthermore, the greater the number of strains isolated, the better the understanding of the genetic 213 diversity of this virus, especially since genome sequencing directly from samples is limited to the 214 viral load, and a very poor genome assembly is obtained when the viral load is greater than 19 Ct 215 [20],[19]. Subsequently, developing an automated viral isolation technique was necessary to 216 overcome the subjective and time-consuming manual microscopic observations. This new strategy is 217 therefore applicable during the current crisis to recover strains from suspected samples in a safe and 218 rapid way. Further work is underway to apply this technique for the large-scale drug susceptibility 219 testing of SARS-CoV-2 strains isolated from patients. Finally, the algorithms used here could be 220 adapted and applied for the detection and isolation of other viruses from clinical samples in cases of 221 known and emerging viral diseases. 222 **Transparency declaration** 223 Authors would like to declare that Didier Raoult is a consultant for Hitachi High-Tech Corporation. 224 **Author Contributions** 225 JYBK and BLS conceived the project. RF and JYBK developed the HCS methodology. RF, MLB, PJ 226 and CG conducted the experiments. RF and JYBK conducted the analysis. RF, DR, JYBK and BLS 227 wrote the manuscript. 228 Funding 229 This work was supported by a grant from the French State managed by the National Research 230 Agency under the "Investissements d'avenir (Investments for the Future)" program under the 231 reference ANR-10-IAHU-03 (Méditerranée Infection) and by the Région Provence-Alpes-Côte-232 d'Azur and the European funding FEDER PRIMI. 233 Acknowledgments 234 We sincerely thank Takashi Irie, Kyoko Imai, Shigeki Matsubara, Taku Sakazume, Toshihide

235 Agemura, Yusuke Ominami, Hisada Akiko and the Hitachi team in Japan Hitachi High-Tech

- 236 Corporation (Toranomon Hills Business Tower, 1-17-1 Toranomon, Minato-ku, Tokyo 105-6409,
- 237 Japan) for the collaborative study conducted together with IHU Méditerranée Infection, and for the
- 238 installation of a SU5000 microscope at the IHU Méditerranée Infection facility.

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303 Figure legends

Figure 1: Automated detection of SARS-CoV-2 in co-culture. (a) Ratio of the percentage of injured

305 cells on the total cell count of SARS-CoV-2-infected cells at different concentrations compared to the

- negative control over a period of 6 days. (b) Ratio of the percentage of injured cells on the total cell
- 307 count of 10 clinical samples with different initial viral loads over a period of 6 days. Initial viral
- 308 loads were negative in S1 and S2, 32 Ct in S3, 30 Ct in S4, 29 Ct in S5, 28 Ct in S6, 23 Ct in S7, 22
- 309 Ct in S8, 16 Ct in S9 and 15 Ct in S10.

310 Figure 2: Cumulative percentage of isolated strains per day using the classic and the new HCS

- 311 isolation strategies for samples detected as positive in co-culture. Figure 3: SEM images obtained
- 312 with the SU5000 microscope showing SARS-CoV-2 particles isolated from clinical samples (white
- 313 arrows). Acquisition settings and scale bars are generated on the original micrographs.
- 314 Figure 4: Isolation rate of SARS-CoV-2 from nasopharyngeal samples according to initial Ct values
- 315 in samples using the classic and the new HCS isolation strategies (40 Ct represents the samples with
- a negative initial PCR). Note that the curves are overlapping before 28 Ct, showing similar isolation
- 317 rates for both strategies.
- 318 Figure 5: Receiver operating characteristic (ROC) curves and positivity threshold analysis for
- 319 positive samples detected by the classic (a) and the HCS (b) isolation strategies.





■ Classique co-culture ■ HCS co-culture



1.00μm



