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## ▶ To cite this version:

Todd C Pataky, Guillaume Rao. Trial- vs. cycle-level detrending in the analysis of cyclical biomechanical data. 2024. hal-04524012

## HAL Id: hal-04524012 https://amu.hal.science/hal-04524012v1

Preprint submitted on 27 Mar 2024

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# Trial- vs. cycle-level detrending in the analysis of cyclical biomechanical data Todd C. Pataky<sup>a</sup>, Guillaume Rao<sup>b</sup>

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#### 6 Abstract

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Biomechanical time series may contain low-frequency trends due to factors like electromechanical drift, attentional drift and fatigue. Existing detrending procedures are predominantly conducted at the trial level, removing trends that exist over finite, adjacent time windows, but this fails to consider what we term 'cycle-level trends': trends that occur in cyclical movements like gait and that vary across the movement cycle, for example: positive and negative drifts in early and late gait phases, respectively. The purposes of this study were to describe cycle-level detrending and to investigate the frequencies with which cycle-level trends (i) exist, and (ii) statistically affect results. Anterioposterior ground reaction forces (GRF) from the 41-subject, 8-speed, open treadmill walking dataset of Fukuchi (2018) were analyzed. Of a total of 574 analyzed trials, significant cycle-level trends were found approximately three times more frequently (21.1%) than significant trial-level trends (7.4%). In statistical comparisons of adjacent walking speeds (i.e., speed 1 vs. 2, 2 vs. 3, etc.) just 3.3% of trials exhibited cycle-level trends that changed the null hypothesis rejection decision. However 17.6% of trials exhibited cycle-level trends that qualitatively changed the stance phase regions identified as significant. Although these results are preliminary and derived from just one dataset, results suggest that cycle-level trends can contribute to analysis bias, and therefore that cycle-level trends should be considered and/or removed where possible. Software implementing the proposed cycle-level detrending is available at https://github.com/0todd0000/detrend1d.

7 Word counts:

- 8 Abstract: 244 (max 250)
- 9 Main text: 1912 (max 2000)
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#### 12 **1. Introduction**

Time series can contain drift, which may be generally defined as a low-frequency process that is 13 not considered to belong to the measured signal of interest. Drift may occur secondary to a variety 14 of hardware-related factors including changes in electronic and thermal environments (Wilmshurst, 15 1990). Reducing this type of drift can be done at hardware, firmware or software levels and remains 16 an ongoing area of research (e.g. Velásquez et al., 2019). In human experiments, fatigue and other 17 behavioral factors can also produce drift (Song et al., 2009) and this type of drift must be dealt 18 with at the software stage. This paper focuses on the influence of drift on statistical comparisons 19 of time series and offers software for the proposed drift corrections. 20

In the human biomechanics literature several movement tasks — especially treadmill gait — 21 involve measurements over several minutes or even seconds, and in these measurements drift is 22 generally reduced through high-pass filtering (Murphy and Robertson, 1993; Valentin and Zsoldos, 23 2016) or detrending (Fig.1). Both high-pass filtering and detrending regard low-frequency content 24 as noise and are unconcerned with the electromechanical or physiological nature of that noise. 25 Detrending is particularly important to detrended fluctuation analysis (DFA), which has become 26 an important analysis framework for investigating the structure of motor variability (Ducharme and 27 van Emmerik, 2018; Ravi et al., 2020); detrending is useful for motor variability studies, for example 28 postural sway studies, to dissociate low- from higher-frequency content, which are associated with 29 very different (e.g. high- vs. low-level) neural control processes. Unlike the simple long-term 30 detrending depicted in Fig.1, DFA instead uses local detrending to identify and remove multiple 31 trends that occur in adjacent movement segments. While detrending is often employed in routine 32 analyses, we are unaware of explicit previous reports of trend prevalence, nor of the prevalence of 33 inferential errors which may occur if detrending is not employed. 34

A key limitation to existing detrending approaches is that they do not consider cycle-level drifts (Fig.2). In cyclical tasks like gait different parts of the cycle may drift differently and even oppositely (Fig.2a-b). As a plausible biomechanical example, consider ground reaction force (GRF) in treadmill walking which increases posteriorly in early stance over 100 cycles and also increases anteriorly in late stance; these opposite changes must occur to maintain constant walking speed. For example, maximal Floquet multipliers (representing the stability of the system at certain instants of the gait cycle) have been found to vary within the gait cycle (Kang and Dingwell, 2009), thus emphasizing the need to consider trends as non-constant within the cycle. Moreover, simple simulation shows that trial- and cycle-level detrending can generally yield qualitatively different results (Fig.2c-d). We are unaware of any previous study that has considered cycle-level drift.

The purposes of this study were: (1) to describe a generic cycle-level detrending procedure, (2) to estimate the prevalence with which significant cycle-level trends exist in an open treadmill GRF dataset, and (3) to estimate the frequency with which these cycle-level trends can qualitatively affect hypothesis testing results. Software implementing all subsequently described detrending procedures is available at https://github.com/0todd0000/detrend1d along with notebooks and data files that replicate this paper's main results.

#### 51 2. Methods

#### 52 2.1. Dataset

A subset of an open gait dataset was analyzed (Fukuchi et al., 2018). The dataset contains 53 a barrage of biomechanical measurements made during overground and treadmill walking in 4254 individuals (24 young adults:  $27.6 \pm 4.4$  years,  $171.1 \pm 10.5$  cm,  $68.4 \pm 12.2$  kg; 18 older adults: 55  $62.7 \pm 8.0$  years,  $161.8 \pm 9.5$  cm,  $66.9 \pm 10.1$  kg).; data for 41 individuals are available in the 56 open dataset. Here analyses are limited to anterioposterior and vertical GRF during treadmill 57 walking (Fig.3), for which 30 s trials were recorded at eight different walking speeds for each 58 subject. Data recording started after steady-state walking was achieved. GRF data were originally 59 recorded at 300 Hz and were smoothed here with a fifth-order lowpass Butterworth filter with a 60 cutoff frequency of 20 Hz. Cycles were segmented (i.e. stance phase identified) with a preliminary 61 threshold of 30 N on vertical GRF followed by a walk-back (from the first point) or walk-forward 62 (from the last point) to the time points where vertical GRF reached zero, equalized or increased. 63 To avoid overpowering analyses only the first 10 recorded steps of each trial were analyzed here: 64 one-dimensional numerical power analyses (Pataky, 2017) suggest that 10 steps yielded power in 65 the range of 0.7-0.9 for a moderate effect size of 0.5. 66

#### 67 2.2. Detrending

Trial-level detrending (common detrending) was conducted by fitting the following model to each GRF time series:

$$y(t) = at + b \tag{1}$$

where y(t) is the GRF value at time t, a is the slope and b is the intercept. Detrended data were then calculated as the difference between the observed data and the fitted model. This type of detrending is available in several software packages including Scipy (Virtanen et al., 2020) and MATLAB (MATLAB, 2023).

Cycle-level detrending was conducted separately at each cycle point as depicted in Fig.2. First the data were linearly registered (Ramsay and Li, 1998; Sadeghi et al., 2000)(i.e., time-normalized) by linearly interpolating to 101 points. The following linear model was then fitted to the registered data, separately for each cycle time point  $t_c$ :

$$y(t_c) = a_c t_c + b_c \; ; \; c \in [1, 101]$$
 (2)

where  $t_c$  represents the time for cycle point c and  $y(t_c)$  contains only y values for that cycle point. Thus  $y(t_c)$  contained n values where n is the number of cycles recorded in a single trial. Since the model was fitted separately for each of the 101 cycle points, the fitted parameters  $a_c$  and  $b_c$ generally vary over the course of the cycle (Fig.2b). Following model fitting the detrended results were obtained, as above, by calculating the difference between the observed data and the fitted model.

#### 84 2.3. Trend prevalence

Since the aforementioned statistical tests pertained to a small subset of the Fukuchi et al. (2018) dataset, and since we manually selected that subset to highlight specific effects regarding detrending, it is possible that those tests are not representative of the larger dataset. We therefore aimed to summarize trends across the larger dataset using two approaches. First, the prevalence of statistically significant (at  $\alpha = 0.05$ ) trial- and cycle-level trends was assessed separately for each trial using Eqns.1 and 2, respectively. For the latter, random field theory (Pataky, 2016) was used to correct for multiple comparisons across the 101 data points (Eqn.2) and thus retain a Type I error rate of  $\alpha = 0.05$ .

Second, the prevalence of trial- and cycle-level trends that affected a statistical comparison of 93 two adjacent walking speeds (i.e., speed 1 vs. 2, 2 vs. 3, ... 7 vs. speed 8) was assessed as depicted 94 in Fig.4. After fitting equations 1-2 to the data (Fig.4a-d) the detrended, registered data (Fig.4e-95 h) were compared using statistical parametric mapping (Friston et al., 1995) as implemented in 96 the two-sample t test in spm1d version 0.4 (Pataky, 2012). If the statistical results qualitatively 97 changed with the detrending approach then that test was deemed to have had a substantial effect 98 on the statistical results. Here 'qualitative change' was determined subjectively, based on whether 99 supracluster thresholds emerged in qualitatively different parts of the gait cycle. For example, 100 the suprathreshold clusters depicted in Figs.4e and 4f were deemed to be qualitatively different 101 because the significant effect at approximate time=60% in Fig.4f did not reach significance in 102 Fig.4e. We felt that this qualitative approach was necessary because a purely objective approach 103 overstated prevalence, for example by suggesting that results changed even for minor time shifts in 104 suprathreshold signal. As we are unaware of any robust, objective statistical method for comparing 105 these types of statistical outcomes we chose this qualitative approach, which we feel most accurately 106 and conservatively conveys true prevalence. These qualitative checks were conducted independently 107 by two raters (the co-authors), for all subjects, all adjacent speed pairs, and for both anterioposterior 108 and vertical GRF components. From the potential total of 574 combinations (41 subjects, 7 speed 109 pairs, 2 force components) 22 combinations were discarded due to missing or noisy data, so a total 110 of 552 tests were conducted. Inter-rater agreement was near perfect across the 552 tests, with just 111 7 disagreements that were resolved with discussion. 112

#### 113 3. Results

Significant trial- and cycle-level trends were observed in 7.4% and 21.1% of all trials, respectively. Figs.4a-b depict an example trial that had a non-significant trial-level trend but a significant cyclelevel trend, respectively. An example statistical comparison of a single speed pair for a single subject showed that trialand cycle-level detrending could produce results whose interpretations were substantially different, with some temporal regions' statistical regions suppressed and others amplified, depending on the detrending technique employed (Figs.4i-j).

Relative to no detrending, trial-level detrending affected the null hypothesis (H0) rejection decision in just 2.4% of the 41 subjects and just 0.2% of the 552 trials. In contrast, cycle-level detrending affected the H0 rejection decision approximately ten times more frequently: in 24.4% of subjects and 3.4% of trials (Table 1). Similarly, trial- and cycle-level detrending affected the 'regional interpretation' (i.e., whether or not a cycle region reached statistical significance) in 5.1% and 18.3% of trials, respectively. In total, 92.7% of the 41 subjects had at least one trial where the regional interpretation changed upon cycle-level detrending.

Table 1: Summary of detrending-affected results. For each trial a result was considered affected by detrending if results were qualitatively different from the no-detrending case. For subject- and trial-level analyses percentages are relative to the total number of subjects (41) and total number of trials (552), respectively. H0 = null hypothesis.

| Across all | Affected result         | Trial-level | Cycle-level |
|------------|-------------------------|-------------|-------------|
|            |                         | detrending  | detrending  |
| Subjects   | H0 rejection            | 2.4%        | 24.4%       |
|            | Regional interpretation | 46.3%       | 92.7%       |
| Trials     | H0 rejection            | 0.2%        | 3.4%        |
|            | Regional interpretation | 5.1%        | 18.3%       |

#### 128 4. Discussion

The results of this study indicate that statistically significant cycle-trends were approximately 129 three-times more common than trial-level trends in the considered treadmill GRF dataset. They 130 also indicate that cycle-level detrending affects statistical conclusions substantially more than trial-131 level detrending (Table 1). Collectively these results suggest that cycle-level trends may be a 132 more important source of analysis bias than trial-level trends, and thus that cycle-level trends 133 should be considered in analyses where detrending is deemed to be a suitable data processing 134 step. The proposed cycle-level detrending supports experimental protocol involving cycle-level 135 independent variable control like tripping initiated at a specific gait cycle instant. Additionally, 136

our results showed qualitative influences of cycle-level trends in (92.7%) of the 41 participants, thus 137 emphasizing the need for subject-specific methodology (Harry et al., 2020). Although not reported 138 in the Methods and Results above due to space constraints, sensitivity analyses showed that the 139 results reported above were robust to processing parameter tweaks including: filter frequency, stance 140 phase identification threshold, etc. Also not reported above was a consideration of the 'Young' vs. 141 Older' age groups in the Fukuchi et al. (2018) dataset. We found that separately considering the 142 age groups did not qualitatively affect the prevalence results reported above in Table 1 so these 143 results were excluded due to space constraints. 144

Common detrending procedures, including both simple trial-level detrending (Fig.1) and piece-145 wise detrending as implemented in the widely-employed detrended fluctuation analysis (DFA) 146 (Ducharme and van Emmerik, 2018; Ravi et al., 2020), consider trends only over a finite number of 147 adjacent time segments. This type of detrending is fundamentally different from the proposed cycle-148 level detrending, which instead considers a trend profile that varies across the cycle (Figs.2b,4d). 149 The proposed cycle-level detrending is coherent with bias reduction, in that an experiment con-150 trols the influence of an independent variable like walking speed but does not directly control drift 151 through the time-series. 152

This study has several limitations. The most serious limitation is that just one dataset and one data modality were considered. Examinations of other data modalities, populations, and trend types are needed before general conclusions can be made regarding both the prevalence of cycle-level trends and their results-affecting implications. Nevertheless, this paper's main findings are simply that cycle-level results generally exist and that they can substantially affect data interpretation; we expect this main finding would be consistent across a broad range of datasets just as trends themselves also exist a range of datasets (Song et al., 2009; Ravi et al., 2020).

A second, minor limitation is that this paper considered only linear models (Eqns.1-2). While linear drift is also commonly used in alternative detrending procedures including DFA (Ducharme and van Emmerik, 2018; Ravi et al., 2020), it is unclear whether a linear approximation is a suitable model for cycle-level trends. While the software we have developed (https://github.com/ 0todd0000/detrend1d) supports several models including: polynomial, exponential, and linear (with or without intercept), further research is needed to consider the appropriateness of thesedrift models.

A final limitation is that we did not consider sample size directly. On one hand, detrending is like filtering in that it is applied to single observations, so sample size is not directly related to detrending. On the other hand, when planning experiments one must consider sample size to ensure that the experiment is both adequately powered but not over-powered. For such power analysis, it would be necessary to understand how detrended results may be affected by factors like recording length. As this study focusses on detrending itself as a data processing procedure, we leave the connection between sample size and detrending for future work.

In summary, this study has found that cycle-level trends can generally be present in cyclical biomechanical data, and that these trends can nontrivially bias statistical analyses — and ultimately biomechanical interpretations — with a moderately high frequencies of 24.4% of the 552 trials and 92.7% of the 41 participants in the analyzed dataset. It appears advisable to consider cycle-level trends and possibly also to detrend at the cycle level when possible.

#### 179 Acknowledgments

180 (None)

#### 181 Conflict of Interest Statement

<sup>182</sup> The authors report no conflict of interest, financial or otherwise.

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### 229 Figures

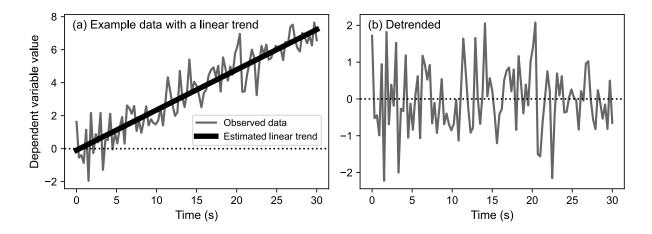


Figure 1: Common trial-level detrending example. (a) Example noisy data with a linear trend. (b) Detrended data: observed data minus estimated trend.

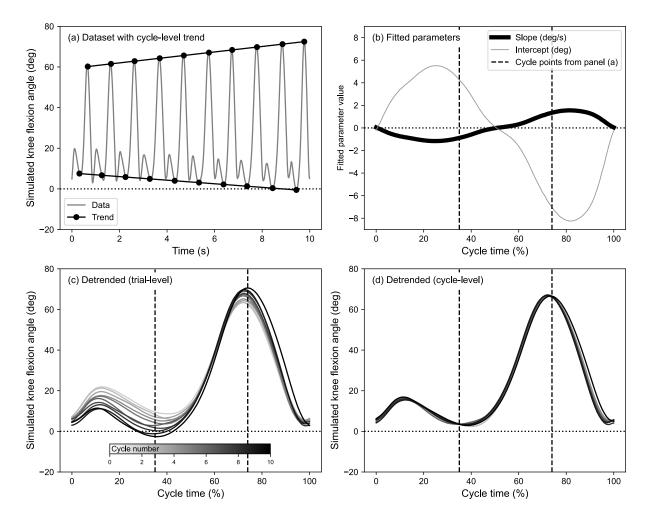


Figure 2: Example cycle-level detrending. (a) Synthetic knee flexion data based on averages from Schwartz et al. (2008), but with a cycle-level trend (i.e., a trend that varies across the cycle). (b) Fitted trend parameters. (c) Trial-level detrended data; curve color encodes cycle number. (d) Cycle-level detrended data.

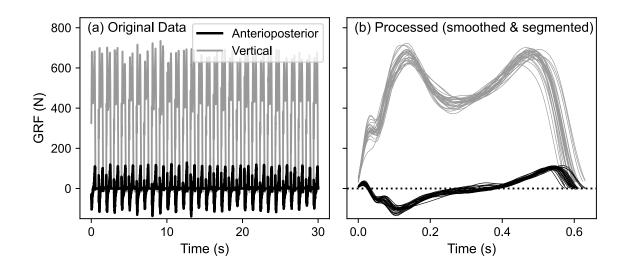


Figure 3: Example trial from the Fukuchi et al. (2018) dataset. (a) Raw ground reaction force (GRF) data recorded during treadmill walking. (b) Same data as (a) but smoothed and segmented into separate cycles.

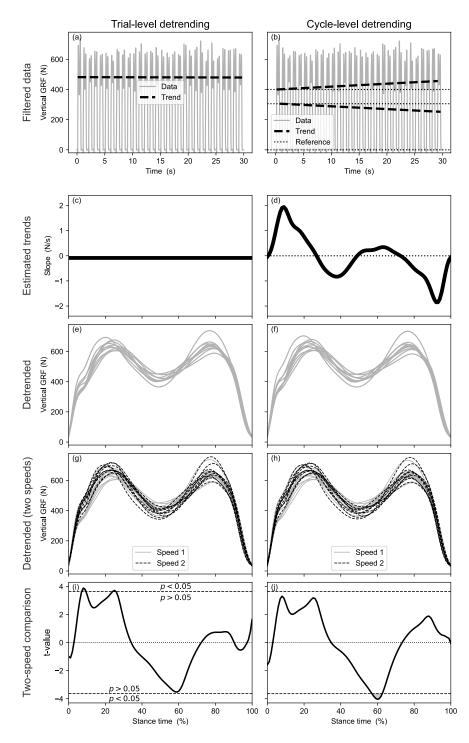


Figure 4: Overview of methods for evaluating whether statistical results differed following trial- vs. cycle-level detrending. (a-b) Raw data depicting estimated trends. (c-d) Trends' slope as a function of cycle time; while triallevel detrending estimates just a single slope (Eqn.1), cycle-level detrending estimates slope separately for each cycle time point (Eqn.2). (e-f) Detrended and temporally registered (time-normalized) data. (g-h) Same as panels e-f but with an additional speed depicted; these two speeds are statistically compared in the last panel row. (i-j) Two-sample t-test results; if the regions identified as significant differed qualitatively — as in this case — detrending was deemed to have had a substantial effect on the statistical analysis.