

How useful is serology for COVID-19?

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1	How useful is serology for COVID-19?
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A paper in this journal, reports on the different sero-epidemiological studies carried out 12 around the world for SARS-CoV-2¹. This study helps to put into perspective the potential 13 interest of serology in SARS-CoV-2 infection. The first question was, according to 14 15 serological techniques, is it possible to identify positive serologies in patients sampled in 2019, before the epidemic? The answer is yes⁸. Depending on the different serological 16 techniques used, cross-reactions may be observed, particularly in children, which could 17 explain why SARS-CoV-2is to date the only respiratory viral disease that does not affect 18 19 children ^{2;3}. Indeed, in most cases, children are the most affected by respiratory viral infections, this situation is reversed for SARS-CoV-2 for reasons that are not clear at this 20 21 time. The second major interest that these serological studies could have, would be to confirm a posteriori that patients who were included in studies based on purely clinical criteria were 22 actually infected with SARS-CoV-2. Indeed, several studies, including the Recovery study in 23 England and that of Skipper et al. ^{4,5}, have included in their evaluation patients who had not 24 25 been tested, or tested negative, at the time of inclusion. Performing serology retrospectively, as in one recent study for example ⁶, ensures that the patients included were indeed affected 26 27 with SARS-CoV-2. A recent study conducted in France, shows that the predictive value of the clinical diagnosis of SARS-CoV-2 in patients who were subsequently serologically tested for 28 SARS-CoV-2 is less than 50% ⁷. This means that studies in which there was no diagnostic test 29 to confirm the diagnosis included at least 50% of people who were not infected with SARS-30 CoV-2. This also depends on the sensitivity of the serological test. This makes series without 31 a diagnostic test hard to interpret. Seroprevalence studies help to evaluate the extension of 32 33 epidemics. Incidences based on samples tested by PCR from one area to another have not provided a complete epidemiological picture of the spread and lethality of the disease. In 34 35 Marseilles, we have systematically tested all symptomatic and non-symptomatic people since February 2020 ⁸ and have tested 10% of the whole population. We were therefore able to 36

evaluate the percentage of positive people in the initial epidemic (incidence), at 8%. We had 37 38 also samples of peoples from three other regions in France: the Ile de France (which includes Paris), the Grand Est, and the New Aquitaine regions. The incidence rates among patients 39 tested in these regions by PCR (unpublished data) surprisingly give a result exactly 40 superimposable to that of seroprevalence in the whole population of these areas, with 8% for 41 Marseille area (Etablissement Français du Sang, France, unpublished data), 10% for Ile de 42 France, 9% for Grand Est and 3% for Aguitaine³. The extent of population seroprevalence in a 43 region or country will provide a sense of the importance of social control measures such as 44 lockdown, the use of masks, or generalized testing. Moreover, it may allow clarifying the 45 lethality in our area independently of the qPCR testing capacity during the outbreak. In the 46 work carried out in this field, particularly in Italy ⁹ and Spain ¹⁰, it has been shown that 47 persons confined in house, when not tested for putative contagiosity, have more often been 48 49 positive than working unconfined persons. This is counter-intuitive, as the consequence that SARS-CoV-2 carriers have not been detected. This raises the question of the value of the 50 lockdown of families when asymptomatic carriers are not detected. Seroprevalence is also a 51 very good evaluation of the prevention measures of the health care staff. In general, the 52 measurement of seroprevalence in Spain ¹⁰ and Italy ⁹ showed much higher prevalence of the 53 54 health care personnel, indicating a weakness in prevention measures as well as their high risk. In Marseilles, the percentage of positive test results among health care staff in direct contact 55 remained very low in may 2020, at 3.5% ¹¹, due to the importance of the protective measures 56 deployed. As a matter of fact, we had to import protective artefacts directly from China, as no 57 stock was available in France. All in all, this work opens the door to a more general reflection 58 on the conduct of epidemiological studies in order to refine the consequences of social or 59 protective measures in the spread of the virus in a given site. 60

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