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## **No fitness cost entailed by type VI secretion system synthesis, assembly, contraction, or disassembly in enteroaggregative**  *Escherichia coli*

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**ABSTRACT** Polymicrobial communities are shaped by beneficial and antagonistic interactions between the different species. One of the key players for competition is the type VI secretion system, a large multiprotein complex that assembles a contractile tail-like structure spanning the entire cytoplasm. This contractile tail is comprised of an inner tube tipped by a puncturing complex and wrapped by a sheath that polymerizes under an extended conformation. Contraction of the sheath propels the needle-like tube complex toward the target cell where it delivers effectors. The ClpV AAA<sup>+</sup> ATPase is then recruited to the contracted sheath and uses the energy of ATP hydrolysis for its disassembly. Due to the size of the apparatus and its mechanism of disassembly, it is thought that the T6SS mechanism of action is costly for the cell, and hence can significantly impact its fitness. By using enteroaggregative *Escherichia coli* strains in which the T6SS is arrested at different stages of its mechanism of action, we show here that there is no significant cost associated with T6SS synthesis, assembly, contraction, or disassembly *in vitro*.

**IMPORTANCE** Bacteria use weapons to deliver effectors into target cells. One of these weapons, the type VI secretion system (T6SS), assembles a contractile tail acting as a spring to propel a toxin-loaded needle. Due to its size and mechanism of action, the T6SS was intuitively thought to be energetically costly. Here, using a combination of mutants and growth measurements in liquid medium, on plates, and in competition experiments, we show that the T6SS does not entail a growth cost to enteroaggregative *Escherichia coli*.

**KEYWORDS** growth, cost, energy, ATP, protein transport, secretion system, contraction, toxin delivery, bacterial competition

B acteria do not live alone but rather form mixed communities in which they may deploy cooperative or aggressive behaviors/strategies (1–3). Competition occurs in deploy cooperative or aggressive behaviors/strategies (1–3). Competition occurs in all environments but is better studied in the case of pathogenesis, where the resident microbiota of the host competes with invading pathogens, a phenomenon known as colonization resistance (4–6). However, pathogens evolved mechanisms to overcome colonization resistance and to establish themselves in the desired environment (7). Bacterial competition can result from exploitation or interference. While the exploitation strategy is based on the exclusion of bacterial rivals from resource availability, the interference strategy relies on a direct growth inhibition of competitors, notably through the action of antimicrobial molecules (8, 9). Interference competition depends on contact-dependent or -independent mechanisms. Contact-independent competition does not require contact between the two competitor cells but rather acts at distance by secreting soluble and diffusible molecules, peptides, or proteins, such as

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antibiotics, polyketides, lantibiotics, or bacteriocins (10–12). In contrast, contact-dependent mechanisms need intimate and sometimes prolonged contact between the attacker cell and its target to transfer antimicrobials. Delivery of these antimicrobials (usually proteinaceous toxins) requires dedicated machineries such as the type IV (T4SS), type 5b (T5bSS), type VI (T6SS), and type VII (T7SS) secretion systems (13–18). The synthesis, biogenesis, and mechanism of action of these machineries can be energetically costly and may constitute an obstacle to efficient competition. An energetic cost has been proposed in the case of the T6SS, which assembles a long structure that spans the entire cell body width (19–21). The T6SS belongs to the broad family of contractile injection systems that use a spring-like mechanism to propel an effector-loaded needle toward target cells (22–25). The T6SS is widespread in Gram-negative bacteria and notably in Pseudomonadata and Bacteroidata (26–28). The T6SS is comprised of two main complexes: the membrane complex (MC) and the phage-like tail contractile structure. In most Pseudomonadata, the MC)is constituted of the TssJ-L-M proteins in a 15:10:10 stoichiometry that assembles a cell envelope-spanning channel-like structure (29–32). This MC serves as a docking station for the tail (33–35). The tail is constituted of the baseplate (BP), the assembly platform for the tubular contractile tube/sheath structure. The BP is composed of six wedges comprised of TssEFGK of 1:2:1:6 stoichiometry, arranged around the trimeric VgrG spike that is sharpened by PAAR (36–39). The tail tube/sheath complex is composed of the inner tube made of stacked Hcp hexameric rings wrapped by the sheath made of TssBC complexes (19). The tail tube/sheath complex, which requires  $\sim$ 720 copies of each tube and sheath protein in enteroaggregative *Escherichia coli* (EAEC), is assembled into a metastable extended conformation that stores energy for the contraction (20, 25). Contraction of the sheath propels the tube and spike loaded with effectors toward the target cell (19, 20). The strength of the contraction and the sharpness of the deployed spike are thought to puncture the target cell membrane to directly deliver the effectors inside the target (20, 24). After contraction, the contracted sheath recruits the ClpV ATPase, which uses ATP to disaggregate and disassemble sheath subunits (40–42). Due to its large number of subunits (the T6SS is assembled from about 2,300 polypeptides), its large structure spanning the cytoplasm, and its ATP-dependent disassembly, it has been proposed that the T6SS is energetically costly (20, 43, 44). Indeed, a recent work showed that the *Campylobacter jejuni* T6SS activity induces a cost in environmental stress conditions that can result in the extinction of T6SS<sup>+</sup> cells (45). However, recent studies showed that it is unlikely the case in *Bacteroides fragilis*, *Vibrio cholerae,* and *V. fischerii* (46–48). Here, using strains in which the T6SS is arrested at different stages of its mechanism of action, we show that there is no significant cost associated with T6SS synthesis, assembly, contraction, or disassembly in EAEC.

#### **RESULTS**

To determine whether the different stages of the T6SS mechanism of action induce a measurable cost, we engineered four different strains from the parental EAEC wild-type (WT) reference strain 17–2 (Fig. 1). Strain Δ*sci1* carries a deletion of the entire T6SS gene cluster and hence does not express nor produce the T6SS. Strain Δ*tssJ* carries a deletion of the *tssJ* gene, which is the penultimate gene of the T6SS cluster in EAEC (Fig. 1A), encoding the first protein to be recruited during T6SS biogenesis (31). In addition, TssJ is a minor but essential core-component of the T6SS, with only 15 copies per T6SS (32, 49). This strain, therefore, expresses T6SS genes, produces the T6SS subunits, but is unable to assemble the apparatus. Strain *tssB-N3* carries a 3-codon insertion in the *tssB* gene, yielding a TssB variant protein assembling the sheath under the extended conformation but unable to contract (50, 51). In this strain, the T6SS is expressed, produced, assembled, but the sheath does not contract. Finally, strain Δ*clpV* carries a deletion of the *clpV*  gene encoding the AAA<sup>+</sup> ATPase responsible for the disassembly of the contracted sheath (40–42, 52–54). In this strain, the T6SS is expressed, produced, assembled but the sheath is not disassembled after contraction. Taken together, these strains may



#### $\mathsf C$



**FIG 1** EAEC mutant strains used in this work. (A) Schematic representation of the EAEC *sci1* T6SS gene cluster. Genes encoding T6SS subunits and effector/unknown proteins are shown in color and white, respectively. The genes corresponding to the mutants used in this work are indicated. (B) Schematic representation of the different stages of the T6SS mechanism of action: synthesis of the T6SS components, assembly, sheath contraction, and disassembly. The stages in which T6SS biogenesis are arrested in the different mutant strains are indicated. (C) Phenotypes of the indicated strains regarding expression/production, assembly, contraction, and disassembly of the T6SS (– and red highlighting, no; +and green highlighting, yes).

provide information on the cost for T6SS subunit production, T6SS biogenesis, sheath contraction, and disassembly. None of the Δ*tssJ*, *tssB-N3,* and Δ*clpV* strains was impacted in terms of T6SS gene expression and production, as shown by qRT-PCR analyses of *tssK*, *vgrG,* and *tagA* genes (Fig. S1A) and semi-quantitative immunodetection of the Hcp protein (Fig. S1B). All the expected phenotypes of these strains were confirmed by recording sheath number and dynamics after insertion of a fluorescent reporter on

the TssB sheath subunit (Fig. S2). The fluorescence signal was diffuse in the Δ*tssJ* strain, whereas contraction and disassembly of the sheaths were abolished in *tssB-N3* and Δ*clpV*  cells, respectively (Fig. S2).

We first measured the generation times of the different strains cultivated at 37°C in SIM medium, a synthetic minimal medium with low iron in which the EAEC T6SS is expressed (55). The 15-h growth curves of the different strains were superimposable (Fig. 2A), yielding comparable doubling times (Fig. 2B). This result suggests that the T6SS does not incur a cost to the producing bacteria. However, the SIM medium does not fully recapitulate the physiological conditions found in the colon in terms of the presence of



**FIG 2** T6SS mutations do not impact growth in liquid culture. (A) 15-h growth curves of the wild-type (WT) strain and the indicated isogenic mutants grown in SIM medium are shown on the same graph. The values represent the average and standard deviation from 12 measures (3 biological replicates, 4 independent measures/replicate). (B) Box-and-whisker representation of the growth rates of the WT strain and its isogenic mutants in SIM medium (horizontal bar, median value; lower and upper boundaries of the box plot, 25% and 75% percentiles, respectively; whiskers, 10%, and 90% percentiles). The independent raw values are shown as circles.

bile salts (0.5%–2%; 56), osmolarity (0.4–1.3 M of sorbitol; 57), oxidative stress (0.1 mM of H2O2, 58), or pH (pH 6; 59). No differences between the 17–2 strain and its isogenic Δ*sci1*  mutant were also noted when the strains were grown in the presence of 1% of bile salts, 0.8 M of sorbitol, 0.1 mM of H<sub>2</sub>O<sub>2</sub>, at pH 6, or with a combination of these four stresses (Fig. S3).

However, while produced in these conditions, the EAEC T6SS is not fully activated as it has been established that T6SS is firing on solid conditions (60). We thus repeated the experiments with the same strains grown on solid SIM agar plates. Cell cultures were spotted on filter disks placed on agar. Disks were harvested at regular intervals, cells resuspended in SIM, and the optical density measured at  $\lambda = 600$  nM. Here again, the growth of the different strains was very similar (Fig. 3A), with no statistical differences (Fig. 3B). It is noteworthy that, as expected, the generation time on solid medium (0.73  $h^{-1}$ ) is significantly lower compared to the liquid conditions (0.89  $h^{-1}$ ).

To better compare the growth of mutant strains with that of the parental WT strain, a 17–2 strain deleted of the *lacZ* gene was used in *in vitro* challenge experiments. In addition, to avoid intoxication of Δ*sci1* cells by WT cells due to the delivery of the Tle1 toxin encoded within the cluster (61), the Δ*sci1* strain was transformed with a low-copy vector expressing the Tle1 immunity, Tli1. The 17–2 Δ*lacZ* and Δ*sci1* pTli1 strains presented identical growth curves and generation times compared to the WT strain, both in liquid and solid. Indeed, challenge experiments between the WT and the Δ*lacZ*  strains demonstrated they grow identically (Fig. 4A) and presented a competitive index of 1.02 ± 0.07 after a 96-h co-culture (Fig. 4B). Co-culture of the Δ*lacZ* strain with the four isogenic T6SS mutants showed a competitive index close to one for all combinations (Δ*sci1* pTli1, 0.99 ± 0.05; Δ*tssJ*, 1.03 ± 0.06; *tssB-N3*, 1 ± 0.04; Δ*clpV* 0.99 ± 0.06) (Fig. 4B), reflecting the observation that the initial ratio between the Δ*lacZ* and the mutant strains did not significantly vary for 96 h (Fig. 4A). Here again, no differences between the 17 and 2 strain and its isogenic Δ*sci1* mutant were observed when the strains were grown in the presence of 1% of bile salts, 0.8 M of sorbitol, 0.1 mM of  $H_2O_2$ , at pH 6, or with a combination of these four stresses (Fig. S4). Taken together, these results demonstrate that production, assembly, contraction, and disassembly of the T6SS do not entail a significant fitness cost to EAEC in laboratory conditions in which the T6SS is active, or in conditions mimicking the host environment.

#### **DISCUSSION**

By using various mutant strains arrested at different stages of T6SS biogenesis and mechanism of action, we show here that the synthesis, assembly, sheath contraction, and disassembly of the T6SS do not incur a measurable energetic cost to EAEC. This conclusion is similar to what has been recently observed in *Vibrio cholerae* (48) and *Bacteroides fragilis* (46), while another study suggested that no fitness cost is associated with fastgrowing exponential-phase *Vibrio fischeri* cells but that the T6SS entails a cost in stationary phase (47). By contrast, it was shown that the growth of *Campylobacter jejuni*  T6SS<sup>+</sup> cells was significantly impaired compared to that of T6SS<sup>-</sup> cells when cultured in the presence of bile salts, a medium that mimics the *in vivo* conditions (45). This could be due to the assembly of the T6SS MC that may alter the envelope permeability barrier, hence increasing the entry of toxic compounds, rather than the cost of the T6SS *per se*. In our conditions, we did not observe any impact of the presence of physiological levels of bile salts, or of osmolarity, oxidative, and pH conditions mimicking the human colon on the growth of EAEC T6SS<sup>+</sup> and T6SS<sup>-</sup> cells. Nevertheless, all these studies have been performed *in vitro*, and one may expect the *in vivo* conditions to be significantly different. Indeed, in *in vivo* conditions, T6SS<sup>+</sup> cells are in contact with other bacterial species, including T6SS- species, T6SS-resistant strains, and T6SS-armed competitors using a titfor-tat response, which may lead to a rock/scissor/paper-like dynamics. Using a T6SS could not be advantageous for a bacterium *in vivo* or in the host and may thus depend on the composition of the microbial community or of the ecosystem (46, 62). Several studies have shown that the T6SS provides a significant advantage for colonization in



**FIG 3** T6SS mutations do not impact growth on solid agar. (A) 24-h growth curves of the wild-type (WT) strain and the indicated isogenic mutants grown on SIM agar plates are shown on the same graph. The values represent the average and standard deviation from nine measures (three biological replicates, three independent measures/replicates). (B) Box-andwhisker representation of the growth rates of the WT strain and its isogenic mutants on SIM agar plates (horizontal bar, median value; lower and upper boundaries of the box plot, 25% and 75% percentiles, respectively; whiskers, 10% and 90% percentiles). The independent raw values are shown as circles.

experimental host models, notably for *Salmonella enterica* Typhimurium, *Shigella sonnei*, *Bacteroides fragilis*, *Vibrio cholerae,* and *Klebsiella pneumoniae* (63–70). However, it is not yet known how the T6SS impacts the persistence in long-term experiments. Robitaille et al. recently showed an evolutionary loss of the T6SS in *B. fragilis in vivo*, suggesting that the T6SS entails a cost in the presence of resistant strains, whereas T6SS<sup>+</sup> cells offset the cost paid for T6SS in the presence of sensitive cells (46). By contrast, the presence of T6SS in most Bacteroidota and Pseudomonadata species, particularly those recently isolated,



**FIG 4** T6SS mutants do not outcompete the wild-type strain. (A) Variation of the ratio of the indicated strain and 17–2Δ*lacZ*  over time. The values represent the average and standard deviation from 12 measures (4 biological replicates, 3 independent measures/replicates). (B) Competitive index (indicated strain/Δ*lacZ* ratio after 96 h of co-culture divided by the initial indicated strain/Δ*lacZ* ratio). The values represent the average and standard deviation from 12 measures (4 biological replicates, 3 independent measures/replicate).

suggests that a selective pressure maintains T6SS genes, highlighting its importance in polymicrobial environments.

Given that cryo-tomography and fluorescence microscopy recordings showed that the T6SS assembles a spectacular tail structure that traverses the cytoplasm (19, 21), it was expected to be energetically costly (20, 43, 44). This work and the studies in *Vibrio* and *Bacteroides,* however, contradict this postulate. Indeed, a T6SS with a stoichiometry of TssJ<sub>15</sub>-TssL<sub>10</sub>-TssM<sub>10</sub>-TssG<sub>6</sub>-TssF<sub>12</sub>-TssE<sub>6</sub>-TssK<sub>36</sub>-VgrG<sub>3</sub>-PAAR-Hcp<sub>720</sub>-TssB720-TssC720-TssA12 represents about 2,300 polypeptides, which is far lower than the  $3-10 \times 10^6$  estimation for the total number of proteins in a single *E. coli* cell (71), suggesting that synthesis of a T6SS does not have a significant metabolic cost. A rapid calculation of the number of ATP molecules required for synthesis, assembly, and disassembly of a T6SS is also in agreement with the experimental data. Assuming the necessity of five ATP molecules for the addition of one nucleotide during transcription (25 kb T6SS transcript in EAEC) and five ATPs per amino-acid during protein synthesis

(~750,000 amino-acids for a T6SS structure) (72), the synthesis of a T6SS would require ~4  $\times$  10<sup>6</sup> ATPs, while its disassembly (given that ClpXP-mediated denaturation of a substrate requires hydrolysis of ~550 ATPs, 73) would require 750,000 ATPs (20). The cost of synthesis and disassembly of a T6SS structure is therefore in the  $10<sup>6</sup>-10<sup>7</sup>$  range, which is, here again, significantly different than the total number of ATP molecules estimated per *E. coli* cell,  $\sim$ 3  $\times$  10<sup>12</sup> (ATP concentration in *E. coli*: 2.6 mM (74); estimated volume of EAEC cell: 1.8  $\mu$ m<sup>3</sup>). The fact that this secretion system does not entail a significant energetic cost is the opposite to the type III secretion system, whose secretion of translocon proteins and effectors has been shown to cause a significant growth retardation in *Salmonella* Typhimurium (75)

Taken together, our results show that the synthesis, assembly, and disassembly of the T6SS is not energetically costly to enteroaggregative *E. coli* and hence does not incur a significant fitness cost *in vitro*. However, the activity of a T6SS could be costly for the cell in the polymicrobial environment in terms of survival, and notably when in contact with T6SS defensive bacteria that retaliate following an attack.

#### **MATERIALS AND METHODS**

#### **Bacterial strains, growth conditions, media, and antibiotics**

All strains used in this study are derivatives of the enteroaggregative *E. coli* (EAEC) 17–2 WT strain except the *E. coli* CC118λpir strain, which was used for cloning procedures. Strains Δ*lacZ* (55), Δ*tssJ* (formerly described as Δ*sciN*; 29), TssB-sfGFP (33), and Δ*clpV* (formerly described as Δ*clpV1*; 54) have been already described. *E. coli* cells were routinely grown in Lysogeny Broth (LB). For T6SS expression, EAEC cells were grown at 37°C with agitation in Sci1-inducing medium (SIM; M9 minimal medium supplemented with glycerol 0.25%, vitamin B1 200 µg.mL<sup>-1</sup>, casaminoacids 40 µg.mL<sup>-1</sup>, MgCl<sub>2</sub> 1 mM, CaCl<sub>2</sub> 0.1 mM, and LB (10% vol/vol), pH7.1; 55). When required, media were supplemented with kanamycin (50 μg.mL<sup>-1</sup>) or chloramphenicol (40 μg.mL<sup>-1</sup>). For assays in the presence of different stresses, bile salts (1%, Sigma-Aldrich ref B8756), D-sorbitol (0.8 M, Sigma-Aldrich ref S7547), or H<sub>2</sub>O<sub>2</sub> (0.1 mM, Sigma-Aldrich ref H1009) were added in the medium. Commercial anti-His (6His, Proteintech) and anti-EF-Tu (mAb900, Hycult Biotech) monoclonal antibodies were used for immunodetection.

#### **Plasmid and strain construction**

Strain 17–2 TssB-N3 bearing an insertion of three residues (AEV) downstream the Gln26 residue at the chromosomal *tssB* locus has been engineered using the suicide vector pKO3-BN3. First, the pKO3-*tssB* vector was engineered by restriction/ligation cloning of a *Sma*I-*Sal*I 1,430 bp DNA fragment encompassing the *tssB* gene into pKO3 (76). This fragment was PCR-amplified using a Biometra thermocycler with the Q5 DNA polymerase (New England Biolabs) and oligonucleotides CACCACCCGGGTTTCCTCAACACTGG and ACGCGTCGACCAGTTGACGGCTGATCTGATAATCAAGCTCTGC (*Sma*I and *Sal*I restriction underlined, respectively). The N3 sequence (GCCGAGGTC, encoding protein sequence AEV) was inserted into pKO3-*tssB* by site-directed mutagenesis using complementary oligonucleotides bearing the desired additional sequence (CCTACATACGGGTGGTGGGC AGGCCGAGGTCAAGAAAGTGGAGCTTCCGCTC and GAGCGGAAGCTCCACTTTCTTGACCTC GGCCTGCCCACCACCCGTATGTAGG, N3 sequence underlined), to yield pKO3-BN3. The pKO3-BN3 plasmid was verified by DNA sequencing (Eurofins) before introduction into strain 17–2 by electroporation. The first and second recombination events were selected on LB plates supplemented with chloramphenicol at 42°C, and supplemented with sucrose (5%), respectively, as previously described (76), to yield strain TssB-N3. Strains Δ*tssJ* TssB-sfGFP, Δ*clpV* TssB-sfGFP, and TssB-N3-sfGFP have been engineered by introducing the sequence encoding the sfGFP to the T6SS native locus on the chromosome, in frame with the *tssB* gene in strains Δ*tssJ*, Δ*clpV,* and TssB-N3, respectively. Chromosomal sfGFP sequence insertion was performed using the one-step inactivation

procedure (77) using λ-red recombination carried by vector pKOBEG (78), by electroporation of a PCR product corresponding to the pKD4-GFP-Cter (33) sfGFP-kanamycin cassette flanked by 50 bp extensions annealing upstream and downstream the last codon of *tssB*. Recombinant strains were selected on LB plates supplemented with kanamycin. All strains were checked by colony-PCR using various oligonucleotide pair combinations, and further verified by DNA sequencing of the PCR amplification of the region of interest.

#### **Quantitative RT-PCR**

Total RNAs were extracted from  $10^9$  cells using the SV Total RNA Isolation kit (Promega), by following the manual instructions. Total RNAs were treated with 1 µL de Turbo DNase for 30 min at 37°C, and the reaction was quenched with the addition of 10 µL of inactivation beads for 10 min. The supernatant, containing the purified total RNAs, was obtained after centrifugation at 10,000  $\times$  *g* for 5 min. 500 ng of total RNAs were mixed with oligonucleotide hexamers (Promega) in a final volume of 10 µL and incubated for 5 min at 70°C. After addition of 10 µL of GoScript Reverse Transcriptase, the mixture is incubated for 5 min at 25°C and then for 2 h at 42°C before inactivation for 15 min at 70°C. The cDNAs were then used for quantitative PCR using a Bio-Rad CFX86 Real-Time System. Oligonucleotides used for PCR amplication: 16S RNA (5′-CATGGCTCAGATTGAA CGCTGGCGG and 5′-CGTTATGCGGTATTAGCTACCGTTTCCAG), *tssK* (5′-TAATGGCAGTGAGA GCGAGC and 5′-AACAAGACGGGTAACGGGAC), *vgrG* (5′-GTGGAGCAAATCCTGACGGA and 5′-TCCGGGTGCAACGTAAAGAA), *tagA* (5′-TCAGCAAACTGACTCACCCG and 5′-ACAATCAGA GCCAGCCCTTG).

#### **Growth measurements**

#### *Growth measurements in liquid culture*

The parental 17–2 (WT) strain and its isogenic Δ*sci1*, Δ*tssJ*, Δ*clpV,* and *tssB-N3* mutant strains were grown overnight in SIM medium (three independent cultures/strain) and diluted to an optical density at  $\lambda = 600$  nM ( $A_{600}$ ) of 0.02 in 200 µL of SIM medium (four replicates) disposed in a sterile 96-well suspension culture U-bottom microplate with lid (CellStar 650 185, Greiner Bio-one) and the A<sub>600</sub> was measured every 30 min for 15 h in a Tecan microplate reader at 37°C, with 200 rpm shaking. For assays in the presence of stresses, the SIM medium was supplemented with 1% of bile salts, 0.1 mM of H<sub>2</sub>O<sub>2</sub>, 0.8 M of D-sorbitol, or its pH adjusted to 6, or a combination of the four stresses.

#### *Growth measurements on agar*

Strains 17–2, Δ*sci1*, Δ*tssJ*, Δ*clpV,* and *tssB-N3* were grown overnight in SIM medium (three independent cultures/strain) and diluted to an A<sub>600</sub> of 1. 20 µL were spotted onto 36 disks disposed on SIM agar plates. Upon incubation at 37°C, three disks were recovered at times 2, 3, 4, 5, 6, 7, 8, 9, 10, and 24 h, cells resuspended in 1 mL of SIM and the  $A_{600}$ was measured.

#### *Competitive growth measurements on agar*

Strains 17–2, Δ*sci1* pTli1, Δ*tssJ*, Δ*clpV*, *tssB-N3*, and Δ*lacZ* were grown overnight in SIM medium (four independent cultures/strain) and diluted to an  $A_{600}$  of 1. Two hundred microliters were mixed with 200 µL of the Δ*lacZ* culture. Twenty microliters were spotted onto 15 disks disposed on SIM agar plates. Upon incubation at 37°C, three disks for each mixture were recovered at times 4, 8, and 24 h, cells resuspended in 1 mL of SIM and serially diluted. Triplicates of 100 µL of the 10<sup>-5</sup> (for 4 h) and 10<sup>-6</sup> (for 8 h and 24 h) dilutions were spread onto LB-Xgal/IPTG agar plates and incubated at 37°C. The 24 h samples were diluted one-third, and 20 µL were spotted onto three new disks disposed onto a new SIM agar plate and incubated for 24 h (=48 h sample). The last step was repeated twice to yield the 72 and 96 h samples. Blue and white colonies

were counted after ON incubation. For assays in the presence of stresses, the SIM agar was supplemented with 1% of bile salts, 0.1 mM of  $H_2O_2$ , 0.8 M of D-sorbitol, or its pH adjusted to 6, or a combination of the four stresses. For all assays, Wilcoxon statistical analyses were performed using the wilcox.test function in R.

#### **SDS-PAGE, western-blotting, imaging, and quantification analyses**

Semi-quantitative immunoblotting was performed essentially as previously described (21, 79). Standard methods were used for sodium dodecyl-sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and protein transfer on nitrocellulose membranes. Membranes were probed with anti-His (clone His1, Sigma), and anti-EF-Tu (clone mAb900, HyCult Biotech) monoclonal antibodies, and goat anti-mouse secondary antibodies coupled to AlexaFluor 680 (Invitrogen). Images were recorded at  $\lambda = 700$  nM using an Odyssey infrared imaging system (LI-COR Bio-sciences). Image analyses were performed with the ImageJ processing program using the Fiji interface (80). Briefly, the image was first converted to grayscale in .jpg format. The rectangle tool of ImageJ was used to select a rectangular area of the size corresponding to the lane width, in order to cover the minimal area to contain the whole of the largest band. The same frame was used to select each Hcp or EF-Tu band. For each selection, the number of pixels was calculated. A control region with no band was also selected to subtract the background. The number of pixels of each band, subtracted from the background, was normalized by dividing by the EF-Tu loading control intensity, to compensate for loading differences. The fold-change relative to the WT strain was then calculated.

#### **Fluorescence microscopy**

Cells were grown in SIM medium at 37°C to an A<sub>600</sub> of 0.6–0.8, resuspended in fresh SIM to an *A*<sub>600 nm</sub> of 10, and 2 μL were spotted onto a thin pad of SIM supplemented with 2% agarose covered with a glass coverslip. Phase contrast and fluorescence were recorded on a Nikon Eclipse Ti2 microscope equipped with a 100  $\times$  NA 1.45 Ph3 objective, an Orca-Fusion digital camera (Hamamatsu), and a perfect focus system. All fluorescence images were acquired with a minimal exposure time to minimize bleaching and phototoxicity effects. Exposure times were typically 30 ms for phase contrast and 100 ms for fluorescence channel. Images were analyzed using ImageJ [\(http://imagej.nih.gov/ij/\)](http://imagej.nih.gov/ij/) and the MicrobeJ v5.11y plugin (81). Statistical dataset analyses were performed with several representative fields from at least three independent biological replicates, using Excel and the R software environment. The number of measured cells or events (*n*) is indicated in each figure.

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B.T. and E.C. designed research. B.T., J.F.G., and E.C. performed research. E.C. wrote the manuscript with contributions from B.T. and J.F.G. All authors contributed to and approved the final revision of the manuscript.

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#### **DIRECT CONTRIBUTION**

This article was submitted via the Active Contributor Track (ACT). Eric Cascales, the ACT-eligible author, secured reviews from Carlos J. Blondel, Universidad Andrés Bello, and Jose A. Bengoechea, Wellcome-Wolfson Institute for Experimental Medicine, Queen's University Belfast.

#### **ADDITIONAL FILES**

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#### Supplemental Material

**Supplemental figures (JB00357-23-s0001.pdf).** Figures S1-S4.

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# Supplemental Information

### **No fitness cost entailed by type VI secretion synthesis, assembly, contraction or disassembly in enteroaggregative** *Escherichia coli.*

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Figure S1. T6SS gene expression and Hcp production in EAEC mutant strains used in this work.

Figure S2. T6SS phenotypes associated with EAEC mutant strains used in this work.

Figure S3. Growth of T6SS mutant strains in the presence of various stresses.

Figure S4. A T6SS mutant does not outcompete the wild-type strain in the presence of various stresses.



**Supplemental Figure 1 | T6SS gene expression and Hcp production in EAEC mutant strains used in this work.** (A) qRT-PCR analyses of the T6SS *sci1 tssK*, *vgrG* and *tagA* gene. The expression levels were normalized to the 16S RNA levels are presented relative to the wild-type strain. (B) Western blot analyses of Hcp abundance. The total cell extracts of  $4\times108$  cells of the indicated strain producing  $6\times$ His-tagged Hcp (HcpHis) were subjected to 12.5% acrylamide SDS- PAGE and immunodetected with anti-His (upper panel) and -EF-Tu (lower panel) monoclonal primary antibodies and secondary antibodies coupled to Alexa Fluor 680. The Hcp levels, normalized to the EF-Tu levels (loading control) are presented relative to the wild-type strain (under the Hcp blot). Molecular weight markers (in kDa) are indicated on the left.



**Supplemental Figure 2 | T6SS phenotypes associated with EAEC mutant strains used in this work.** Representative fields of fluorescence microscopy recordings of the WT (A),  $\Delta t s s J$  (B),  $t s s B - N3$  (D) and  $\Delta c l p V$ (F) strains expressing a chromosomal *tssB-sfGFP* fusion. Scale bar, 2 µm. (C) T6SS sheath assembly in WT and D*tssJ* cells expressing the chromosomal *tssB-sfGFP* fusion. Cells with no fluorescence (*i.e.*, that do not express the T6SS), with diffuse fluorescence (*i.e.*, that express but do not assemble the T6SS) and with tubular structures (*i.e.*, that assemble the T6SS) are shown in white, green, and stripped green, respectively. The number of cells analyzed for each strain (*n*) is indicated on top. (E) Sheath residence time in WT (orange) and *tssB-N3* mutant (red) cells (horizontal bar, mean average). The number of analyzed sheath assembly/contraction events (*n*) is indicated on top. Data acquisition has been done for 2,000 sec. (G) T6SS sheath disassembly in WT and  $\Delta clpV$ cells expressing the chromosomal *tssB-sfGFP* fusion. The percentage of extended and contracted sheaths are shown in white and blue, respectively. The number of cells analyzed for each strain (*n*) is indicated on top.





**Supplemental Figure 3 | Growth of T6SS mutant strains in the presence of various stresses.** (A, C, E, G, I, K) 15-hour growth curves of the wild-type (WT) and  $\Delta \text{scil}$  strains grown in SIM medium in the presence of the indicated stress (A, no stress; C, pH6; E, 1% of bile salts; G, 0.8 M of sorbitol; I, 0.1 mM of  $H_2O_2$ ; K, combination of the four stresses). The values represent the average and standard deviation from 8 measures (4 biological replicates, 2 independent measures/replicate). (B, D, F, H, J, L) Box-and-whisker representation (horizontal bar, median value; lower and upper boundaries of the box plot, 25% and 75% percentiles, respectively; whiskers,  $10\%$  and  $90\%$  percentiles) of the growth rates of the WT and  $\Delta \text{scil}$  strains in SIM medium in the presence of the indicated stress (B, no stress; D, pH6; F, 1% of bile salts; H, 0.8 M of sorbitol; J, 0.1 mM of  $H_2O_2$ ; L, combination of the four stresses).



**Supplemental Figure 4 | A T6SS mutant does not outcompete the wild-type strain in the presence of various stresses.** (A-F) Variation of the ratio of WT (green) or  $\Delta$ *sci1* (orange) strains versus 17-2 $\Delta$ *lacZ* over time grown in SIM agar in the presence of the indicated stress (A, no treatment; B, pH6; C, 1% of bile salts; D, 0.8 M of sorbitol; E, 0.1 mM of  $H_2O_2$ ; F, combination of the four stresses). The values represent the average of 2 biological replicates. (G) Competitive indexes of WT (green) or D*sci1* (orange) strains versus 17-2D*lacZ*  $(WT/\Delta lacZ$  or  $\Delta \text{scil}/\Delta lacZ$  ratio after 96h of co-culture divided by the initial ratio) in the presence of the indicated stress. The values represent the average of 2 biological replicates.