

# Gut Dysbiosis Signatures Associated with Hepatitis B Virus-Related Diseases: An Insightful Review Using AI-Powered Research Tools

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1	Gut Dysbiosis Signature Associated with Hepatitis B Virus-Related Diseases: An
2	Insightful Review Using AI-Powered Research Tools
3	Reham MAGDY WASFY <sup>1,2</sup> , Maryam TIDJANI ALOU <sup>1,2</sup> , Patrick Borentain <sup>3</sup> , Stéphane
4	Ranque <sup>1,4</sup> , Didier RAOULT <sup>1,2</sup> , René Gérolami <sup>1,2,3</sup> , Matthieu MILLION <sup>1,2,5*</sup>
5	
6	<sup>1</sup> IHU Méditerranée Infection, Marseille 13005, France.
7	<sup>2</sup> Aix-Marseille-Univ., IRD, MEPHI, Marseille 13005, France.
8	<sup>3</sup> Unité Hépatologie, Hôpital de la Timone, APHM, 13005 Marseille, France
9	<sup>4</sup> VITROME: Vecteurs-Infections Tropicales et Méditerranéennes, Institut de Recherche Pour
10	le Développement, Assistance Publique-Hôpitaux de Marseille, Service de Santé des Armées,
11	Aix Marseille Université, 13385 Marseille, France
12	<sup>5</sup> Assistance Publique-Hôpitaux de Marseille, 13005 Marseille, France
13	
14	*Corresponding author :
15	Contact : <u>Matthieumillion@gmail.com</u>
16	IHU Méditerranée Infection, MEPHI, IRD, 19-12 Bd Jean Moulin 13005 Marseille, France.
17	Tel: +33614876832

#### 18 ABSTRACT

Background: Hepatitis B virus (HBV) has threatened public health, mainly resulting in liver 19 20 fibrosis, cirrhosis, and even damage due to hepatic carcinoma. Growing evidence has 21 supported the role of gut microbiota in different stages of liver disease. However, the 22 mechanisms of hepatic injury from gut microbiota dysbiosis are not fully understood. 23 Moreover, no consensus has been reached on the microbial signatures across different disease 24 stages. This review aims to find an agreement on a signature microbiota profile in HBV-25 infected patients at different disease stages compared to healthy controls. These profiles may 26 enable the identification of new diagnostic and therapeutic tools for HBV based on 27 microbiome-targeting approaches. Methods: Different literature databases and artificial 28 intelligence (AI)-powered research tools have been investigated. Qualitative analysis of the studies was performed considering consistent dysregulated taxa in at least two studies as 29 30 reproducible differential results. Results: Among 334 screened articles, 86 eligible articles were identified. Interestingly, AI tools helped us identify six studies not detected by the 31 32 traditional search. 25 eligible human case-control microbiome studies, three mycobiome 33 studies, and 17 microbiota-targeted therapeutic studies were finally included and 34 summarized. Most studies reported HBV-associated dysbiosis in different subgroups at the 35 phyla and genus levels, while few studies referred to the species level. The results of studies 36 were contradictory in some cases. However, we could infer reproducible results of a signature 37 microbiota profile in HBV-associated infections characterized by an increase in 38 *p\_Pseudomonadota, c\_Bacilli, g\_Prevotella, g\_Streptococcus, g\_Veillonella* and a decrease in *c\_Clostridia*, *f\_Lachnospiraceae*, and *g\_Roseburria*. A high abundance of *Saccharomyces* 39 40 cerevisiae and Candida tropicalis was a constant finding. Conclusions: Study findings indicate a signature microbial composition in HBV-associated infection despite the 41 42 challenging microbiota composition detected in different disease subgroups. These taxa

- 43 showed diagnostic power between health and most disease stages, implicating the potential of
- 44 the gut microbial as non-invasive biomarkers for diagnosing pan-HBV-induced liver disease.

# 45 KEYWORDS

- 46 Hepatitis B virus infection, Gut Dysbiosis, Fecal Microbiota, Mycobiota, Systematic Review,
- 47 Artificial Intelligence

#### 48 INTRODUCTION

49 About 296 million individuals are chronically infected with hepatitis B virus (HBV)

50 worldwide, with 1.5 million new infections yearly [1]. Despite the World Health

51 Organization's objective of eliminating viral hepatitis as a public health hazard by 2030,

52 annual global HBV mortality is expected to rise by 39% from 2015 to 2030 if current trends

53 continue [2]. Different disease stages are diagnosed by hepatitis B-e antigen (HBeAg), HBV

54 DNA levels, alanine aminotransferase (ALT) values, and liver inflammation. Balancing the

55 pathogenic ability and immunity defense, some patients could be carriers or experience

56 chronic hepatitis B (CHB), characterized by elevated ALT levels and moderate/severe liver

57 diseases [3]. Although the CHB disease course has been described in the literature, the

58 pathophysiology of HBV disease progression is not entirely understood [4,5]. Many studies

59 highlighted the role of different factors, such as HBV viral load, HBV mutations, and host

60 immunity, in the disease progression [6–8]. CHB infection tends to be asymptomatic;

61 however, tissue repair against inflammation makes CHB patients at high risk of manifesting

62 fibrosis, cirrhosis as well as fatal complications, such as portal hypertension, spontaneous

63 bacterial peritonitis (SBP) [9], hepatic encephalopathy (HE) [10], and hepatocellular

64 carcinoma (HCC) [11].

65 'Gut-Liver-Axis' describes the bidirectional interconnecting relationship between the 66 gut and liver where bile, nutrients, and other metabolites are exchanged [12]. Typically, the 67 gut hosts a myriad of microbiota, such as bacteria [13], fungal species [14], and 68 bacteriophages [15], described as a superorganism [16], that play different complex 69 immunological and nutritional roles in both the gastrointestinal tract and the liver [17,18]. 70 Predominant strains in the adult intestine belong to the major phyla of *Bacteroidota* (formerly 71 Bacteroidetes), Bacillota (formerly Firmicutes), and Proteobacteria (formerly 72 Pseudomonadota) containing gram-negative bacteria and gram-positive Clostridia [19]. A

growing body of literature suggests a connection between gut microbiota dysbiosis and CHB
[20–22], in addition to significant differences in gut microbial composition between CHB or
HBV-related liver cirrhosis (LC) and healthy controls have been widely reported [23,24].
However, no agreement has been reached on distinctive microbial signatures across different
disease stages.

78 Advancements in therapeutic options, including interferon and antiviral treatment 79 (AVT), can only suppress HBV DNA replication or reduce cirrhosis and HCC complications but cannot cure CHB [25,26]. Therefore, further development of new treatment methods is 80 81 critical for the global eradication of HBV. Additionally, emerging data reveals that directed 82 treatment of dysbiosis may have potential therapeutic value in liver disease and CHB 83 management [27,28]. Therefore, we addressed the cutting edge of the latest microbiota-84 targeted therapies in CHB patients with highlights on the future research directions of clinical trials. 85

Herein, the objectives of the current review will mainly summarize and discuss: (1)
Gut microbiota alteration in different stages of HBV; (2) A distinctive microbiome signature
in HBV-infected patients at various stages of the disease. These profiles might make it
possible to find novel HBV diagnostic and treatment options: (3) Gut microbiota-related
mechanisms of liver fibrosis, and (4) Gut microbiota-targeted treatment for HBV infection
and associated complications.

92

# 93 1. DATA COLLECTION

#### 94 1.1 Methods of Bibliographic strategy and selection criteria

95 A systematic literature search was conducted for case-control studies on CHB and

96 microbiota. In a comprehensive search, PubMed, Google Scholar, Wiley Library, and Web of

97 Science (WOS), as well as artificial intelligence (AI)-powered research tools such as

98 Semantic Scholar and Scite, were investigated. Additionally, cross-referencing of all selected 99 articles was reviewed. The search keywords and their synonyms were identified by MeSH 100 database. The search was applied from 2000 and included only the articles written in English. 101 We used Publish or Perish [29] and Zotero [30] software to retrieve and analyze citations. 102 In order to include all relevant literature and decrease the chances of missing relevant trials, 103 we generated a broad screening approach with the query using the keywords in the following 104 syntax ("metagenom\* OR microbio\* OR fecal flora OR intestinal flora OR gut bacteria OR Human microbio\* OR dysbios\* OR disbios\* OR bacterial translocation OR disbacterios\*" 105 106 AND "HBV" OR "chronic hepatitis B" OR hepatitis B AND virus AND infection AND Chronic OR hepatic cirrhosis OR liver fibrosis" OR "gut liver axis" OR pr?biotic\* OR "fecal 107 108 microbiota transplantation" OR "Fecal transplantation"). As detailed in Supplementary 109 
 Table S1 [31], this syntax has been adjusted for every database.
 110 A mapping of terms used in the titles/Abstracts of HBV-studied microbiome articles 111 retrieved from different databases is illustrated in Fig. 1. This indicates that further 112 explorations and more studies and other geographical locations into investigating dysbiosis in

113 CHB patients are needed.



114

#### 115 Figure 1: Visualization of Term Mapping using VOS Viewer Software.

116 The figure provides a visualization of the most common terms in the 334 retrieved articles of this review about 117 gut microbiota dysbiosis in HBV-related infection in several screened databases. The terms include all keywords 118 or MeSH terms used in the titles/Abstracts of 307 HBV-studied microbiome articles between 2000 and 2023. 119 The figure illustrates the mapping of terms using VOS Viewer software, showcasing the relationships and 120 connections between different terms. Terms in this network are connected by co-occurrence (based on the 121 documents' terms occurring together) to discover the best search keywords and define the popularity, age, and 122 impact of topics in the detected studies. The minimum number of occurrences of a keyword is *five*. Out of 1825 123 keywords, 110 met the threshold. For every 110 keywords, the total strength of the co-occurrence links with 124 other keywords was calculated. The keywords with the greatest total link strength were selected.

The color-coded nodes and edges represent clusters and associations, and terms – are located relative to each other so that the distance between two objects is an approximate measure of their similarity within the set, providing insights into the semantic landscape of the analyzed articles. The terms are grouped in colored clusters. Cluster 1 (**Red**; 25 items) as China, metagenomics, gut microbiota, hepatitis B, chronic, case-control studies; Cluster 2 (**Green**, 17 items) as adult, prognosis, fibrosis; Cluster 3 (**Blue**, 15 items) as fecal microbiota transplant, humans, microbiota, prospective studies; Cluster 4 (**Yellow**, *eleven* items) as fecal microbiota.

132 The Preferred Reporting Items for Systemic Reviews and Meta-Analysis Statement 133 (PRISMA) guidelines were followed (Fig. 2A). The following inclusion criteria were 134 considered: (1) Study design: peer-reviewed and published cross-sectional, case-control, 135 cohort studies and interventional studies reporting the effects of HBV on human gut 136 microbiota composition in adults, (2) Participants: case of patients diagnosed with HBV carriers, CHB and HBV-related complications such as LC, HCC, or liver transplantation 137 138 (LT). Controls are population-based or hospital-based controls without related liver diseases. (3) Main outcome reported different taxa abundance as phylum, class, order, family, genus, 139 140 and species of fecal microbiota or well-defined clinical outcome parameters associated with HBV-associated dysbiosis. (4) Publishing time cutoff is June 2023. The exclusion criteria 141 included studies without a control group, cirrhosis studies not related to HBV infection, in 142 143 vitro studies, studies without data on gut microbiome composition, studies reported in languages other than English, and gray literature 144

145

# 146 Study Selection and Data Extraction

A total of 1888 articles were retrieved from PubMed, 1183 articles from Google Scholar, 588
from Wiley Library, 1497 from WOS, 379 from Semantic Scholar, and 194 from Scite, for a
total of 5729. The first selection based on titles and abstracts yielded 334 articles, of which 70
duplicates were eliminated. After removing duplicate results, a list of 86 eligible publications

was generated, screening titles and abstracts. Each publication on this list was further
reviewed independently to confirm adherence to the inclusion/exclusion criteria. Afterward,
the full texts of relevant articles were retrieved and thoroughly inspected. Extracted data
included study design, populations, sample size, study country, and gut microbiome analysis
methodology. Extracted outcomes included HBV-related dysbiosis and assessment of hepatic
markers, metabolites, immunological markers, and bile acids.

157

## 158 **1.2 Results of Bibliographic Search**

159 This systematic review yielded a total of 61 articles (Fig. 2A), including (25 eligible human 160 case-control microbiome studies, three mycobiome studies, 17 microbiota-targeted 161 therapeutic studies, *eight* mouse-model studies, and *nine* other studies (virome, probiotics 162 studies)). AI tools such as Semantic Scholar shared the identification of 39.2% (22/56) of the 163 studies found by manual citation searching with six studies that other databases haven't 164 retrieved (Fig. 2B). Indicating that compared to traditional approaches, AI-powered research 165 tools may be effective in decreasing the time required for literature search. However, we did 166 not employ these AI tools or other AI-assisted technologies to replace our primary duty of 167 data interpretation or scientific conclusion formulation. The included studies evaluated HBV-168 related dysbiosis in different patient subgroups. All the selected studies met the quality 169 assessment requirements based on the modified STROBE checklist. A total of 24 papers were 170 removed, with the reasons given in the Supplementary Table. S2 [31].

171 Study characteristics are demonstrated in detail in the Supplementary Table. S3 [31].

172 Different molecular methods were used to characterize gut microbiota, including denaturing

173 gradient gel electrophoresis (DGGE), Quantitative PCR (qPCR), and sequencing of the 16s

174 rRNA genes. All microbiota analyses were investigated in adults. All microbiome studies

- were performed in Asia (22 studies were performed in China, *two* in South Korea, and *one* inTaiwan).
- 177 Regarding human microbiome studies, seven reported a correlation between gut dysbiosis and
- 178 hepatic markers, *three* reported changes in bile acids, *three* reported changes in
- 179 immunological markers, and *six* showed changes related to metabolic markers. Most studies
- 180 (*n*=23) reported changes in microbiota profile to the genus level, while only seven reported
- 181 the species level. Different studies have reported either no change in beta microbial diversity
- 182 or difference between HBV-infected subgroups.







Figure. 2 Data search and Collection process. (A) A flowchart of how articles were identified and filtered to
be included in the systematic review based on the PRISMA statement. (B) A chart of the detailed number of
studies detected in all included databases applying different filters: Filter\_1 (language/ year/domain); Filter\_2
(exclusion of poster, review articles, book chapters, editorial material, letter abstract, early access); Filter\_3
(suitable title/abstract); Filter\_4 (inclusion full appropriate articles and applying manual citation searching).
Tools such as Semantic Scholar allowed the identification of 22 studies (the same studies found by manual
citation searching) with *six* studies that other databases haven't retrieved.

193

# 194 2. GUT DYSBIOSIS CONTRIBUTES TO LIVER INJURY THROUGH GUT-LIVER 195 AXIS

196 The individual's microbiota profile vastly differs between geographic regions [32]. In

197 addition to harboring other fungi and bacteria, the gut is also a binding site for the induction

of host immunity, affecting the gut mucosal barrier, lymphoid tissues, and regulatory T cells.
Host immunity can be promoted when epithelial cells express pattern recognition receptors as
toll-like receptors (TLR) specific to microbial particles like lipopolysaccharides (LPS) or
peptidoglycans [33,34].

202 Usually, the intestinal microbiota and the liver coexist separately; however, the liver 203 can be exposed to intestinal microbes during gut dysbiosis or liver cirrhosis [35]. Several 204 studies have investigated the relationship between gut dysbiosis and cirrhosis of different 205 aetiologies, such as cholangitis, metabolic liver disease, and alcoholic liver disease [36–39], 206 with growing evidence suggesting that gut dysbiosis may accelerate simple steatosis to 207 steatohepatitis [38]. So, the common mechanisms of gut dysbiosis-mediated liver injury 208 could be endotoxemia, intestinal barrier dysfunction, and bile acid fluctuations [37]. Growing 209 evidence suggests that gut dysbiosis and CHB infection may interact similarly to other liver 210 diseases [40]. Therefore, this study summarizes the most recent available data about HBV-211 associated dysbiosis and the pathophysiology of related liver injury.

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# 213 **3. CHARACTERISTICS OF HEPATITIS B PATIENTS WITH DYSBIOSIS**

Studies have shown that HBV-infected patients tend to have different gut microbiota profiles
than healthy controls (Supplementary Table. S3 [31]). Patients with HBV infection may

216 experience different disease stages from HBV carriers, acute HBV infection to CHB without

- 217 liver injury until HCC, depending on the host and viral variables [3]. In this part, HBV-
- 218 related different stages of disease will be discussed concerning gut dysbiosis.

#### 219 **3.1** Patients with no/mild liver injury (compensated patients)

Patients in the compensated stage are often asymptomatic [41] or have treatable liver disease
and, therefore, we considered a) HBV carriers, b) acute HBV infection, c) CHB or cirrhosis
with Child-Turcotte-Pugh (CTP)- class A, are compensated patients with no/mild liver injury.

- \_\_\_
- 224

# a) Hepatitis B virus (HBV) carriers

225 After the infection, HBV may be spontaneously cleared or cause chronic disease in different 226 individuals depending on factors such as age and immunity [42]. The same phenomenon has 227 been observed in animal experiments, in which hepatitis B surface antigen (HBsAg) of 228 immature mice remained positive [43]. A study by Lu et al. showed a decrease in the 229 Bifidobacteria/Enterobacteriaceae (B/E) ratio in HBV carriers compared to controls [44]. 230 However, HBV carriers with normal ALT were somewhat similar to the control group but significantly different from those with high ALT, and the B/E ratio was not different between 231 232 the groups [45]. They indicated that HBV carriers could have a similar microbiota profile as 233 controls.

234 In addition, Chen et al. reported that HBV carriers had the highest observed species as 235 controls but the lowest Fusobacteria, BetaPseudomonadota, and stable Bacteroides compared to controls [46]. Interestingly, Yang et al. suggested that HBV carriers might be the 236 237 most suitable donors for fecal microbiota transplantation (FMT) for higher  $\alpha$  diversity and 238 abundance of potentially beneficial Lachnospira genera [47]. Moreover, a recent study 239 reported that gut microbiome in HBV carriers was dominated by taxa involved in fatty acid 240 and lipid metabolism, such as Eubacterium coprostanoligenes, contributing to the 241 cholesterol-lowering effects in HBV patients and Alloprevotella producing short-chain fatty 242 acids (SCFAs) [48].

#### 243 b) Acute HBV infection

244 Due to the difficulty of studying acute HBV infection in humans, animal studies have been used. By using a mouse model of both acute and CHB infection, Zhu et al. reported that 245 246 Bifidobacterium and Lactobacillus peaked in both disease groups compared to controls at day 247 14 and the ratio of *Firmicutes/Bacteroides* increased in the early stages of infection (Day 14) 248 and decreased significantly over time (Day 49) [49]. A similar study on HBV-infected and 249 ETV-treated mice also reported significant changes in genera, but found increases in 250 Butyricicoccus and decreases in Clostridium instead [40]. 251 252 c) Chronic hepatitis B (CHB): Non-end stage 253 In humans, CHB is significantly correlated with changes to gut microbiota even with no/mild 254 liver injury. CHB patients with CTP scores <9 (classes A and B) reported a significant 255 increase in the Veillonellaceae family and a decrease in the Alistipes, Asaccharobacter, 256 Bacteroides, Butyricimonas, Parabacteroides, and Ruminococcus genera [24]. Another study 257 in CHB with fibrosis observed an increase in *Prevotella* and a decrease in the same genera as 258 the previous study, responsible for bile acid metabolism, such as Bacteroides, Clostridium, 259 Lactobacillus, Ruminococcus and Bifidobacterium [50]. These data demonstrate that 260 compensated CHB infection with no/mild liver injury is associated with significant changes 261 in the gut microbiota. 262 To further understand the gut microbiota dynamics in CHB, some studies investigated 263 clinical indicators reflecting liver function and infection state. A recent study showed that 264 Lactobacillus, Clostridium, and Bifidobacterium abundance was lower in patients with

265 normal ALT than in controls [51]. In addition, *Bacteroides fragilis*, bile salt hydrolase (BSH)

containing species, and the only member of archaeon harboring BSH activity,

267 Methanobrevibacter smithii, was significantly lower in patients with normal ALT group [51].

Moreover, *Streptococcus*, *Veillonella*, and *Haemophilus* showed positive correlations with
aromatic amino acids (such as phenylalanine and tyrosine), which are assumed to play roles
in CHB progression [24]. In addition, *Dialister*, unclassified *Clostridiales* and *Ruminococcaceae* were positively associated with some hepatic inflammatory markers and

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272

enzymes [24].

#### **3.2** Patients with advanced stages of liver injury (decompensated patients)

275 A growing number of studies have also revealed a correlation between the gut microbiota and

advanced stages of HBV infection characterized by a) CHB-associated liver cirrhosis (CHB-

277 LC), b) HCC, and c) HE. Liver cirrhosis is a dangerous premalignant condition with an

increasing incidence of genetic aberrations and an elevated risk of HCC [52,53]. The

279 diagnosis of decompensated cirrhosis is based on the presence of ascites, variceal bleeding or

HE, and liver failure (LF) in the context of massive infiltration from a tumor [54].

281

#### a) Chronic hepatitis B-associated liver cirrhosis (CHB-LC): End-stage CHB

283 Patients with CHB-LC showed lower diversity with the severity of the disease [46,47]. In a

study by Deng et al., *Veillonellaceae* and *Lachnospiraceae* families were depleted, and

285 Megamonas was enriched in patients with CHB-LC compared to controls [55]. Additionally,

286 Enterobacteriaceae increased while Bifidobacteria and lactic acid bacteria (Lactobacillus,

287 *Pediococcus, Leuconostoc,* and *Weissella*) showed a marked decrease in CHB-LC [44].

288 Moreover, the B/E ratio can be used for tracing the progression of liver disease and was

found to be decreased in CHB-LC [44].

According to the combined results of multiple studies, there is a well-acknowledged decrease in *Firmicutes* abundance and an increase in *Pseudomonadota* during the progression of CHB-LC [56]. However, a previous study reported a reduction in both *Bacteroidetes* and *Firmicutes* from healthy to cirrhotics, while *Pseudomonadota* and *Actinobacteria* increased
stepwise from healthy to cirrhotics [46]. *Bacteroides* were similar across all tested groups at
the genus level, while *Haemophilus*, *Fusobacterium*, *Veillonella*, *Streptococcus*, and *Ruminococcus* increased in later disease stages. Additionally, two species were reported *Dialister succinatiphilus* and *Alistipes onderdonkii*, to be abundant in controls and decrease
significantly with disease progression [46].

299 Additionally, dynamic alteration of gut microbiota is a valuable indicator to predict the 300 prognosis of end-stage liver disease. Enterococcus was significantly higher, as mentioned in 301 in the HBV-related LF (progression group), while abundant Faecalibacterium was associated 302 with the regression group [57]. Moreover, a higher abundance of *E. coli* is consistent with an 303 increasing level of LPS in the circulation of patients with end-stage liver disease [58-60]. 304 Interestingly, the microbiota profile of cirrhotics appeared to be more oriented toward 305 methanethiol (CH<sub>3</sub>SH) production, whereas the control group resembled hydrogen sulfide 306 (H<sub>2</sub>S) production. Serum methanethiol levels are linked to complications such as HE, 307 implying a solid connection between dysbiosis and the severity of liver diseases [61]. 308 Furthermore, compared to compensated cirrhosis, the gut microbiota composition in the 309 decompensation stage is characterized by an increase in the abundance of potentially 310 pathogenic bacteria, particularly Alcaligenaceae, Porphyromonadaceae, Veillonellaceae, and 311 Enterobacteriaceae [62].

312

#### 313

# b) Hepatocellular carcinoma (HCC)

Patients with HCC tend to present a distempered gut microbiota and abnormal metabolites
[63]. Zheng et al. reported a depletion in butyrate-producing genera and an increase in LPSproducing genera; moreover, *Clostridioides* was positively related to the tumor size of HCC
[22]. This finding was supported by another study that reported *Bacteroides*, *Lachnospiracea*,

and *Clostridium XIVa* to be enriched in HCC patients, with a positive correlation with the
tumor burden [64]. Additionally, *Parabacteroides* were significantly increased in the nonsmall group compared to the small HCC group [64]. By integrating the clinical characteristics
and database analysis, serum bile acids as metabolites of the previous three genera could be
essential mediators in promoting liver carcinogenesis.

323 Moreover, the abundance of Prevotella was much more significant in HBV-related HCC 324 compared to non-HBV-HCC [63]. Interestingly, a recent study investigated gut microbiota 325 profiles in HBV-related HCC patients with post-hepatectomy liver failure (PHLF) [65]. 326 Bacteroides, Faecalibacterium, and Pantoea abundances were higher post-operatively, while 327 Faecalibacterium and Subdoligranulum were abundant pre-operative. However, the bacteria 328 with significant postoperative differences showed no significant differences preoperatively, 329 except for Faecalibacterium [65], which could be used as a potential marker of disease 330 diagnosis and follow-up.

331

332

#### c) Hepatic encephalopathy (HE)

Hepatic encephalopathy (HE) is a fatal central nervous system complication caused by acute
or chronic hepatitis or decompensated cirrhosis [66]; characterized by ammonia-related
cerebral edema and consciousness disturbance [67].

336 Interestingly, research has shown a significant increase

337 in *Veillonellaceae*, *Enterococcus*, *Megasphaera*, and *Burkholderia* in cirrhotic patients with

HE. This taxonomic shift was associated with hyperammonaemia and systemic inflammation,

- 339 contributing to worsening HE symptoms [68]. Other studies showed that cirrhosis-related
- 340 cognitive dysfunction is associated with decreased abundance of autochthonous families and
- 341 increased *Alcaligenaceae* and *Porphyromonadaceae* [69,70]. Even though the exact
- 342 underlying mechanisms of HE in patients with cirrhosis remain unclear, the accumulation of

microbe-derived products such as ammonia, mercaptans, and benzodiazepine-like substances
[62], as well as neurotransmitters produced by the microbiota, including serotonin dopamine
[71] are believed to play a critical role. These substances can cross the blood-brain barrier
and affect astrocyte function, likely to result in neurotransmission disorders [66]. Those
findings suggest the impact of the network between the enteric and autonomic nervous
systems on gut microbiota.

349

#### 4. Intestinal microbiota signatures) in HBV-associated dysbiosis and related

# 351 pathophysiology

352 It is essential to consider regional and geographical differences using gut microbiota profiles 353 as diagnostic tools. The presence and accuracy of biomarkers found in one study may be 354 completely different in another [32,72]. Therefore, we summarized the abundant taxa reported in various HBV-related diseases (Fig. 3; Supplementary Table. S4 [31]) based on 355 356 the qualitative analysis of the 25 human case-control microbiome studies included in this 357 review (Supplementary Table, S3 [31]). Notably, the mentioned abundance in each group 358 was compared to the controls. Consistently dysregulated microbiota in at least two datasets 359 were highlighted, denoting reproducible results, as depicted in Fig. 3. However, the CHB-LT group showed no reproducible results (Supplementary Table. S4 [31]). 360

		HBV-Relat	ed Dise	ases	
Abundant Taxa	HBV-Carriers	СНВ		CHBJC	СНВ-НСС
Phylum	HBV-Carriers	СПБ	CHD-LF	CHD-LC	CHB-HCC
Bacteroidota (formerly Bacteroidetes)	√(3)	1 (4)	4 (1)	↓ (5)	1 (3)
Bacillota (formerly Firmicutes)	↓ (2)	↓ (4)	1)	↓ (7)	<b>↓ (</b> 3)
Pseudomonadota (formerly Proteobacteria)	1)	个 (4)	个 (1)	1 (7)	个 (4)
Actinomycetota (formerly Actinobacteria)	1)		1)	<b>↑ (4)</b>	<b>↑ (2)</b>
Fusobasteriota	个 (1)	1)	NA	1 (2)	↑ (2)
Class					
Clostridia	neutral* (1)	↓ (2)	NA	<b>↓</b> (3)	↓ (1)
Bacteroidia	NA	个 (3)	NA	1:1	T (1)
Gammaproteobacteria	neutral* (1)	个 (Z)	NA	T (3)	NA L (1)
Actinobacteria	T (1)		NA	个 (2)	↓ (1)
Order	$T_{-}(x)$			1. (3)	·[· (2)
Subastariales (	金 (1)	1 (4)	81.6	1 (2)	
Eubacteriales (formerly Clostrialales)	- (L) NA	(⊥)	NA	<b>√</b> (5)	1:1 ()
Enterohacteriales	NA	小 (3)	NA	<b>小</b> (2)	1.1
Lactobacillales	NA	neutral* (1)	NA	↑ (2)	<b>小 (2)</b>
Family				1 (-/	1 ()
Bifidobacteriaceae	J. (1)		NA	J (2)	J. (1)
Enterobacteriaceae	J (1)	1:1	NA	个 (6)	<b>个 (2)</b>
Lachnospiraceae	NA		NA	J (6)	↓ (2)
Veillonellaceae	NA	个 (1)	NA	<b>(2)</b>	NA
Rikenellaceae	NA	1	NA	↓ (3)	
Ruminococcaceae	NA	↓ (2)	NA	↓ (6)	↓ (2)
Coriobacteriaceae	NA		NA	↓ (2)	↓ (1)
Clostridiaceae	NA	1)	NA	<b></b> (4)	↓ (2)
Bacteroidaceae	NA	1)	NA	<b>↓</b> (2)	
Streptococcaceae	NA	neutral* (1)	NA	个 (4)	<b>↑ (2)</b>
Prevotellaceae	NA	1 (2)	NA		
Genus					
Clostridium	1:1	<b>↓</b> (2)	1:1	<b>↓ (4)</b>	1)
Bifidobacterium	neutral* (1)	↓ (3)	NA	<b>↓</b> (3)	
Lactobacillus	1:1	↓ (2)	<b>↑ (2)</b>	2:2	1)
Veillonella	1:1	<b>↑ (3)</b>	1)	1 (4)	↑ (4)
Megamonas	个 (1)	<b>↑ (2)</b>	4 (1)	1:1	↓ (1)
Desulfovibrio	个 (2)	个 (1) 个 (4)	NA	T (1)	NA (2)
Prevotella	T (1)	T (4)	↓ (2)	↓ (3)	T (2)
Buccerolaes	↓ (1) (1)	个 (3)	↓ (1)	<b>√</b> (4)	T (2)
Facharichia /Shiaolla	千 (ユ) 小 (1)	1.1	A (1)	5:5 (A) (2)	√ (2) 1.1
Parahacteroides	NA NA	小(1)	ΝA	1.1	<b>个 (2)</b>
Enterococcus	个 (1)	个 (1)	个 (3)	<b>个 (2)</b>	1:1
Faecalibacterium	NA	个 (2)	(1)	1:1	J (2)
Akkermansia	个 (1)	个 (1)	NA	<b>(2)</b>	NA
Streptococcus	1	个 (5)	<b>个 (2)</b>	个 (6)	<b>↑ (3)</b>
Blautia	1	<b>↑ (2)</b>	1)	2:2	<b>(2)</b>
Roseburia	4 (1)	↓ (2)	1)	↓ (2)	J (1)
Haemophilus	NA	<b>↑ (2)</b>	NA	个 (1)	NA
Fusobacterium	1:1	1 (2)	4 (1)		NA
Sutterella	个 (1)	<b>↑ (3)</b>	NA	1)	NA
Proteus	NA	NA	NA	1)	<b>(2)</b>
Lachnospira	1)	↓ (2)	1)	<b>↓</b> (3)	<b>↓ (3)</b>
Klebsiella	个 (1)	1)	<b>↑ (2)</b>	<b>↑ (2)</b>	1)
Species					
Bacteroides eggerthi	NA	4 (1)	NA	↓ (2)	NA
Escherichia coli	NA	NA	NA	1 (2)	NA

Reproducible results in at least 2 studies
 Reproducible results in > 2 studies
 Contradicting results (same number of studies ↑ vs. ↓)

- 361
- **362** Figure. 3 A chart summarizing consistently dysregulated gut microbiota taxa in at least two studies. Data was
- 363 collected from 25 human case-control studies involved in this review (Supplementary Table. S4). The results
- 364 represent the comparison of each group *vs*. the control group. Results in gray are non-reproducible.

365	*: Neutral means no difference in abundance compared to the controls. Numbers between brackets denote the
366	number of studies. <sup>↑</sup> , increase in abundance reported; <sup>↓</sup> , decrease in abundance reported
367	HBV: Hepatitis B virus; CHB: Chronic hepatitis B infection; CHB-LF: Chronic hepatitis B-associated liver
368	failure; CHB-LC: Chronic hepatitis-associated liver cirrhosis; CHB-HCC: Chronic hepatitis B-associated
369	hepatocellular carcinoma; NA: Not available.
370	Studies have shown that HBV-infected patients tend to have different abundance of
371	gut microbiota profiles (Fig. 3). This section will cover the previously described gut
372	microbiota with consistent dysregulated patterns (Fig. 3). In addition, the mechanisms by
373	which microbiota-mediated liver injury occurs will be discussed.
374	
375	Pseudomonadota
376	Many human studies have reported a consistent increase in <i>Pseudomonadota</i> abundance
377	[46,51,56,58]. Pseudomonadota is divided into six classes; among them is the
378	Gammaproteobacteria class, harboring human pathogens as Escherichia species [73].
379	Interestingly, those species were also highly abundant in HBV-related diseases [46,51,56,58].
380	Pseudomonadota was reported to cause hepatic injury via LPS-produced endotoxemia
381	[74]. Moreover, LPS increases blood-brain barrier permeability and stimulates tumor necrosis
382	factor (TNF), causing HE [75]. Interestingly, significantly abnormal LPS distributions were
383	observed in CHB patients with the highest levels at the peak of liver failure. Besides, LPS
384	changes were related to disease severity, implying that LPS causes secondary hepatic injury
385	[76].
386	
387	The Bifidobacteria/Enterobacteriaceae (B/E) ratio
388	Several studies have used the shift in microbiota taxa to create unique heuristics that may

389 distinguish between distinct disease progression stages [44,46,56]. One is the

390 *Bifidobacteria/Enterobacteriaceae* (B/E) ratio, initially discussed in the HBV study by Lu et

al. 2011 [44]. The study reported low *Bifidobacteria* abundance in CHB patients and even

392 lower in cirrhotic patients [44]. Moreover, *Enterobacteriaceae* family (mainly of Gram-

393 negative bacteria with LPS [77]) was reported to be highly abundant in LC more than CHB

394 [22,46,56,58]. However, other studies have found no difference in the *B/E* ratio between

disease groups [24,45]. This suggests the B/E ratio is disturbed only in cirrhosis; however,

those conclusions require further research on a larger population to be confirmed.

397

398 The Bacteroidetes/Firmicutes (B/F) ratio

399 The increased ratio of B/F was associated with inflammatory disorders in CHB-related

400 complications [56,75,78]. Hence, many *Bacteroidetes* are Gram-negative bacteria that

401 produce LPS, whereas *Firmicutes* are Gram-positive bacteria; an increased B/F ratio means a

402 higher burden of LPS exposure [55]. As previously mentioned, evidence is emerging that

403 CHB patients were often accompanied by metabolic endotoxemia, producing pro-

404 inflammatory cytokines such as TNF- $\alpha$  and reactive oxygen species (ROS), promoting

405 pathogenesis in liver diseases [79].

406

# 407 Lactic acid-producing bacteria (LAB)

408 Intestinal LAB bacteria include species belonging to genera such as *Lactobacillus*,

409 Leuconostoc, Pediococcus, Lactococcus, Streptococcus, Enterococcus, Bifidobacterium, and

410 Weissella [80]. Interestingly, one study has explicitly investigated the protective role of the

411 total Lactobacillus species by quantitative PCR (qPCR) technique [81]. Wu et al. reported

- 412 that Lactobacilus diversity was lowest in CHB-LC compared to the CHB-LT and control
- 413 group. CHB-LC group showed an increase in *L. gasseri* and a decrease in *L. acidophilus* and
- 414 L. reuteri [81]. Those lactobacilli may be involved in intestinal homeostasis. A previous
- 415 study reported that *L. gasseri* and *L. acidophilus* produce gassericin A and acidocin B

- 416 bacteriocins with antibacterial activities [82]. Moreover, *L. reuteri* inhibited TNF-α induction
- 417 by inducing various cytokines and may inhibit the actions of other *Lactobacillus* species,
- 418 such as *L. rhamnosus* and *L. fermentum* [83].
- 419 Nevertheless, some studies reported increased abundance in the *Lactobacillales* order
- 420 in CHB-LC [56,58] and the *Lactobacillaceae* family in CHB-HCC [46,84]. One study
- 421 reported a marked decrease in *Lactobacillus* in CHB and CHB-LC [44]. Conversely,
- 422 beneficial *Lactobacillus* was higher in patients with decompensated LC than those with
- 423 compensated LC [85]. This finding suggests that *lactobacillus* in decompensated LC
- 424 contradicted its probiotic function [75]. Therefore, further *Lactobacillus* investigation to the
- 425 species level is recommended in HBV-related diseases.
- 426 Additionally, genera such as *Streptococcus* [45,46,55,85] and *Enterococcus*
- 427 [22,46,56] showed high abundance in CHB, CHB-LC, and CHB-HCC. However,
- 428 Pediococcus, Leuconostoc, Weissella [44], and Bifidobacterium [44,51,56,75] showed a
- 429 marked decrease in CHB and CHB-LC.
- 430 Regarding *Bifidobacterium* species, one study reported marked alteration in CHB and
  431 CHB-LC groups by qPCR, shifting from beneficial to pathogenic species. The abundance of
- 432 *B. catenulatum*/ *B.pseudocatenulatum* group and *B. longum* was decreased, and *B. dentium*
- 433 was increased in patient groups. However, no significant differences were detected for *B*.
- 434 *bifidum* and *B. infantis* [86]. The protective role of *B. catenulatum* is to prevent bacteria
- translocation and decrease the release of local gut cytokine and endotoxins [87]. Clinical
- 436 trials and animal experiments indicated *B. longum* effectively reduced serum ammonia levels
- 437 in minimal HE [88]. Therefore, a supplement of probiotics for the above-mentioned species
- 438 (except for *B. dentium*), may be helpful in patients with CHB-LC against liver damage.
- 439 Indeed, *B. dentium* was considered to be an opportunistic pathogen reported to mainly

survive in the oral cavity [89]; however, it is still unknown whether any causal relation exists
between a higher level of *B. dentium* in the intestine and liver injury,

442 Nevertheless, this contributory role is still an emerging issue. Therefore, the
443 relationships between hepatic histopathological changes and the commonest beneficial gut
444 microbiota, namely LAB, should be investigated further with more focus on the species level.

445

#### 446 Sulfate-reducing bacteria (SRB)

447 The Desulfovibrio genus is a dominant population of human intestinal SRB that widely exists

448 in the anaerobic intestinal tract [90]. Different studies have shown that *Desulfovibrio* 

449 increases significantly in HBV carriers, CHB and CHB-LC [45,46], but there were

450 differences at the species level. In addition to the direct influence of *Desulfovibrio*, its

451 metabolites lead to the release of inflammatory cytokines, such as Interleukin-6 (IL-6), and

452 Interleukin-8 (IL-8) [91]. Hydrogen sulfide (H<sub>2</sub>S), one of its primary metabolites, causes

453 cytotoxicity [92], a proliferation of hepatic stellate cells (HSC), and the expression of hepatic

454 fibrosis markers [93]. Interestingly, LC-derived *Desulfovibrio* showed a stronger H<sub>2</sub>S

455 production ability and a higher antibiotic resistance compared to healthy-

456 derived *Desulfovibrio* [94]. Hence, *Desulfovibrio* species could be used as a non-invasive

457 biomarker in diagnosing and following CHB-LC, and therefore, they should be further

458 investigated in larger study populations.

459 *Bilophila*, another SRB [95], showed increased abundance in the CHB-LF group of

- 460 patients, associated with changes in hepatic biomarkers such as ALT and aspartate
- 461 aminotransferase (AST) [57], while another study reported its decrease [96]. However, in a
- 462 mouse model, *Bilophila* was increased in Entecavir (ETV)- treated HBV group [40].

463 Therefore, further exploration of the relationship between SRB and the development of HBV-

464 related complications is recommended.

#### 465 Bacteria associated with bile acids (BAs) metabolism

466 Bile acids are produced in the liver and enter the small intestine to aid in the digestion of fats and fat-soluble vitamins [97]. Recent research has discovered a significant positive 467 468 association between serum levels of primary BAs, and the advancement of liver fibrosis 469 [50,61]. Moreover, several studies have indicated that CHB patients without liver cirrhosis 470 showed a decreasing ratio of unconjugated/conjugated BAs [51]. Interestingly, genera that 471 harbor bile salt hydrolase (BSH) enzymes used for BAs deconjugation, such as Lactobacillus, 472 *Clostridium, Bifidobacterium, Enterobacteriaceae* were suppressed in CHB patients [51]. 473 Additionally, 7-alpha-hydroxysteroid dehydrogenase (hdhA) enzyme that is specifically 474 responsible for secondary BA generation was impaired in CHB patients [98]. Notably, this 475 enzyme is majorly found in Clostridia, Ruminococcus spp. [98]. Bacteroides also harbors 476 hdhA enzyme, especially B. fragilis [99], which was significantly lower in CHB patients 477 [51].

478

#### 479 Anti-inflammatory and butyrate-producing bacteria

480 The anti-inflammatory short-chain fatty acids (SCFAs) activity and anti-carcinogenic

481 potential roles of Prevotella, Alloprevotella, Bacteroides, Ruminococcus, Faecalibacterium,

482 and Phascolarctobacterium have been reported [63]. CHB infection showed a progressive

decline of *Phascolarctobacterium* [78] *and Bacteroides* [24,47,50,58] compared to healthy

484 subjects; however, *Prevotella* [50,56,63,84] and *Alloprevotella* [48,63] were highly abundant

485 in CHB-HCC. Additionally, several studies reported a decrease in *Faecalibacterium* in CHB

- 486 [56,65,96,100,101], while others reported an increase in CHB-LC and HCC [57,63,75,100].
- 487 Interestingly, *Faecalibacterium* were noted to be possible indicators of gut health [102];
- 488 when *Faecalibacterium* levels were low, inflammatory processes were stimulated, resulting
- in the development of disease [103]. Furthermore, some studies reported an increased

abundance of *Ruminococcus* in CHB-LC and HCC [46,56], while others reported a decrease
[78,84]. However, the precise taxonomic classification of *Ruminococcus* is misleading as it is
continuously reclassified [104].

In this context, the mechanism of liver injury is the disruption of SCFAs production.
The human microbiome degrades incomplete host digestion products and produces SCFAs
products such as acetate, propionate, and butyrate. Butyrate has been identified as the primary
energy source of enterocytes, and a lack of butyrate has been linked to decreased intestinal
barrier integrity [97]. Moreover, butyrate is known as anticarcinogenic and anti-inflammatory
and plays a role in oxidative stress [105].

*Anaerostipes*, producing SCFAs-genus, were also highly abundant in HBV carriers
with normal than elevated ALT levels [45]. Moreover, *Anaerostipes* were more abundant in
CHB [45,55] but declined in CHB-HCC patients [106]. Hence, the gut microbial composition
varied according to HBV-induced serum ALT levels; these findings suggested a potential link
between gut and liver inflammation [45].

504

#### 505 Other CHB-associated taxa

506 **Pro-inflammatory bacteria** such as *Enterococcus* [22,47,57] and *Escherichia Coli* [22,58] were reported to be highly abundant in CHB-LC. The liver injury could be explained through 507 508 the activation of cytokines attracting inflammatory cells and enhancing myofibroblast 509 formation [107]. Myofibroblasts, which produce collagen, are not found in healthy livers 510 [108]; however, in response to toxic liver injury, myofibroblasts are primarily transformed 511 from activated HSCs [109] and subsequently activated HSCs migrate and secrete 512 extracellular matrix (ECM) to form a fibrous scar [110]. Moreover, several studies in CHB patients have postulated immunological links between gut dysbiosis and disease progression. 513 514 [43,44,63]. For example, Enterobacteriaceae were positively correlated with TNF-α and

reported a higher abundance in CHB-LC than in HBV carriers and control [44]. Moreover,
patients with cirrhosis showed weakened intestinal tight junctions and reduced tight junction
protein expression [111] assessed by zonulin, a robust tight junction regulator [112]. Patients
with CHB-LC and HCC have significantly higher serum zonulin levels, which were
proportional to HBV stages [113]. Interestingly, a correlation between zonulin levels and the
abundance of certain bacterial species, such as pro-inflammatory *E. coli*, has been
demonstrated [114].

However, another study reported an unpredicted decrease in pro-inflammatory
bacteria like *Escherichia-shigella* in CHB-HCC patients compared to non-hepatitis-related
HCC [63]. Both studies emphasize the role of gut microbiota in HBV infection and disease
progression, where the authors attributed this phenomenon to a lack of protective memory T
cells due to CHB infection.

527 Beneficial genera: Lachnospira was reported to consistently decrease in CHB, LC, and

528 HCC in several studies [22,47,75,78,84]. *Lachnospiraceae* were found to play a role in the

529 management of CHB via the reduction in LPS secretion and bacterial translocation [106,115].

530 Akkermansia, was reported to increase in resolved CHB infection [116], but another study

showed its increase in CHB-LC [78]. In addition, a study showed a restoration of

532 Akkermansia in a mouse model receiving AVT [40]. These conflicting results indicate that

additional research is required to determine how *Akkermansia* contributes to HBV-related

534 infections compared to controls.

535 *Veillonella and Megamonas* genera were identified to be significantly contributed to the

pathogenesis of liver disease in different studies. *Veillonella* increased in CHB [46,56,85],

537 CHB-LC, and HCC [55,58,63,78], while *Megamonas* showed high abundance in CHB

538 [24,53,101], but it declined in CHB-LC and HCC [64,70]. Both genera are known to produce

butyrate and SCFAs [117], contributing to anti-inflammatory response in the host [118].

540 Additional *in vitro* evidence suggested that *Veillonella* LPS stimulated the release of 541 inflammatory cytokines like IL-6, IL-1 $\beta$ , IL-10, and tumor TNF- $\alpha$  [119]. These results 542 suggested intestinal *Veillonella* metabolites affect liver pathology and inflammation [120]. 543 Interestingly, a previous study found that the level of *Veillonella* was positively correlated 544 with CTP score in patients with CHB-LC [55]. However, the elevated *Veillonella* and 545 decreased *Megamonas* genra might suggest the unbalanced inflammatory status in patients 546 with CHB-LC.

547 In summary, and according to the previous findings, we can propose a typical 548 microbiota signature profile in HBV-associated infections based on the most reproducible 549 results of reported microbiota changes, as demonstrated in (Fig. 4). This signature is 550 characterized by a consistent increase along *Pseudomonadota* phylum including 551 (Gammaproteobacteria class, Enterobacterials order, Enterobacteriaceae family, Klebsiella, 552 proteus and Sutterella genera and Escherichia coli species). However, Members of Bacillota 553 (formerly Firmicutes) phylum showed a constant decrease among class Clostridia (except 554 Blautia genus increased). Still, a consistent increase in class Bacilli members (including 555 Lactobacillales order harboring Streptococcus and Enterococcus genera and Veillonellaceae 556 family having Veillonella genus) (Fig. 4). Interestingly, Bacteriodes eggerthi decreased, unlike the constant increase in members of Bacteroidia class. This finding supports the 557 558 importance of investigating HBV-associated dysbiosis to the species level that could show 559 different abundance. In conclusion, the mechanisms by which the previous microbiota

signature induces liver injury in HBV-associated dysbiosis are summarized in (**Fig. 5**).

# 561

PHYLUM	CLASS		ORDER		FAMILY		GENUS	SPECIES	
Pseudomonadota	Gammaproteobacteria		Enterobacteriales		Enterobacteriaceae		Escherichia 🔺 Klebsiella 🔺	Escherichia coli	<b>A</b>
rseudomonudotu	Betaproteobacteria		Burkholderiales		Morganellaceae Sutterellaceae		Proteus 🔺 Sutterella 🔺		
Bacteroidota	Bacteroidia		Bacteroidales	•	Rikenellaceae Prevotellaceae Bacteroidaceae	▼ ▲	Prevotella A	N Bacteroides eggerthi	V
	Clostridia	•	Eubacteriales	•	Lachnospiraceae	•	Lachnospira Roseburia Blautia A		
Bacillota 🛛 🔻					Clostridiaceae	▼	Clostridium 🛛		
	Bacilli	•	Lactobacillales		Lactobacillaceae Streptococcaceae Enterococcaceae		Streptococcus		
	Negativicutes		Veillonellales		Veillonellaceae		Veillonella 🔺		
Actinomycetota	Actinomycetes		Bifidobacteriale: Coriobacteriales	s	Bifidobacteriaceae Coriobacteriaceae	▼ ▼	Bifidobacterium 🕔		
Thermodesulfobacteriota	Desulfovibrionia		Desulfovibrionale	25	Desulfovibrionaced	ie	Desulfovibrio 🔺		

563

562

# 564 Figure. 4 Identified microbiota signatures in HBV-associated gut dysbiosis.

- 565 Pathobiont taxa with a high abundance are highlighted in red, while symbiont species with a low abundance are
- 566 marked in green. Taxa highlighted in grey are either not reported in the reviewed publications but included in
- the graphic to better represent the taxonomy profile, or the reported results were inconclusive.



569 Figure. 5 Possible pathophysiological mechanisms induced by identified signature microbiota in HBV-570 associated diseases. Gradually decreased Lachnospira and increased Streptococcus, Enterococcus, Prevotella, 571 and Veillonella seem to play essential roles in the progression from LC to HCC, which could be considered the 572 potential microbial markers for the early diagnosis of HCC. \* Prevotella produces SCFAs that maintain gut 573 barrier integrity; however, it also correlates to increased zonulin serum levels [114], causing weakened intestinal 574 tight junctions. NF-kB: Nuclear factor-kB; SRB: Sulfate-reducing bacteria; SCFAs: Short chains fatty acids; 575 LPS: Lipopolysaccharides; IL: Interleukin; TNF: Tumor necrosis factor; ROS: Reactive oxygen species; H<sub>2</sub>S: 576 Hydrogen sulfide; BSH: Bile salt hydrolase; hdhA: 7-alpha-hydroxysteroid dehydrogenase; BAs: Bile acids; 577 HSCs: hepatic stellate cells; ECM: Extracellular matrix; sIgA: Secretory immunoglobulin A. ++: proliferation; 578 --: Inhibition. Predominant taxa in different disease stages are illustrated (red squares) as follows: HC: HBV-

579 carriers, CHB: Chronic HBV infection, LC: liver cirrhosis, HCC: hepatocellular carcinoma.

#### 580 5 NON-BACTERIAL MICROBIOTA IN HBV-ASSOCIATED DYSBIOSIS

581

#### 582 **5.1 Gut virome**

In the human body, the gastrointestinal system is home to most viruses [120], forming viral
fingerprints unique for each individual and primarily comprising bacteriophages [121].
Viruses, in general, and phages, specifically, are modulated through the presence and
abundance of their bacterial hosts [122].

Phages can control bacterial population density and facilitate the lysis of bacterial
cells. According to a recent study, *Streptococcus* species were the primary interface between
bacteria and phages in patients with LC and HE [123]. Since *Streptococcus* species have been
reported to be consistently highly abundant in CHB and HBV-related complications
[46,47,56,100], this could suggest that HBV infection could be related to gut viruses.
However, the precise role of gut virome in the etiology of HBV infection remains
unknown, owing to the complex pathogenesis of HBV and a lack of relevant studies. A pilot

study was conducted to investigate the frequency of Human herpesvirus-6 (HHV-6)
reactivation in viral HBV and its impacts on the course of the primary disease. According to
the serological and immunohistochemical findings, HBV infection has higher autoantibody
formation once HHV-6 is present [124].

Interestingly, two studies have investigated gut virome as a potential therapeutic target in cirrhosis. One study reported that phages linked with bacterial species such as *Escherichia* and *Lactobacillus* increased with LC progression, while those related to health, such as crAssphages were lower [123]. In addition, there were stronger positive linkages between *Faecalibacterium* phage and *Microviridae* spp and potentially beneficial SCFAproducing taxa after rifaximin treatment [123]. Moreover, *Microviridae*, predominantly *Enterobacteriaceae* phages, increased in patients with LC receiving rifaximin. Their positive

605 linkages with otherwise beneficial bacterial species may suggest a proper post-rifaximin
606 context associated with lower *Enterobacteriaceae* [125].

In conclusion, it is challenging to determine whether the changes in the gut virome are
a cause or a result of the disease, especially since LC severity is more correlated with bacteria
than viruses. However, modulating LC progression as a complication of CHB infection by
affecting bacteria through phages or modified medication is essential to analyze.

611

#### 612 5.2 Gut mycobiome

613 Fungi are believed to be a crucial part of the human microbiota, interacting with other

614 microorganisms in the gut [126]. However, due to their low abundance in the human body,

615 research studies on mycobiota have been far fewer than those on microbiota for the past two

616 decades [127]. The gut fungi in adults mainly comprise three phyla: *Ascomycetes* (harboring

617 Aspergillus, Penicillium, and Candida), Basidiomycetes, and Zygomycetes [128].

618 There has been little research on the relationship between gut mycobiota and HBV 619 infection, with changes in the mycobiome linked to the progression of HBV infection in 620 patients with and without LC. Only three studies, all from China, have been reported and 621 discussed in this review (Table 1). One study reported a higher richness of fungal species in patients with CHB-LC than in CHB [115]. Only Candida spp. and Saccharomyces 622 623 cerevisiae were obtained by culture-dependent approach. Enteric fungal diversity showed 624 little difference between HBV carriers and controls [115]. Another study reported a high 625 prevalence of Aspergillus, Candida, Galactomyces, Saccharomyces, and Chaetomium in 626 patients with CHB-LC [129]. Moreover, Guo et al. noted a high abundance of C. 627 parapsilosis, C. glabrata, C. tropicalis, and S. cerevisiae in patients with CHB-LC [130]. Those findings show that the diversity of enteric fungi is positively related to HBV disease 628 629 progression.

630 Recent studies have proven that C. albicans could secrete a peptide toxin called 631 Candidalysin, which directly damages epithelial membranes and activates host immune 632 responses [131]. Since Candida species were highly abundant in CHB, this mechanism could 633 have a role in HBV-related liver injury (Fig. 5). 634 Interestingly, a prior study conducted on patients with LC (cause of cirrhosis not 635 mentioned) reported that Ascomycota was negatively correlated with Bacteroidetes; 636 moreover, a significant reduction of Basidiomycota/Ascomycota ratio (used to define the 637 fungal dysbiosis) was reported in LC compared to controls [132]. In addition, the worsening 638 of the Model for End-Stage Liver Disease (MELD) score (used as a predictor of survival in 639 LC) was correlated negatively with Basidiomycota/Ascomycota ratio [132]. This implies that 640 both mycobiome and bacterial microbiome need to be considered to improve prognostication. 641 In conclusion, the high abundance of C. tropicalis and S. cerevisiae was a 642 reproducible finding in HBV-related infections (detected in at least two studies (Table. 1)). 643 However, a recent study revealed that most strains of Saccharomyces and non-644 Saccharomyces yeasts are safe microorganisms, and could be regarded as probiotic yeast 645 [133]. Therefore, prescribing such yeast species as probiotics should be cautiously applied, 646 especially in HBV-infected patients. 647 The above findings demonstrate that fungi are significant modulators of the overall 648 gut microbial dysbiosis in LC. However, the studies of interacting microorganisms are 649 limited. Hence, more studies are needed to determine such interactions to identify better the 650 role of bacterial-fungal correlation networks in disease pathogenesis and progression.

# **Table 1.** Mycobiota changes in human HBV-related diseases

Author	Cohort (n)	Methodology	Mycobiota changes		Relevant findings
Chen et al., 2011 [115]	HBV carriers $(n = 33)$ CHB $(n = 35)$	-Culture	Aspergillus versicolor $\uparrow$		Both fungal abundance and fungal diversity $\uparrow$
2011 [115]	CHB (n = 35) CHB-LC (n = 38) Healthy controls (n = 55)	-PCR-RFLP -18S rDNA clones and sequencing	Aspergillus penicililoides $\uparrow$ Candida solani $\uparrow$ Candida albicans $\uparrow$ Candida austromarina $\uparrow$ Candida intermedia $\uparrow$ Candida tropicalis $\uparrow$ Candida tropicalis $\uparrow$ Saccharomyces paradoxus $\uparrow$ Saccharomyces geotrichum $\uparrow$ Simplicillium obclavatum $\uparrow$ Simplicillium lanosoniveum $\uparrow$ Chaetomium globosum $\uparrow$ Hyphozyma variabilis $\uparrow$ Aureobasidium pullulans $\uparrow$ Doratomyces stemonitis $\uparrow$ Wallemia muriae $\uparrow$ Asterotremella albida $\uparrow$ Cryptococcus fragicola $\uparrow$ Rhizopus microsporus var. $\uparrow$ Malassezia pachydermatis $\downarrow$ Penicillium freii $\downarrow$		All OTUS belonged to the <i>three</i> major fungal taxa: <i>Zygomycetes</i> (2.7%), <i>Ascomycetes</i> (78.4%), and <i>Basidiomycetes</i> (18.9%). Only <i>five</i> species were identified by the culture-dependent method: <i>C.</i> <i>albicans</i> and <i>C. krusei</i> were detected in all groups, <i>C. glabrata</i> detected in HBV-LC, CHB, and control groups; <i>C. tropicalis</i> was detected in the HBV-LC group; <i>S. cerevisiae</i> was detected in CHB group. The culture-independent method did not identify <i>C. krusei</i> and <i>C.</i> <i>glabrata</i> from fecal samples, which was found by the culture-dependent method. Patients with CHB-LC and CHB shared greater fungal diversity than HBV carriers and controls and patients with CHB-LC had the highest fungal diversity and composition among all groups.
<b>Mou et al.,</b> <b>2018</b> [129]	CHB $(n = 52)$ HBV-LC $(n = 52)$ Healthy controls $(n = 40)$	Culture	<b>Genus:</b> Saccharomyce ↑	A A	<i>Saccharomyces</i> in the CHB and CHB-LC groups were significantly greater than in the control group (P<0.05). <i>Saccharomyces</i> showed a weak correlation with serum IL-17A and a negative correlation with vitamin D levels in patient groups.
<b>Guo et al.,</b> <b>2010</b> [130]	HBV carriers (n = 66) CHB (n = 68) CHB-LC (n = 80) Healthy controls (n = 84)	qPCR	<b>Species:</b> (Prevalence) Candida parapsilosis ↑ Candida glabrata ↑ Candida tropicalis ↑ Candida krusei ↑ Saccharomyces cerevisiae ↑	A A •	The sensitivity of the qPCR assays is significantly higher than the traditional isolation and culture method (P<0.001). Frequency of fungal species (DNA copy numbers) <i>C. glabrata, C. tropicalis,</i> and <i>S. cerevisiae</i> were more frequently found in HBV carriers than controls ( <i>P</i> <0.05). Although copies of target DNA for <i>C. albicans</i> were significantly

different among the groups (especially LC P < 0.01), the prevalence values were not significantly different

• For *C. glabrata* and *C. tropicalis*, no significant difference in DNA copy numbers was observed among four groups,

653

654 HBV: Hepatitis B virus; CHB: Chronic hepatitis B virus infection; CHB-LC: Chronic hepatitis B-associated liver cirrhosis; PCR: Polymerase chain reaction; RFLP:

655 Restriction fragment length polymorphism; qPCR: Quantitative polymerase chain reaction; OTUs: Operational taxonomic units and IL: Interleukin.

#### 656 6. GUT MICROBIOTA-TARGETED TREATMENT

657 Antiviral medication has been acknowledged as an efficient method for treating and even reversing liver fibrosis and cirrhosis [134]. In addition, host health is dependent on the 658 659 balance of the composition of the entire microbial community rather than one or a few 660 dominant organisms [135]. Hence, with increasing evidence of the link between HBV 661 infection and gut dysbiosis, several studies focused on manipulating the gut microbiota to 662 treat CHB or slow disease progression by applying different treatment options (Table. 2). 663 664 6.1 Reverse HBV-associated dysbiosis with medications 665 A. Antiviral treatment (AVT) 666 The main goal of all current treatment strategies is to suppress HBV replication [3]. 667 Interferon alpha and nucleoside analogs (NAs), such as ETV, are the principal AVT choices 668 with low resistance and long-acting effects [136]. 669 A previous study reported that ETV therapy could reverse gut microbiota in HBV-670 associated dysbiosis in a mouse model [40]. Reduced HBV DNA levels were documented in 671 addition to restoration of specific beneficial bacteria such as Akkermansia, Lacnospiracea,

and *Marvinbryantia* to proportions similar to controls [40]. Moreover, a recent study reported

a marked increase of *Clostridium* and *Erysipelotrichaceae* after *eight* weeks of ETV

674 treatment, while Streptococcus, Atopobium, and Murdochiella were markedly decreased

675 [137]. Although adding *Clostridium butyricum* (CB) to ETV did not improve serum

biochemical, immunologic, or virologic variables, it did affect the gut microbiota in CHB

677 patients treated with ETV [138]. At the phylum level, significant differences in abundance

678 between the untreated group and the ETV + CB group included *Firmicutes*, *Actinobacteria*,

679 *Cyanobacteria, Euryarchaeota, and Synergistetes* [138] (**Table 2**). However, dynamic and

synergistic research on liver fibrosis outcomes and gut microbiota changes during AVT isstill limited and needs further investigation.

682

## 683 **B.** Antibiotics

Rifaximin is a rifamycin-based nonsystemic antibiotic with low gastrointestinal absorption
and good antibacterial activity [139]. Rifaximin has been used to prevent and treat HE [140].
Current research investigates how rifaximin could treat liver complications by acting on gut
microbiota (**Table 2**).

688 In a randomized trial, patients with LC and ascites were assigned to one of two 689 groups: rifaximin or placebo for *four* weeks. Rifaximin group showed a decrease in gut 690 microbiota abundance with a remarkable difference in *Pseudomonadales* abundance [141]. 691 Another two studies found that rifaximin also had some effect on gut microbiota abundance, 692 where a slight decrease in Veillonellaceae and an increase in Eubacteriaceae were noticed 693 [142]. Yet, the metabolite levels changed, endotoxemia was relieved, and serum fatty acid 694 levels were increased significantly [143]. Conversely, prophylactic rifaximin did not improve 695 SBP and was associated with Escherichia coli, Enterococci, and Klebsiella species in 696 cirrhotic CHB patients with ascites [144]. In conclusion, rifaximin appears to directly impact bacterial function and pathogenicity rather than having a bactericidal effect. 697

698

#### 699 6.2 Bacterial probiotics

Probiotics are nonpathogenic microorganisms that live in the gut, and when applied at
treatment doses (at least 106 viable CFU/g), they may help to balance the gut microbiota
[145]. *Lactobacillus* and *Bifidobacterium* genera are commonly reported as clinically
available probiotics [146]. The protective mechanisms include reduced endotoxin levels,

antimicrobial production, improved gut barrier function, and modulation of local andsystemic immunity [56].

706 The role of probiotics in HBV-related complications has been established in several 707 studies. Probiotic therapy by Lactobacillus acidophilus was reported to improve blood 708 ammonia and psychometric tests in HE [147]. Moreover, after three months of probiotic 709 administration of *Clostridium butyricum* mixed with *Bifidobacterium infantis*, a previous 710 study showed a significant improvement in venous ammonia and cognition levels. In 711 addition, the abundance of pathogenic Enterococcus and Enterobacteriaceae was reduced 712 [148] (Table 2). Interestingly, probiotics were effective in primary HE prevention in 26.3% 713 of cirrhotic patients via replacing the pathogenic pro-inflammatory 714 (Veillonellaceae, Enterococcus, and Megasphaera) and urease-producing organisms 715 (Alcaligenaceae and Porphyromonadaceae) [149]. Moreover, a randomized controlled study 716 showed that the combination of probiotics and lactulose was helpful for the prevention of HE 717 patients with CHB-LC [150]. However, CHB patients treated with a probiotic containing 718 LAB, three strains of B. lactis, L. rhamnosus, and L. acidophilus showed a significant increase in the treated group (p = 0.001). However, CTP scores and liver functions did not 719 720 significantly change [151].

721 Notably, due to recent advancements in synthetic biology, further engineered

microorganisms, such as engineered Escherichia coli Nissle 1917 (Ecn), have been developed

to lower blood ammonia levels and eventually reduce the incidence of HE [152,153].

However, these strains have not progressed to clinical studies in hyperammonemia patients,

and the clinical effects need further investigation.

In conclusion, probiotics could present potential therapeutic approaches for modifying
HBV-associated dysbiosis. However, some studies have shown inconsistent results,

indicating the need for more clinical studies in HBV-infected patients with largerpopulations.

730

# 731 6.3 Probiotic fungi

Despite some intriguing recent discoveries about how the gut mycobiota contributes to the
development of liver disease, there have been few promising studies of fungal novel
therapeutic options for liver disease.

735 Saccharomyces boulardii is probably the most commonly used probiotic fungi. 736 Animal studies have indicated the protective and therapeutic role of S. boulardii in liver 737 diseases via gut microbiota change and attenuating liver inflammation [154]. As mentioned 738 earlier, most Saccharomyces and non-Saccharomyces yeasts strains were reported to be safe 739 microorganisms and could be applied as an alternative to the probiotic yeast S. boulardii 740 [133]. However, some side effects of S. boulardii, such as fungemia, were documented in 741 clinical settings with immunosuppressed patients [155]. Therefore, probiotic fungi should be 742 prescribed with caution. 743 Interestingly, macrofungi, known as mushrooms, such as Agaricus bisporus [156]

and *Pleurotus ostreatus* [157], have shown their medicinal properties in proving

745 hepatoprotective activity in mice models.

In conclusion, the probiotic effects of some fungal species have yet to be fully
explored. Furthermore, probiotic fungus supplementation to prevent or treat HBV-related
diseases can be anticipated; nevertheless, their medical application needs to be carefully and
thoroughly investigated.

#### 750 **6.4 Faecal microbiota transplantation (FMT)**

Fecal microbiota transplantation is an emerging treatment method that transfers the gut
microbiota from a healthy donor to a patient [158]. It is one of the most promising therapies
in many diseases because it reshapes gut microbial communities [117].

Studies of FMT on animal models show promising results. Neuroinflammation was
reduced in cirrhotic mice model treated with FMT [159]. Moreover, human studies on
cirrhotic patients have shown promising FMT results in improving HE [160]. Several studies
evaluating FMT in CHB patients are summarized in Table 2.

In a pilot study on treated CHB patients with HBeAg-positive status, the FMT arm experienced a significant decline in HBeAg titer compared to controls [161]. The previous findings imply that FMT can induce HBeAg seroclearance with high efficacy. The previous results were consistent with another clinical trial on HBeA-positive patients receiving AVT for over a year. The results showed that 16.7% of the FMT arm patients achieved HBeAg

seroclearance [162].

764 Interestingly, a case report evaluated FMT in HBsAg-positive woman with LC

reported a decrease in CTP score with an increase in beneficial bacteria like

*Faecalibacterium* after FMT [163]. Surprisingly, some researchers have proposed that FMT

767 of some potential beneficial bacteria can change the occurrence of disease, and HBV carriers

768 might be the most suitable donors for slightly higher microbiota abundance [57]. However,769 such finding needs to be further validated.

Furthermore, in a randomized clinical trial, FMT helped reduce hospitalizations and
improve cognition and dysbiosis for LC with recurrent HE [160]. Additionally, the same
authors later verified the safety of FMT capsules through a phase 1, randomized, and
placebo-controlled clinical trial [164].

Overall, using FMT as a therapy for HBV-associated dysbiosis showed promising results. Further research into this technique is already currently in progress, with the hope of providing future guidance in its clinical application. However, due to the limitations of a small number of participants and a lack of randomized clinical trials, further extensive, welldesigned studies and trials are warranted to confirm the initial assumptions and promote the clinical practicability of such therapeutic options. The clinical trials conducted to date on FMT effectiveness in CHB have been summarized in **Table 3**.

# **Table. 2** Microbiota-targeted treatment in HBV-associated dysbiosis

Study type	Reference	Cohort (n)	Treatment protocol	Relevant findings
AVT				
Human study	Lu et al., 2021 [137]	CHB $(n = 30)$ ; Healthy controls $(n = 30)$ .	<i>Eight</i> weeks of daily ETV; ( <i>n</i> = 30).	<ul> <li>After ETV treatment, gut microbiota abundance significantly increased.</li> <li>Significant improvement in ALT, IL-6, IL-8, TNF-α, and HBV DNA levels.</li> </ul>
Human study	Lu et al., 2021 [138]	CHB $(n = 60)$ ; Healthy controls $(n = 30)$ .	<i>Eight</i> weeks of daily ETV + CB; ETV ( $n = 30$ ), ETV + CB ( $n = 30$ ).	<ul> <li>Marked differences in <i>Firmicutes, Actinobacteria, Cyanobacteria, Euryarchaeota,</i> and <i>Synergistetes</i> before initial treatment and after ETV + CB treatment.</li> <li>Significant differences in <i>Actinobacteria, Fusobacteria, Pseudomonadota, Saccharibacteria,</i> and <i>Synergistetes</i> between the ETV group and ETV + CB group.</li> <li>No improvement in blood biochemical, immunological, and virological parameters.</li> </ul>
Mouse model	Li et al., 2020 [40]	HBV-infected mice at <i>six</i> weeks old (total $n=10$ ); HBV infected $(n = 5)$ , HBV + ETV $(n = 5)$ .	35 days after HBV infection, four weeks of daily ETV, ETV $(n = 5)$ .	<ul> <li>ETV reversed dysbiosis.</li> <li>Changes in bacteria proportions of <i>Akkermansia</i>, <i>Lacnospiracea</i>, and <i>Marvinbryantia</i> in the ETV-treated group.</li> </ul>
			Antibiotics	
Randomized trial	Kimer et al., 2018 [141]	LC ( $n = 54$ ); CHB (not mentioned).	<i>Four</i> weeks of rifaximin 550- mg BD or placebo BD; Rifaximin ( $n = 36$ ), Placebo ( $n = 18$ ).	<ul> <li>Rifaximin had minor effects on gut microbiota.</li> <li>Rifaximin showed little impact on the inflammatory markers TNF-α, IL-6, IL-10, IL-18, and CRP.</li> </ul>
Human study	Kaji et al., 2020 [142]	LC ( <i>n</i> = 30).	Four weeks of rifaximin 1200 mg/d, rifaximin $(n=30)$	<ul> <li>Rifaximin relieved HE endotoxemia with improved intestinal hyperpermeability.</li> <li>Rifaximin didn't affect serum proinflammatory cytokine levels (TNF-α, IL-6, IFN-γ, IL-10).</li> </ul>
Human study	Bajaj et al., 2013 [143]	LC patients with MHE $(n = 20)$ .	<i>Eight</i> weeks of rifaximin 550-mg BD, rifaximin ( <i>n</i> = 20)	<ul> <li>Minor effect on gut microbiota with little decrease in <i>Veillonellaceae</i> and increase in <i>Eubacteriaceae</i>.</li> <li>Rifaximin significantly improved cognition and endotoxemia.</li> <li>Increase in serum fatty acids.</li> </ul>
Human study	Lutz et al., 2014 [144]	LC with ascites $(n = 152)$ .	Prophylactic antibiotic treatment before the time of paracentesis; rifaximin ( $n = 27$ ), other systemic antibiotics ( $n$	<ul> <li>Prophylactic rifaximin did not improve SBP.</li> <li>Prophylactic rifaximin was associated with the dominant bacteria in ascites: <i>Escherichia coli</i> and <i>Enterococcus</i>.</li> <li><i>Klebsiella</i> species were mainly recovered from the rifaximin group.</li> </ul>

			= 17).		
			Probiotics		
Human study	Xia et al., 2018 [148]	CHB-LC with MHE ( <i>n</i> =30).	Three months of probiotics 1500-mg TD, which contained CB combined with <i>Bifidobacterium infantis</i> . Probiotics group ( $n = 30$ ).	AAAA	Significant improvements in ALT, AST, bilirubin, albumin, and decreased ammonia levels. Considerable improvement in psychometric tests. Significant decrease in venous ammonia, LPS, D-lactate, and diamine oxidase. The beneficial bacteria were significantly enriched, while <i>Enterococcus</i> and <i>Enterobacteriaceae</i> were decreased.
Human study	Kwak et al., 2014 [151]	Chronic liver disease patients: HBV (8/25), ALD (14/25), HCV (2/25), Cryptogenic (1/25).	<ul> <li>Probiotic containing six LAB species once per day for four weeks.</li> <li>Six bacterial species included: Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus rhamnosus, Streptococcus thermophilus.</li> </ul>	A A	Small intestinal bacterial overgrowth, measured by hydrogen breath test, was present in 26% of the patients and improved in 24% of the probiotic group, while 16% worsened in the placebo group. Liver chemistry, CTP scores, and intestinal permeability did not significantly change between groups.
Human study	Agrawal et al., 2012 [150]	LC patients with recovered HE $(n = 235)$ .	Three months of lactulose 30–60 mL/d, or three probiotics capsules per day, contained <i>four</i> strains of <i>Lactobacillus;</i> Lactulose ( $n = 80$ ), Probiotics ( $n = 77$ ).		Lactulose and probiotics were effective for secondary prophylaxis of HE in cirrhotic patients.
Human study	Ziada et al., 2013 [147]	LC patients with MHE ( <i>n</i> =90); CHB (not mentioned).	<i>Four</i> weeks of lactulose $30-60 \text{ mL/day}$ , or <i>three</i> probiotics capsules per day, contained <i>Lactobacillus acidophilus;</i> Lactulose ( $n = 30$ ), Probiotics ( $n = 30$ ).	AA A	Probiotic was more tolerated than lactulose. Both of them can improve blood ammonia and psychometric tests and reduce the risk of developing HE. The levels of brain neurometabolites were improved in the probiotic group.
Animal model	Nicaise et al., 2008 [165]	Ornithine-transcarbamoylase deficient Sparse-fur mice; Carbon-tetrachloride-rats;	NCIMB8826 (wild-type strain Lactobacillus plantarum),		EV101 administration was effective in controlling hyperammonemia in constitutive animal models with a significant effect on survival.

		Thioacetamideinduced acute liver failure mice	or EV101 (engineered Lactobacillus plantarum) oral and intrarectal administration		
Mouse model	Kurtz et al., 2019 [152]	Ornithine transcarbamylase- deficient <i>spfash</i> mice; Thioacetamide-induced acute liver failure mice; Healthy human controls ( $n = 52$ ) for phase 1 trial.	Non-modified <i>Escherichia</i> <i>coli</i> Nissle 1917 (EcN), SYNB1020 administration	A A	SYNB1020 reduced systemic hyperammonemia and improved survival in mouse models. SYNB1020 was well tolerated in healthy controls.
Mouse model	Ochoa- Sanchez et al., 2021 [153]	Bile-duct ligated rats.	Non-modified EcN, S-ARG, or S-ARG <sup>+</sup> administration	$\blacktriangleright$	S-ARG was further modified to synthesize butyrate, which had the potential to prevent HE.
			FMT		
Human study Human study	Ren et al., 2017 [161] Sun et al., 2019 [163]	CHB patients ( $n$ = 18) with positive HBeAg status for less than three years were treated with ETV or TDF. <i>Five</i> patients elected to receive FMT, and <i>four</i> finished the trial. The other 13 who refused FMT were enrolled as a Control group ( $n$ =13). One 45-year-old woman with CHB-LC with hepatic myelopathy.	FMT was performed by gastroscope into the duodenum every <i>four</i> weeks until HBeAg clearance. The patient underwent <i>three</i> rounds of FMT from <i>four</i> healthy donors, the 1st by colonoscopy, and the last two by gastroscopy	A A A AA A	<ul> <li>HBeAg titer declined after each round compared to controls in 75% (3/4) of patients.</li> <li>FMT was effective in HBeAg clearance in CHB, especially in patients who could not cease the oral AVT even after long-term treatment.</li> <li>Gut microbiota revealed some changes with each FMT, but no clear pattern was observed among all patients.</li> <li>Improvement of hepatic myelopathy score.</li> <li>CTP score decreased from 8 to 6, and the patient showed marked improvement in her paraparesis.</li> <li>Increase in beneficial genera like <i>Faecalibacterium</i> and decrease in harmful bacteria like <i>Fusobacterium</i>.</li> </ul>
Human study	Chauhan et al., 2021 [162]	HBeAg(+) CHB patients on oral AVT for >1 year ( $n = 12$ ).	Six FMTs by gastroscopy with antivirals every four weeks $(n = 12)$	A A	16.7% (2/12) of patients developed HBeAg clearance compared to none in the AVT arm. <i>Six</i> patients reported one minor adverse event, while one was hospitalized for severe abdominal pain.
Human study	Bajaj et al., 2017 [160]	DC patients with recurrent HE ( <i>n</i> = 20); CHB (not mentioned).	After <i>five</i> days of antibiotics, FMT was performed by enema, or SOC, (rifaximin/lactulose) was applied; FMT ( $n = 10$ ),	•	FMT increased diversity and beneficial gut microbiota taxa, improved cognition, and showed better tolerance than SOC.

			SOC $(n = 10)$ .		
Human study	Guo et al., 2021 [166]	CHB (n=18); CHB-LC (n=17).	All patients underwent gastroscope FMT treatment using a freshly prepared bacterial solution.	A	FMT treatment improved liver function tests, controlled the replication of HBV-DNA, relieved liver fibrosis, and postponed the progression of CHB. The fecal microbiota of the patients gradually approached the composition of the controls.
Randomized controlled trial	Bajaj et al., 2019 [164]	DC patients with recurrent HE ( <i>n</i> = 20); CHB (not mentioned).	FMT was performed by enema, or SOC, (rifaximin/lactulose) was applied; FMT ( $n$ = 10), SOC ( $n$ = 10).	<b>A A</b>	Oral FMT capsules are safe and well tolerated. The diversity in post-FMT increased with higher <i>Ruminococcaceae</i> and <i>Bifidobacteriaceae</i> and lower <i>Streptococcaceae</i> and <i>Veillonellaceae</i> .
Mouse model	Liu et al., 2020 [159]	Germ-free mice.	Sterile supernatant or entire stool from pre-FMT and post-FMT cirrhotic patients with HE was transplanted to germ-free mice.	4	In mice, fecal microbial colonization from LC patients resulted in greater levels of neuroinflammation and neuronal activation regardless of LC. Reducing neuroinflammation by colonizing germ-free mice with samples from post-FMT patients revealed a direct effect of fecal microbiota irrespective of ongoing hepatic inflammation or injury.
Mouse model	Wang et al., 2022 [167]	<i>Six</i> to <i>eight</i> -week-old male BALB/c and C57BL/6 mice.	The gut microbiota in BALB/c mice was depleted using broad-spectrum antibiotics and then reconstituted with fecal microbiota from BALB/c or C57BL/6 mice to evaluate the effect of FMT on the outcomes of the immune response to HBV infection.		Mice receiving fecal microbiota from BALB/c or C57BL/6 mice displayed different HBV infection outcomes. The fecal microbiota from C57BL/6 mice induced immune tolerance in the liver and prolonged HBV infection. The host genetic background shapes the gut microbiota composition, and commensal bacteria from FMT do not entirely but selectively colonize the gut of the new host. FMT can modulate the host immune response and alter host susceptibility to HBV infection.

782 HBV: Hepatitis B virus; CHB: Chronic hepatitis B infection; LC: Liver cirrhosis; CHB-LC: Chronic hepatitis B-associated liver cirrhosis; MHE: Minimal hepatic

783 encephalopathy; ALD: Alcohol-related liver disease; HCV: Hepatitis B virus; FMT: Fecal microbiota transplantation; HBeAg: Hepatitis B e antigen; CB: AVT: Antiviral

784 treatment; DC: Decompensated cirrhosis; ETV: Entecavir; CB: Clostridium butyricum; BD: Twice a day; TD: Three times daily; LAB: Lactic acid bacteria; SOC: standard

785 of care; ALT: Alanine transaminase; IL: Interleukin; TNF: Tumor necrosis factor; CRP: C-reactive protein; SBP: Spontaneous bacterial peritonitis; AST: Aspartate

786 transferase; LPS: Lipopolysaccharides; CTP: Child-Turcotte-Pugh, and HE: Hepatic encephalopathy.

787	Table. 3 Clinic	al trials evalu	ating FMT ef	fficacy in CH	<b>IB</b> patients
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Study title	Status	Country	Identifier/ Completion Date	Study Population (n)	Intervention	Evaluation
Study on Gut Microbiota in Chronic HBV Infected Patients	NA	China	NCT03587467 (December, 2020)	CHB (n=90)	16S rRNA gene sequencing of fecal samples.	<b>Primary outcome measure:</b> Gut microbiota shift of patients in different stages.
Efficacy of Addition of Fecal Microbiota Transplant (FMT) and Plasma Exchange to Tenofovir in Comparison to Monotherapy With Tenofovir in ACLF-HBV	Recruiting	India	NCT04431375 (June 10, 2022)	ACLF-HBV (n=70)	Study whether adding plasma exchange & FMT adds benefit compared to tenofovir treatment alone.	Primary outcome measure: 28-day overall survival. Secondary outcome measures: <i>Three</i> -month survival. Reduction in HBV DNA level. Reduction in CTP and MELD scores.
Study on Effect of Intestinal Microbiota Transplantation in Chronic Hepatitis B (CHB)	NA	China	NCT03429439 (November 2020)	CHB (n=60)	Proposing IMT combined with AVT over 26 weeks.	<b>Primary outcome measure:</b> Changes in serum HBsAg, <b>Secondary outcome measures:</b> Changes in anti-hepatitis B antigens. Relief of gastrointestinal symptoms. Fecal microbiota before and after IMT.
Study on Effect of Intestinal Microbiota Transplantation in Hepatitis B Virus Induced Cirrhosis	NA	China	NCT03437876 (December 2020)	HBV-LC (n=60)	Patients will be randomized to either a control or IMT group over 12 months, applying four IMT at 2-week intervals for all patients.	Primary outcome measure: Change of liver Fibroscan score Secondary outcome measures: Relief of gastrointestinal symptoms. Changes in gut microbiota at <i>three</i> , <i>six</i> , and twelve months.
Randomized Controlled Trial Comparing the Efficacy and Safety of FMT in Hepatitis B Reactivation Leads to Acute on Chronic Liver Failure.	Completed	India	NCT02689245 (March 13, 2018)	ACLF-HBV (n=64)	Group 1:Tenofovir Group 2:Tenofovir with FMT Tenofovir would be given 300 mg once daily; FMT through a naso-jejunal tube for <i>seven</i> days.	<b>Primary outcome measure:</b> 3-month Transplant free survival <b>Secondary outcome measures:</b> Reduction in HBV DNA level $\geq 2 \log$ . Improvement in MELD and CTP scores. Improvement in clinical parameters. Change in gut microbiome in both. Assessment of organ failures.

- 788 HBV: Hepatitis B virus; CHB: Chronic hepatitis B; ACLF: Acute-on-chronic liver failure; CHB-LC: Chronic hepatitis B-associated liver cirrhosis; FMT:
- 789 Fecal microbiota transplantation; IMT: Intestinal microbiota transplant; AVT: Antiviral treatment; MELD: Model for End Stage Liver Disease; CTP: Child-
- 790 Pugh Turcotte, and HBsAg: Hepatitis B surface antigen. Data collected from the official website <u>https://ClinicalTrials.gov</u> (Accessed June, 2023).

#### 792 7. CONCLUSIONS AND PERSPECTIVES

Hepatitis B is one of the most common liver diseases worldwide, and studies
describing HBV-associated dysbiosis lack consensus on a signature microbiota profile in
most disease stages. Therefore, this review provided a comprehensive overview of the most
recent research on HBV-associated dysbiosis investigating microbiome, mycobiome, and
virome studies. The results were heterogeneous, particularly in patient subgroups. This could
be due to factors influencing gut microbiota, such as genetics, age, environmental exposures,
and diet, which were not adjusted in many cases.

Eventually, reproducible results of a signature microbiota profile in most HBV-related
diseases were obtained. An increase in *Pseudomonadota, Bacilli, Prevotella, Streptococcus, Veillonella* and a decrease in *Clostridia, Lachnospiraceae*, and *Roseburria* characterizes this
signature. High abundance of *Saccharomyces cerevisiae*, and *Candida tropicalis* was a
constant finding. Notably, dysbiosis was observed in all groups except for HBV carriers, who
seemed similar to the control group. This indicates the role of microbiota in the pathogenesis
of HBV infection.

It is challenging to determine whether the changes in gut microbiota are a cause or a result of HBV infection or which is the initiating factor between gut microbiota alteration and HBV disease progression to LC and HCC. Hence, well-established animal models may help elucidate the causality effect, especially in the acute stage. Moreover, modulating CHB-LC progression affecting bacteria through phages or fungi is essential to analyze. Therefore, more studies investigating microbiota changes to the species level are needed in a more geographically diverse population.

Probiotics and FMT are promising gut microbiota-targeted therapies. However,
probiotic fungi should be carefully prescribed, and more extensive FMT randomized clinical
trials are needed to confirm the practicability in clinical settings. Hence, synthetic probiotics

817 and selective microbiota transplantation may make these therapies more precise and bring

818 fewer side effects.

#### 819 CONFLICT OF INTEREST

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## 823 AUTHOR CONTRIBUTIONS

- 824 R.M.W contributed to independent literature search and review, analysis, original draft
- 825 writing, and visualization. M.T.A reviewed the final version. S.R reviewed the mycobiome
- studies. P.B and R.G performed a critical review of the manuscript. D.R contributed to
- 827 conceptualization and project administration. M.M supervised the study, performed the
- 828 methodological quality assessment for the studies, and revised the results. All authors
- 829 reviewed and approved the final version of the manuscript.

## 830 Declaration of generative AI and AI-assisted technologies in the writing process

- 831 During the preparation of this work, the authors declare that no AI tools or any AI-assisted
- technologies have been used in the writing process or data extraction/analysis for the
- 833 included studies in this review. The only AI tools used are [Semantic Scholar] and [Scite] in
- 834 order to deeply investigate our systematic review by searching broad non-traditional
- databases to retrieve all the related studies for our topic. The authors reviewed the content
- and take full responsibility for the content of the publication.

#### 837 Data, scripts, code, and supplementary information availability

- All the data and supplementary tables are available on the HAL portal
- 839 <u>https://amu.hal.science/hal-04608814</u> [31].

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