

### Japanese Shakuhachi Honkyoku: Its Characteristics and their Implications for its Analysis and Representation

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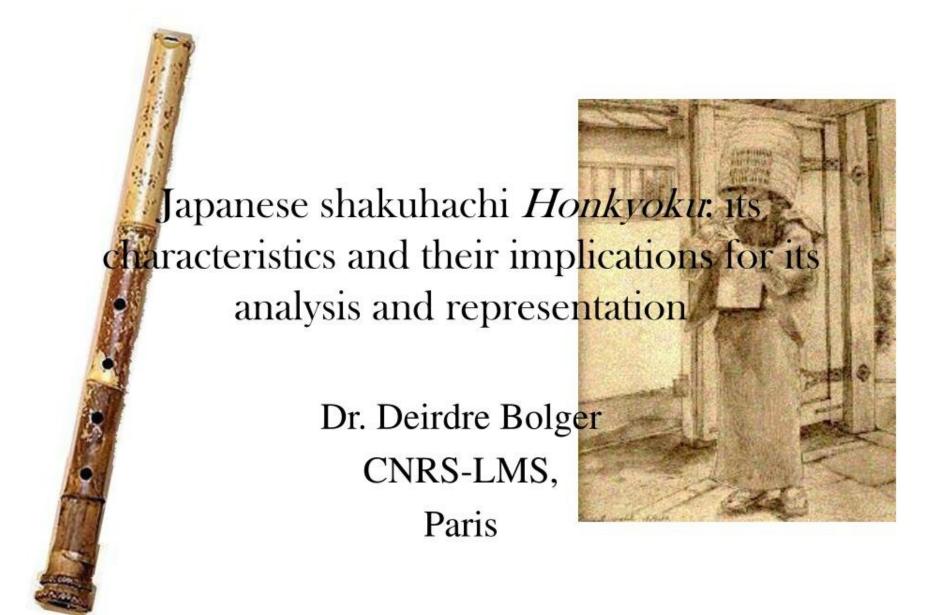
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### Shakuhachi Honkyoku: A little history

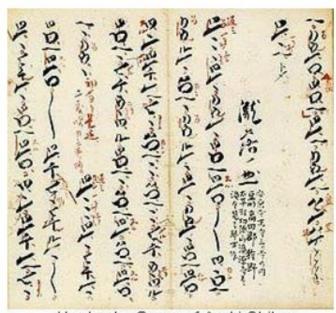
- Honkyoku or "Zen Music": a tradition of wandering monks called Komusō since Muromachi period (1338-1573AD).
- Honkyoku is the religious tradition of shakuhachi music
- Komusō used shakuhachi as religious tool (shugyo).
- During the 18<sup>th</sup> century a komusō called Kinko Kurosawa was commissioned to collect Honkyoku pieces. He spent 3 years collecting and revising 36 honkyoku pieces which still exist today.



### Shakuhachi Honkyoku: general features

- Shakuhachi used as a meditative tool, thus physical act of playing is most significant.
- Solo, personal performance, originally not intended for public performance.
- Monophonic.
- Breathing patterns of player are a very important structural force.
- Arrhythmic, giving a sense of timelessness.
- Uses a tablature notation.
- Originated from an oral tradition.





Honkyoku Score of Araki Chikuo

### Shakuhachi: Physical Characteristics

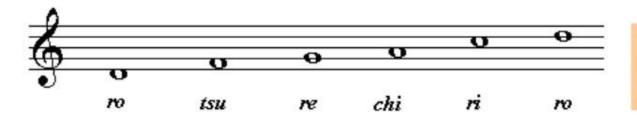
- Term shakuhachi specifies the length of the standard instrument→ shaku (1 foot) and hachi (18 Japanese inches)
- Vertical, end-blown, bamboo flute with 5 finger holes: 4 front and 1 back.
- Has a notched embouchure.
- Rugged exterior is representative of Japanese aesthetic of sabi, something old, faded and endowed with natural ruggedness.





## Shakuhachi: Sound Characteristics

- Range of 2 octaves and 4<sup>th</sup> (standard).
- Tuned to pentatonic scale, no half steps.
- A fairly narrow dynamic range.
- Characteristically breathy sound.
- Wide tone-quality range: very mellow to nasal.



Basic pentatonic scale of standard shakuhachi in katakana names.

### Shakuhachi: timbre characteristics

- Tone-colour or ne-iro: traditionally considered a most important quality of shakuhachi.
- The shakuhachi is capable of producing a wide range of timbres.
- Characteristic breathy sound; use of soto-buki blowing style.
- Two main sounds produced in honkyoku performance:
  - Kari: big or main sound.
  - Meri: less stable, subordinate sound.

Japanese	English	
akarusa	brightness	
kurasa	darkness	
fukami	depth	
marumi	roundness	
asasa	shallowness	
amasa	sweetness	
sunda-neiro	clarity	
ochitsuita	stable	
wabi/sabi	Loneliness of sound	
shibumi	subdued	

Characterising the shakuhachi sound

# Shakuhachi Honkyoku: structural features

### Principles of performance:

"Maximum effect from the minimum of sound materials."

"...to become Buddha in a single tone..."

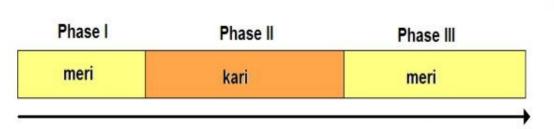
"...there is a deep-seated attitude towards realization of a self-sufficient musical world within the scope of a single sound."

(Tsuge, 1981: p110)

- Tone-cells lasting the length of one breath→ also called issokuon or "one breath tones".
- Tone-cells separated by distinct pauses for breath.
- Length of pauses varies according to discretion of the musician.
- Rhythmically very free.
- Constant state of change in both pitch and tone-quality.

### Shakuhachi Honkyoku: tone-cell features

- Vary in duration.
- Can last up 10 seconds,
- · Length depends on the breathing ability of the musician.
- Composed of one sustained tone or several tones.
- Tri-partite structure (Gutzwiller and Bennett, 1991):
  - changes in pitch, dynamics and tone-quality produced through use of meri and kari sounds.
- Meri: lowering of pitch, softer sound and less stable pitch, duller tone-quality
- Kari: strong stable pitch and brighter, clearer tone-quality.





"Koku-reibo" tonecell by T. Fuduka.



"Koku-reibo" tonecells by K. Kitahara

tone-cell evolution over time, t

## Shakuhachi Honkyoku tone-cells: "Kokû-reibo"

- Kokû: vacuity, sunyata.
- One of the "San Kyorei": 3 most venerated honkyoku melodies
- Dates back to 16<sup>th</sup> century
- Sustained notes→ sense of timelessness.

Recurrent ascending motif.



Section from "Kokû" by Kozan Kitahara.



Section from "Kokû" by Tadjima Tadashi.

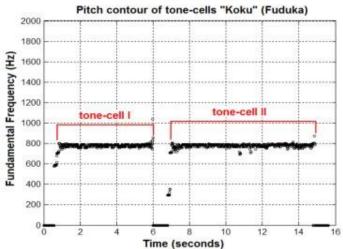


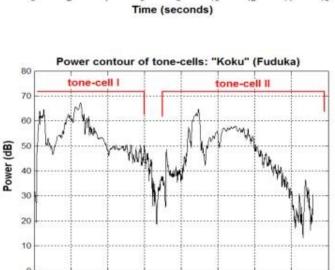
Section from "Kokû" by Teruhisa Fukuda



o tsu re

# Tone-cell structure: pitch and dynamics

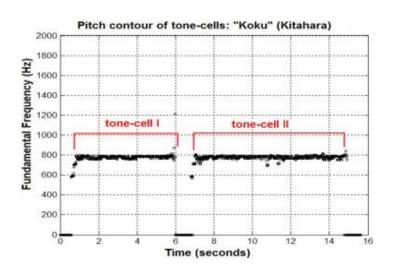


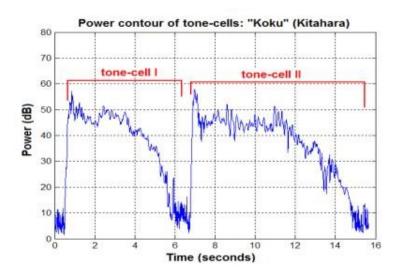


Time (seconds)

12

16





## Tone-cell structure: timbre

- Many possible tone-quality, ne-iro or timbre descriptions its important in shakuhachi music
- Shakuhachi can produce many different qualities of tone
  the possible use of timbre to structure the melody.
- The meri and kari tones → changes in timbre due to simultaneous changes in pitch and dynamics



Timbre as a contributor to the melodic structure.



### Timbre is...

- "...the quality of sound that is not loudness and pitch." (American Standards Association)
- Enables one to distinguish different musical instruments playing the same note.
- A sound phenomenon separate from frequency, amplitude and duration but existing due their interaction.
- The distinctive quality that differentiates one complex sound from another of identical pitch and loudness.

# Analysing timbre

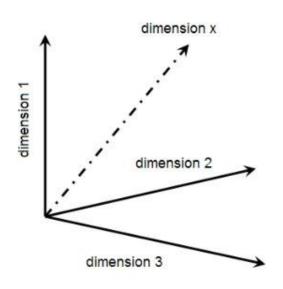
- Pitch→ frequency scale
- Dynamics→ energy scale
- Rhythm→ relative duration (time)
- Timbre 

   ...spectral and temporal aspects of sound...
- Many ways of measuring timbre.

### Therefore...

 Timbre is described as multidimensional.

#### Multidimensional timbre space

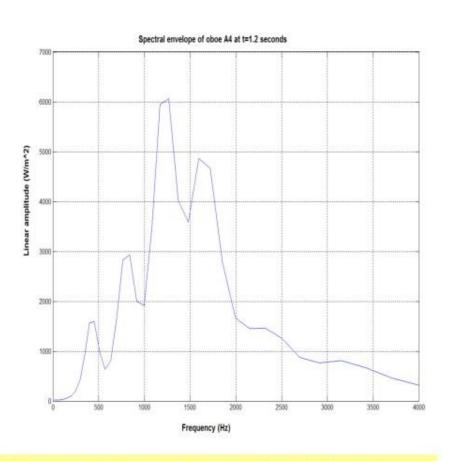


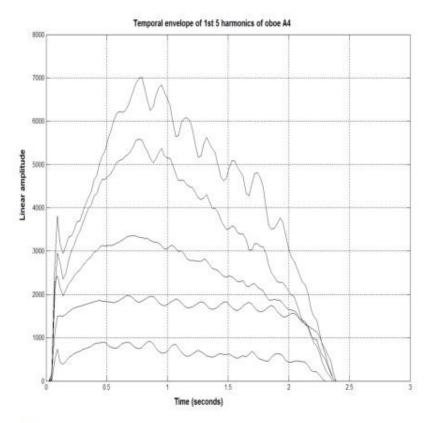
# Spectral and temporal descriptions of timbre

- Spectral descriptions of timbre → frequency and energy information in the spectrum.
- Temporal descriptions of timbre 
   the evolution of the energy of the spectrum over time.

- Spectral descriptions → sustained sounds.
- Temporal descriptions → impulsive sounds, speech

# Spectral and temporal features of sound





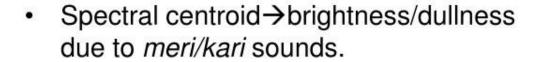
Changes in frequency spectral at time t.

Changes over time (all values of t)

Name	Туре	Physical Correlate	Perceptual Correlate	Description
Spectral centroid	Spectral	Energy concentration in low/high spectral area	Brightness/ Dullness	Balance of energy in spectrum.
Irregularity	Spectral	Fluctuating energy between adjacent partials	Richness	Amplitude variation of adjacent components.
Roughness	Spectral	Beating of overlapping partials	Harshness/ Smoothness	Inharmonic and noise components in spectrum.
Harmonicity	Spectral	Harmonic/ Inharmonic	Cohesive/ Diffuse	Ratio of harmonic to inharmonic spectral components.
Attack/ Decay times	Temporal	Slope of attack and decay	Instrument identification	Time taken to reach max. amp from 0 (attack).

## Exploring tone-cell structure: timbre

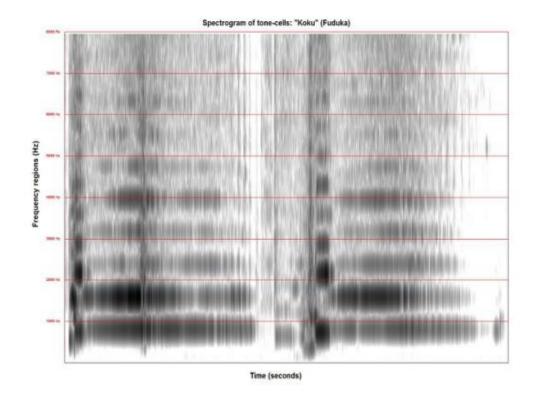
- · Four timbre descriptors:
  - Spectral centroid
  - Irregularity
  - Roughness
  - Harmonicity

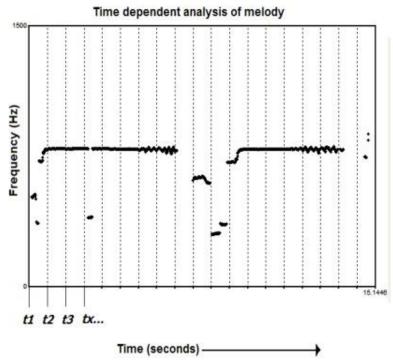




- Irregularity→ effect of meri/kari sounds on energy distribution in spectrum.
- Roughness→ characteristic noise.
- Harmonicity > noise and harmonic characteristic of spectrum.

Measured and presented over time, t (seconds).





Spectrogram of tone-cells: "Kokû" by Fukuda

Not analysed as individual notes

# Tripartite tone-cell structure: timbre

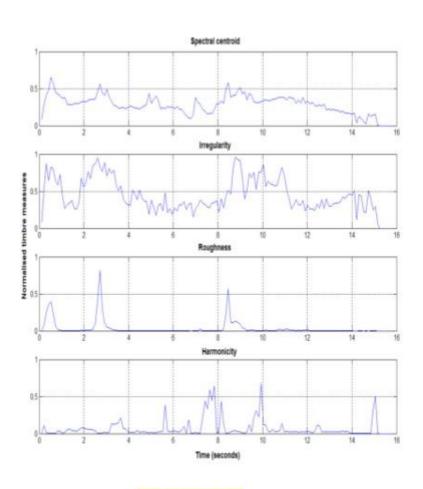
### According to Gutzwiller and Bennet (1991):

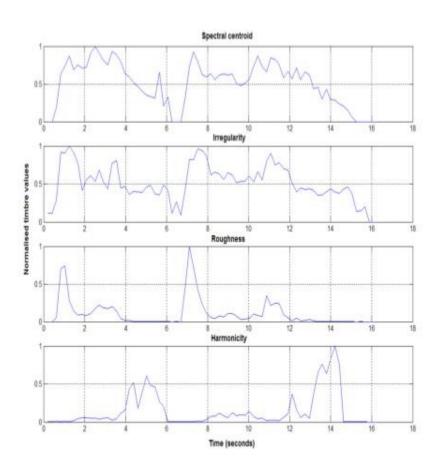
- meri-kari-meri structure→ tone-cell timbre shows tripartite structure.
- Phase 1 Phase 2:
  - ➤ increase in brightness → increase in spectral centroid?
  - ➤ Increased stability of sound → decrease in roughness? increase in harmonicity?

### But..

- > Forcing of more air into shakuhachi- kari or main sound
- → may be increase in roughness.

## Timbre description of "Kokû" tone-cells





**Fukuda** 

Kitahara

# Analysing shakuhachi honkyoku: summary

- Melodic musical tradition→ does not use harmonic pitch relations as main structuring force.
- Analysis of pitch alone not sufficient.
- Meri-kari-meri structure of tone-cells→ timbre and dynamics also significant.
- Cannot be analysed as single notes→ analysed over a chosen time interval.
- Background in oral tradition→ differences in performances of same tunes→ need to compare many versions.





